

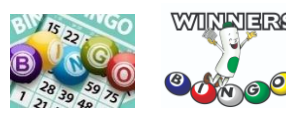





# ABEL TASMAN VILLAGE ACTIVITY CALENDAR

OCTOBER 2025

THEME: Mental Health Awareness Month

Please Note: Calendar is subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>1 Day of the Older Person Hug By Laughs Commencement</b> 10.30 Catholic Mass 11.00 Game with Katja 1.30 Interactive White Boardgame 	<b>2 Oktoberfest</b> 10.00 Oktoberfest Concert/Birthday Party with Dillon 2.00 Sensory exploration individual Visits 	<b>3</b> 10.30 Spiritual Eldercare Service 2.00 Beer Toss Game 	<b>4</b> 10.30 Self-initiated Oktoberfest Art or Spot the Differences – Oktoberfest Celebration in the Hall and In Camellia 	<b>5 Daylight Saving Starts &amp; NRL</b> Family and Friends BrainTrainerPlus 7.30pm NRL Grand Final on Channel 9 
<b>6 Labour Day</b> <b>PUBLIC HOLIDAY</b> Self initiated activities such as Jigsaw Puzzles Dominoes BrainTrainerPlus	<b>7 Library Day / Tenpin Bowling</b> 10.30 Physio Class with Tehmina  2.00 Story Time 	<b>8 Residents/Summer Menu Meeting</b> 10.30 Mass On - Line 11.00 Residents' Meeting & discuss Summer Menu  1.30 Music Bingo	<b>9</b> 9.45 Chester Hill RSL Concert  10.30 Physio Exercise Class with Tracey 2.00 Sensory exploration individual Visits	<b>10</b> 10.00 Non-Denominational Service with Dennis 11.15 BrainTrainer Plus Solitaire 	<b>11</b> 10.00 Bingo with Marja 10.30 Picture Bingo matching in Camellia 	<b>12</b> Family and Friends Visits BrainTrainerPlus All Day 09.30 Immaculate Heart of Mary Sefton / Sacred Heart Villawood Online Mass in the Hall 
<b>13</b> 10.30 Pizza Baking with Lester 1.30 Bingo with Corey 	<b>14</b>  8.30 Bryan Brown Theatre The Swell Sisters 10.30 Physio Class with Tehmina 1.30 Hit or Miss Music Roulette	<b>15 OPAN</b> 10.30 Catholic Mass 11.00 OPAN Presentation 1.30 Parachute Game 	<b>16</b> 10.30 Physio Exercise Class with Tracey 1.30 Spring Punch in the garden 	<b>17</b> 10.00 Non-Denominational Service with Dennis 1.30 Ice Cream bar in the Garden and Creating the Whip and Wine 	<b>18</b> 10.30 Self-initiated Yahtzee 10.30 Musical Ball Exercises in Camellia 	<b>19</b> Family and Friends Visits BrainTrainerPlus All Day 09.30 Immaculate Heart of Mary Sefton / Sacred Heart Villawood Online Mass in the Hall
<b>20</b> 10.30 Tennis Competition 1.30 Bocce in the Garden 	<b>21 PODIATRIST</b> 09.30 Camellia Outing – Cabarita Park 10.30 Physio Class with Tehmina 1.30 Snooker with the guys 	<b>22 HAIRDRESSER</b> 9.00 Hairdresser 10.30 Spiritual Bingo 1.30 Shopping Trip 	<b>23 OUTING</b> 09.30am Bus Outing and Ferry to the city 	<b>24</b> 10.00 Non-Denominational Service with Dennis 11.15 BrainTrainer Plus Solitaire 1.30 Picasso Witch Art with a glass of Bubbly in the garden 	<b>25</b> 10.00 Bingo with Marja 10.30 Exploring the herb garden in Camellia 	<b>26</b> Family and Friends Visits BrainTrainerPlus All Day 09.30 Immaculate Heart of Mary Sefton / Sacred Heart Villawood Online Mass in the Hall 
<b>27</b> 10.00 Jamming Session with Darren – Individual Rooms 10.30 Table Bobs with Bill 1.30 Bingo with Corey 	<b>28</b> 10.30 Physio Class with Tehmina 1.30 Melbourne Cup Whip and Wine Board Game 	<b>29</b> 10.00 Priest from Sefton 11.00 Games with Katja 	<b>30</b> 10.30 Horse Race Game 1.30 Decorating the hall for Melbourne Cup 	<b>31</b> 10.00 Non-Denominational Service with Dennis 11.15 BrainTrainer Plus Solitaire 1.30 Create Racehorses 	<b>October Birthdays</b> 	MARIE A 10 <sup>th</sup> KAI CHAI T 12 <sup>th</sup> ANTONIA B 13 <sup>th</sup> PAMELA P 13 <sup>th</sup> ROBERT M 19 <sup>th</sup> LILIJA G 18 <sup>th</sup>