ABEL TASMAN

NEWSLETTER

MARCH 2024

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ABEL TASMAN VILLAGE RECREATION PROGRAM
MARCH 2024

FROM THE GENERAL MANAGER

Dear Abel Tasman Village Residents, Families, and Staff

Welcome to the March edition of the Abel Tasman Village newsletter. We hope this finds you all in good health and spirits as we transition into autumn.

We understand the importance of keeping you informed about the latest developments in aged care. Firstly, we apologise for any inconvenience caused if you've experienced difficulties reaching us by phone. While Elizabett, our Home Care Coordinator, is on leave, Michelle, our Office Manager, has stepped into Elizabett's role. We appreciate your patience during this time. Please remember that if we miss your call, leave a message, and we'll get back to you as soon as possible. Michelle is doing a wonderful job in ensuring smooth operations during this transition.

The consultation period for the new "Aged Care Act" has been extended until March 8th, 2024. This Act will have a significant impact on everyone involved, and your feedback is crucial. You can provide feedback by calling 1800 318 209 or by visiting the Engagement Hub at the link.

https://agedcareengagement.health.gov.au/engagement/consultation-on-draft-new-aged-care-act/

We're excited to announce that the ATV Consumer Advisory Body information session is scheduled for Saturday, March 9th, 2024, at 10:30 am in the Administration building at Abel Tasman Village. This session is a vital platform for engaging stakeholders interested in contributing to the improvement and regulation of ATV. If you're interested in joining the committee, please RSVP by March 6th by calling the office.

We say goodbye to Maria, a valued member of our cleaning department, who dedicated 16 years of service to ATV. We extend our best wishes to her for a happy and fulfilling retirement, we will miss you.

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In recognition of outstanding contributions, we commend the following staff members: Essia, Adriana, and Geneva from the PCA team, and Lily from the HCP team. We encourage you to reach out to me if you notice a staff member going above and beyond, as we'll be acknowledging such efforts at our upcoming staff meeting. Please come by my office in the admin building or give me a call at 9645 3388 to provide your nomination.

Please also see the exciting activities that our lovely ladies from the lifestyle department has install for our residents this month:

Friday, 8th March – International Women's Day Happy Hour

Tuesday, 12th March – Bryan Brown Theatre Outing "70's Show"

Thursday, 14th March – St Patrick's Day Pub Outing

Thursday, 21st March – Greek Independence Dance Show

Thursday, 28th March - Monthly Birthday Party Concert with Leyla Nassif

I would also like to welcome Mr. Dimce Pandilovski, Mr. Noel Cox and Mrs. Janice Cox who have joined us at ATV. Welcome back to Mrs. Judith Davenport for another respite day with us. We hope you make ATV your home away from home.

Thank you to Mr. Michael Vasilakis for your short respite visit, we hope you have enjoyed your stay and hope to see you again.

Our condolences to Mr. Anthony Schneiders and Mrs. Stanislawa Obalka's families and friends. They will be very much missed. We send our sympathies to their family and friends. May they rest in peace.

The coffee shop has recently had a bit of a mini overhaul and has become a more welcoming space with the installation of a coffee machine for the benefit of staff and residents. Effie has been great in showing staff how to utilise the machine. It was a great suggestion by Sevim and its great that this coffee machine is once again being utilised.

Before concluding, I want to notify everyone that extra surveillance cameras have been deployed and are currently undergoing testing. We anticipate their full implementation in early March within the common areas of Abel Tasman Village. It's important to note that the utilization of these surveillance cameras is governed by the Workplace Surveillance Act.

They will not be positioned in areas where both staff and the public naturally expect privacy, such as bathrooms. The purpose of employing video camera surveillance is to bolster the security of consumers, staff, and organizational assets in those common areas. If comparable devices were to be installed in residents' rooms by residents or their representatives, this must be communicated to me before activating a device.

Warm regards,

Sophia Markwell

General Manager

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HOME CARE

ABEL TASMAN
A culture of care

Hello to everyone. Here's hoping March brings some cooler weather for us to enjoy. The hot and steamy weather has certainly been difficult to deal with.

A reminder that our wonderful Homecare Coordinator Elizabett is currently on leave in Peru and will return in early April. We are all looking forward to hearing all about her adventures when she is back.

As we reported to you last month, the new Aged Care Act is currently out for consultation. The period of consultation has been extended to 8th March 2024. In addition to the factsheet we forwarded to you last month, please see below a link to more information regarding the Act and how it will be implemented. We encourage you to give your feedback and the link below will give you information on how you can do that.

https://www.health.gov.au/our-work/aged-care-act

Thank you to those of you who expressed an interest in being a part of the ATV HCP Consumer Advisory Body and Quality Care Advisory Body. These new consultation mechanisms are in place by the Government as a direct response to the Royal Commission and are intended to give consumers real input into how providers (and their governing bodies) deliver quality care and services. We will be holding an information session on Saturday 9th March 2024 at 10.30am at Abel Tasman Village. An online option will be available if you would like to join in that way. More information to come. Please let us know if you would like to attend.

Some of you enjoyed a recent visit to the Blue Mountains through Fun Care Gery. It was a wonderful day as you can see from the pictures below. The experience was truly memorable, and we are delighted to share that our clients had a fantastic time exploring the beauty of the Blue Mountains area, from the moment they arrived until the time they departed. Our clients were particularly thrilled with the opportunity to immerse themselves in nature, interact with fellow clients and create cherished memories together. Witnessing their smiles and hearing their laughter throughout the day was a testament to the positive impact outings like these have on our clients' overall well-being and happiness. We are hoping to offer more experiences like this one in the future. Stay tuned for more information!

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We will be continuing with our schedule of clinical assessments and care plan reviews over the next few weeks. RN Yang will be visiting you, along with RN Anna who has joined the homecare team.

Easter comes early this year with Easter Sunday falling on 31st March 2024. Public holidays will be 29th, 30th, 31st March and 1st April. Scheduled services on those days will be charged at the public holiday rate. Domestic assistance services will not go ahead and you will be contacted to reschedule if you are affected. Personal care and social support services will go ahead as usual unless you wish to move those services. Please give us plenty of notice if you need to change your services.

We welcome our new clients, Joan Thorn and Allan Miles, to the ATV HCP family and we look forward to assisting you and getting to know you.

We said farewell to Mr and Mrs Harrison and Ms Jamieson who have moved into residential care. We sadly said goodbye to Mr Fabian. We send our heartfelt condolences to his family and friends.

08/03 Mr Rodriguez
10/03 Careworker Karen
13/03 Mrs Roggeveen
26/03 Mrs King Bugan

We wish all of you a very Happy St Patricks Day on 17th March and may the luck of the Irish be with you all. We also wish you all a very Happy Easter.

Warm regards,

Michelle Axford

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Friday	1	***Non-Denominational Service with Rev Dennis***	Hall	10.00am
		Happy Hour	Hall	2.00pm
Saturday	2	***Bingo with Marja***	Hall	10.00am
		Movie Residents choice	Hall	1.30pm
		Fruit Blending	Camellia	2.00pm
Sunday	3	***BrainTrainer Plus***	Hall	All Day
		Family / Friends visits	Individual Rooms	2.00pm
Monday	4	***Morning Tea***	Hall	10.00am
		Moove and Groove with Katja	Hall	10.30am
		The Oscars Bingo Game	Hall	1.30pm
Tuesday	5	***Morning Tea***	Hall	10.00am
		Exercises with Physio	Hall	10.30am
		Bingo with Corey	Hall	1.30pm
Wednesday	6	***Hairdresser Service***	Hairdresser Salon	09.00am
		Catholic Mass	Hall	10.00am
		Morning Tea	Hall	10.30am
		Memory games	Hall	2.00pm
Thursday	7	***Coffee and Chat***	Hall	10.00am
		Target Games	Hall	10.30am
		Decorating St. Patrick's Day	Hall	1.30pm
		Jigsaw Puzzles and Games	Hall	1.30pm
Friday	8	***INTERNATIONAL WOMAN'S DAY***		
		Non-Denominational Service with Rev Dennis	Hall	10.00am
		BrainTrainer Plus	Hall	11.15am
		Celebrating Women's Happy Hour	Hall	2.00pm
Saturday	9	***Sensory and Creative Art***	Coffee Shop	10.00am
		Consumer Advisory	Hall	10.30am
		Information Session	Camellia	1.30pm
		Concert Residents Choice		2.00pm
		St. Patricks Days Craft		
Sunday	10	***Movie Residents' choice***	Hall	10.00am
		Family and Friends Visits	Individual Rooms	2.00pm
Monday	11	***Tennis/Volleyball Game***	Hall	10.00am
		Bingo with Bill	Hall	1.30pm
Tuesday	12	***Bryan Brown Theatre Outing 70's Show***	Meet at Coffee shop	08.30am
		Exercises with Physio	Hall	10.00am
		Beauty Care	Lounge area	3.00pm

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Wednesday	13	***Mass On-Line*** ***Coffee and Chat*** ***St Patricks Ping Pong Game***	Hall Hall	10.00am 10.30am 1.30pm
Thursday	14	***Irish Bowling and Photo Shoot*** ***Irish Pub Lunch Outing***	Hall Meet at the coffee shop	10.00am 11.30am
Friday	15	***Non-Denominational Service with Rev Dennis Muldoon*** ***BrainTrainer Plus*** ***Happy Hour – Irish Theme***	Hall Hall Hall	10.00am 11.15am 2.00pm
Saturday	16	***Yahtzee with Hannah*** ***Movie afternoon*** ***Relaxation afternoon***	Hall Hall Camellia	10.00am 1.30pm 2.00pm
Sunday	17	***BrainTrainerPlus*** ***Movie Residents' choice*** ***Family and Friends Visits***	Hall Hall Individual Rooms	All Day 10.00am 2.00pm
Monday	18	***Dutch Activities*** ***Table Bobs*** ***Greek Decorating of Hall*** ***Jig Saw Puzzles***	Tulip Room Hall Hall Hall	10.00am 10.30am 1.30pm 1.30pm
Tuesday	19	***Morning Tea*** ***Exercises with Physio*** ***Bingo***	Hall Hall Hall	10.00am 10.30am 1.30pm
Wednesday	20	***Catholic Mass*** ***Coffee and Chat*** ***Palm Sunday Art***	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday	21	***GREEK INDEPENDENCE DAY*** ***Morning Tea*** ***Greek Dancing Group*** ***Greek Gelato bar***	 Hall Hall Coffee shop or garden	 10.00am 10.30am 2.00pm
Friday	22	***Easter stencil prints or planting of Easter grass*** ***BrainTrainer Plus*** ***Happy Hour***	Hall Hall Hall	10.00am 11.15am 2.00pm
Saturday	23	***Bingo with Marja*** ***Movie Residents choice*** ***Fruit Blending***	Hall Hall Camellia	10.00am 1.30pm 2.00pm

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Sunday	24	***PALM SUNDAY*** ***Movie Residents' choice*** ***Family and Friends Visits***	Hall Individual Rooms	10.00am 2.00pm
Monday	25	***Easter Activities*** ***Decorating of Hall for Easter***	Hall Hall	10.30am 1.30pm
Tuesday	26	***Coffee and Chats*** ***Exercises with Physio*** ***Easter Picture Bingo***	Hall Hall Hall	10.00am 10.30am 2.00pm
Wednesday	27	***Catholic Mass*** ***Morning Tea*** ***Egg and Spoon Race***	Hall Hall Outside	10.00am 10.30am 1.30pm
Thursday	28	***Monthly Birthday Party*** ***Concert with Leyla Nassif*** ***Carpet Bowling***	Hall Hall	10.00am 1.30pm
Friday	29 **Public Holiday**	***GOOD FRIDAY*** ***Hot Cross Buns Morning Tea*** ***Stations of the Cross LIVE from St Mary's Cathedral*** ***Celebration of the Passion of the Lord LIVE from St Marys Cathedral***	 Hall Hall (on TV) Hall (on TV)	 10.00am 10.00am 3.00pm
Saturday	30	***EASTER SATURDAY*** ***Making of Easter Chocolate Hot Cross buns*** ***Movie Residents' Choice*** ***Easter Activities***	 Hall Hall Camellia	10.00am 1.30pm 2.00pm
Sunday	31	***EASTER SUNDAY*** ***Morning Tea*** ***Easter Parade Movie*** ***Family/Friends Visits***	 Hall Hall Individual Rooms	 10.00am 10.30am All Day

Breakfast: 8.00am
Lunch: 12.00pm
Dinner: 5.00pm

Pension Days: Thursday, the 7th, and 21st March 2024
Podiatrist: Thursday,21st March 2024

We would like to reach out to our wonderful Abel Tasman Village community and ask if you are able to donate hollow chocolate easter eggs for our residents to make their Easter extra special.

If you could please give your donation to the Registered Nurse on Duty and they will give it to the Lifestyle Department. Please supply us with your name so we can thank you personally.

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JOHANNA CLAASSENS 5TH	MARJORY MOLLOY 6TH
YVONNE ASHTON 9TH	DIMCE PANDILOVSKI 12TH
ALLAN LEE 14TH	ALT VAN DER MEER 26TH
GODWIN GERADA 28TH	IVKA ORMUS 30TH
NOEL COX 30TH	

The wonderful Lisa Budin performing at the monthly birthday party in February. Norman was eager to show his wonderful dance moves.

Pancakes were very popular on Shrove Tuesday and residents very much enjoyed the strawberries and blueberries with whipped cream.

Robert is pictured on the left having a smile from ear to ear.

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LOVE IS IN THE AIR

Congratulations to John and Norma Donaldson for renewing their wedding vows in a beautiful ceremony on Thursday, 15th February.

The celebration continued with dancing, champagne cocktails, delicious cake, wonderful music and joyful laughter.

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A great morning out to Pure Gelato Bar in Croydon Park. It was a big hit and will definitely do this trip again this year.

A group came bowling at Villawood and played two games and Adriana and Norman played for the very first time and both won one game. Fantastic effort competitors!!!!

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Residents from Camellia got into the swing of Lunar New Year and Valentines Day.

A group attended the Valentines Morning Melodies at the Bryan Brown Theatre at Bankstown which consisted of a yummy morning tea and lunch. We also enjoyed a two hour show with the very talented Shane Peters and Davida.