



## NEWSLETTER

OCTOBER 2023



**ABEL TASMAN VILLAGE RECREATION PROGRAM**  
**OCTOBER 2023**

## FROM THE GENERAL MANAGER



Dear Residents, Families and Staff,

We hope this newsletter finds you well. As we transition into the beautiful month of October, we have some important updates and exciting opportunities to share with you. Please take a moment to read through the following information.

I am happy to report another COVID-19 and influenza outbreak-free month. As of 13th September, according to the Department of Health, there were 28 COVID-19 outbreaks with 465 resident cases in NSW.

ATV has further reduced the screening process for visitors coming into ATV as per the advice from NSW Health and will review regularly. There appears to be confusion from September's newsletter regarding visitors completing the RAT prior to entering the facility. I would like to confirm that visitors are still required to complete the RAT before coming into the facility as part of the screening process, but the screening staff will no longer need to see the result of your RAT. The only thing the screening staff will need to view is your completed screening questions. However, you may be asked to show your RAT result at any time should we feel there is a risk apparent in the facility.

As there are talks about the new COVID-19 variant, Abel Tasman also strongly recommends that visitors be updated with your COVID-19 booster vaccine. This means that if you have not had a booster in the past 6 months, it is recommended that you seek advice to get your booster. For information on recommended COVID-19 vaccine doses see the latest current (Australian Technical Advisory Group on Immunisation [ATAGI booster advice](#) on the Department of Health website. Speaking of COVID-19 Booster, ATV vaccination onsite clinic for our residents was held on the 25<sup>th</sup> of September by the practitioners from Powell Street Medical Centre, 44 residents from ATV were vaccinated - what a great result. Thank you to all representatives for your continual support in keeping our community safe.

ATV is also reviewing mask-wearing requirements for entry to the Village. You may be aware, that other aged care facilities around Sydney no longer require visitors, volunteers, and/or staff to wear masks. Of course, the removal of a mask requirement poses some risk to our residents. However, resident and family choices are very important to consider prior to making any decision. We have sent out a poll for expression of interest to staff, residents, and their representatives. Can you please indicate your preference through the attached link. The Outbreak Management Team will then consider the responses and may make changes to our processes. Please note that in the event of an outbreak, or in high-risk periods (Easter, Christmas etc.) mask wearing will be reviewed accordingly.

After a couple of stressful months, September felt like we had a couple of positives for most of the departments at ATV, please see some positive outcomes below:

The Japanese delegation visit was held on 6th September at ATV. Staff and residents had the opportunity to show off the facility, the processes we have in place that provide great care, and the wonderful environment we have for our residents. It was also a great opportunity to showcase our home and the architecture of the buildings at ATV. Thank you Helga ten Brummelaar for representing the Board and participating in the activities. We hope to continue our relationship with our Japanese counterparts and improve Aged Care in the future.

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A Food Safety Audit was conducted on 11th September, and a rating of "A" was received with only 4 points deducted for very minor documentation errors, which was a fantastic result for a new team in the Catering department. Great effort from the Catering department, especially to Karla and Rodelyn (co-supervisors) for leading the team. I would also like to acknowledge the management team for their support and hard work that was put towards achieving this great result.

The Management Team together with the Board is working on the upcoming reforms regarding the "Consumer Advisory Body" and the "Quality Care Advisory Body". I have addressed these upcoming reforms in the Resident Executive and Resident Meetings over the past few meetings and briefly explained how ATV is anticipating rolling these new reforms out. Both will take effect from 1<sup>st</sup> December 2023; we are hoping to send some information out to you all by the end of October. Please click on the link below for further information.

ATV has sent out an invitation with expressions of interest for rotating membership of the Consumer Advisory Body commencing in 2024. The scope of this Body will be to give consumers and their representatives an opportunity to share and discuss with other consumers the quality of care and services they receive at Abel Tasman Village. The Consumer Advisory Body will then report to Abel Tasman Village's governing body, the Board of Directors, who will respond to the Consumer Advisory Body in writing regarding their feedback. We will also be sending out invitations to the Quality care advisory body soon to both residential and home care clients and their representatives.

<https://www.agedcarequality.gov.au/resources/consumer-advisory-body-fact-sheet>

<https://www.agedcarequality.gov.au/resources/quality-care-advisory-body-fact-sheet>

We have an exciting lineup of events planned for October. Mark your calendars for the following activities for both staff and residents:

- Thursday, 5<sup>th</sup> October – Oktoberfest Celebration with Annette van Roden at 10.00am
- Tuesday, 10<sup>th</sup> October – Polling Booth for The Voice Referendum in the Hall at 2.00pm
- Thursday, 12<sup>th</sup> October – "Tovertafel" bus outing (morning) Tenpin Bowling (afternoon)
- Thursday, 26<sup>th</sup> October – Monthly Birthday Party with Lisa Budin
- Tuesday, 31<sup>st</sup> October – Halloween Individual Visits with Julie Wisniewski on accordion

Thank you to the late Joan Hughes' family for contacting me for your consideration in a monetary donation to ATV. I am working with the family to discuss how we can distribute the money in the facility. I will update you in the next month's newsletter.

I would like to thank Mrs Barbara Gilhooly for your short respite stay at ATV, we hope you enjoyed your stay with us. Our condolences to Mr. Silvio Iskra and Mrs. Mary Waldron's family and friends. They have left a mark in the ATV family and they will be missed. May they rest in peace.

We also welcome Alan Lee, Linda Wu, Arlette Sole and Petronella Van der Jagt. We hope you enjoy your stay with us.

Before I sign off, I would like to remind you to complete the surveys titled "Quality of Care Experience" and "Quality of Life" that were sent to the first contact of our resident on 22/09/23.

That's all for this month's newsletter. We hope you find the information and updates valuable. Remember to stay informed, take care of your health, and enjoy the various community events we have in store for you. Wishing you a wonderful October and remember to turn your clocks 1 hour forward for day light saving on Sunday 1<sup>st</sup> October.

Warm regards,  
Sophia Markwell

ABEL TASMAN VILLAGE RECREATION PROGRAM  
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HOMECARE  
HOMECARE



OCTOBER – Spring has Sprung or has Summer come early?

Happy October everyone. September and October have surprised us all with a few very hot days. But this happens every year, a few hot days and then back to the colder days. Please remember on those hot days to hydrate with water, close blinds and or curtains and refrain from going out in the hottest part of the day.

I extend a warm welcome to our newest home care client Mr Trevor Fuller who started services with us in September. Greeting from the family of Abel Tasman Village.

Through previous correspondence you will be aware that from September 1<sup>st</sup> 2023 our home care fees have increased, you will notice these changes on September statement which should arrive to you mid October 2023. Some clients will also be required to now pay an Income Tested Fee as determined by Services Australia. This fee is applicable to those clients who are financially able to contribute towards their care. I will be in touch with those clients who are required to pay this fee.

For those clients who forward invoices to myself for reimbursement, we do aim for a 2 week turnaround on payments coming through to you. Should a payment take longer than 2 weeks please do not hesitate to call Michelle Axford Office Manager and she can follow up payment of your invoice/ reimbursement. We appreciate your patience.

I would also like to mention, that our home care workers are not to pay directly out of their pocket any expenses that may occur while on service. Please ensure you have cash or card available at all times to make your own purchases.

I would also like to discuss Dignity of Risk.

“Dignity of risk is another way of saying you have the right to live the life you choose, even if your choices involve some risk”, as described by the Aged Care Quality and Safety Commission. This is important in the consumer directed care that we as home care providers, provide to you. Should you make a choice that may have some risks, we will discuss with you the potential outcomes and ask for a Dignity of Risk form to be signed. This is to document we have had this formal discussion with you and to ensure your safety as best as we can.

I will be on leave throughout various dates in October 2023.



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- Saturday 30th Sep until Sunday 8th Oct inclusive
- Saturday 14th Oct until Wednesday 18th October inclusive

Michelle Axford Office Manager will be available to take your call. Please phone my mobile number or the offer number 9645 3388 and she assist.

At times we also use our text messaging services to send clients, NOK, family, and representatives' important information. Please do not reply to these message as it is not always monitored. Always best to text my mobile number or call the office. We do have an answering machine on our office number, if you happen to call after hours.



A happy birthday to our October born clients and staff members. It's a big birthday month.

- 1<sup>st</sup> Van Long Phan
- 2<sup>nd</sup> George Guirguis
- 3<sup>rd</sup> Samara Thomson
- 4<sup>th</sup> Trevor Fuller

- 8<sup>th</sup> Roberto Mengui
- 10<sup>th</sup> Helen Vella
- 13<sup>th</sup> Franca Burgo
- 16<sup>th</sup> Vicki Godkin
- 24<sup>th</sup> Martin Podjed
- 28<sup>th</sup> Edith Gould

Wishing you all the best,  
Warm regards, **Elizabett Fernandez**



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DAY	DATE	ACTIVITY	VENUE	TIME
Sunday 	1	<b>Movie Residents' Choice</b> <b>Family &amp; Friend visits</b>	Hall Individual Rooms	10.00am 2.00pm
Monday 	2	<b>LABOUR DAY</b> <b>Table Games Set Up in the</b> <b>Hall for self-initiated use</b>		
Tuesday 	3	<b>Coffee and Chat</b> <b>Exercises with Ben</b> <b>Beer Bottle Toss Game</b> <b>Bingo with Corey</b> <b>Beer Bottle Toss Games</b> <b>and Pretzel Craft</b>	Hall Hall Hall Hall Camellia	10.00am 10.30am 11.30am 1.30pm 2.00pm
Wednesday 	4	<b>Catholic Mass in English</b> <b>Coffee and Chat</b> <b>Residents' Executive</b> <b>Pretzel Craft</b>	Hall Hall Coffee Shop Hall	10.00am 10.30am 11.00am 1.30pm
Thursday 	5	<b>Oktoberfest Party with</b> <b>Annette</b> <b>RESIDENT BARBEQUE</b> <b>LUNCH</b> <b>Individual Visits</b>	Hall Hall/Activity Garden Area Individual Rooms	10.00am 12.00pm 2.00pm
Friday 	6	<b>Non-Denominational</b> <b>Service with Rev Muldoon</b> <b>Morning Tea</b> <b>Happy Hour with Fresh</b> <b>made Bread with</b> <b>Liverwurst</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	7	<b>Bingo with Marja</b> <b>Sensory Activities with</b> <b>Effie</b>	Hall Camellia	10.00am 2.00pm
Sunday	8	<b>Movie Residents' Choice</b> <b>Family &amp; Friend visits</b>	Hall Individual Rooms	10.00am 2.00pm
Monday	9	<b>Moove &amp; Groove with</b> <b>Edward</b> <b>Bingo with Bill</b>	Hall Hall	10.00am 1.30pm
Tuesday 	10	<b>Group Physio with Ben</b> <b>Voting Booth</b>	Hall Hall	10.00am 2.00pm
Wednesday 	11	<b>HAIRDRESSER</b> <b>Catholic Mass in English</b> <b>Coffee and Chat</b> <b>Residents' Meeting</b> <b>Magic Memories</b>	Hairdressing Salon Hall Hall Hall Hall	9.00am 10.00am 10.30am 11.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Thursday 	12	<b>Tovertafel Bus Outing to Bankstown Library &amp; Knowledge Centre</b>	Bankstown	9.30am
		<b>Whiteboard Games</b>	Coffee Shop	10.00am
		<b>Bus Outing Tenpin Bowling</b>	Villawood	1.30pm
		<b>Musical Bingo</b>	Hall	2.00pm
Friday 	13	<b>Non-Denominational Service with Rev. Muldoon</b>	Hall	10.00am
		<b>Cocktail Hour</b>	Activity outside area	2.00pm
Saturday	14	<b>Yahtzee</b>	Hall	10.00am
		<b>Fruit Cutting &amp; Blending</b>	Camellia	2.00pm
Sunday	15	<b>Movie Residents' Choice</b>	Hall	10.00am
		<b>Family &amp; Friend visits</b>	Individual Rooms	2.00pm
Monday 	16	<b>Dutch Coffee Morning</b>	Tulip Room	10.00am
		<b>Tennis Competition</b>	Hall	10.00am
		<b>Sjoelbak Competition</b>	Garden (weather permitting)	1.30pm
Tuesday 	17	<b>Group Physio with Ben</b>	Hall	10.00am
		<b>Bingo with Corey</b>	Hall	1.30pm
		<b>Shopping Bingo and Poem reading</b>	Camellia	2.00pm
Wednesday 	18	<b>Catholic Mass in English</b>	Hall	10.00am
		<b>Coffee/Get Together</b>	Hall	10.30am
		<b>Movie Afternoon</b>	Hall	2.00pm
Thursday 	19	<b>Croatian consumers catch up with Noreen</b>	Tulip Room	10.00am
		<b>Secret Men's catch up with Bill</b>	Lounge area	10.30am
		<b>Juice Making</b>	Hall	2.00pm
Friday 	20	<b>Non-Denominational Service with Rev. Muldoon</b>	Hall	10.00am
		<b>Happy Hour and Trivia</b>	Hall	2.00pm
Saturday 	21	<b>Melbourne Cup Craft</b>	Hall	10.00am
		<b>Clay moulding session</b>	Camellia	2.00pm
Sunday	22	<b>Movie Residents' Choice</b>	Hall	10.00am
		<b>Family &amp; Friend visits</b>	Individual Rooms	2.00pm
Monday	23	<b>Move &amp; Groove with Edward</b>	Hall	10.00am
		<b>Table Bobs</b>	Hall	2.00pm
Tuesday 	24	<b>Group Physio with Ben</b>	Hall	10.00am
		<b>Bingo with Corey</b>	Hall	1.30pm



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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	25	<b>Catholic Mass in English</b> <b>Coffee/Get Together</b> <b>The Price is Right Game</b>	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday 	26	<b>Birthday Party with Lisa</b>  <b>Making of Melbourne Cup</b> <b>Table Decorations</b>	Hall Hall	9.30am 2.00pm
Friday 	27	<b>Non-Denominational</b> <b>Service with Rev. Muldoon</b> <b>Happy Hour - Golden</b> <b>Memories</b>	Hall Hall	10.00am 2.00pm
Saturday	28	<b>Bingo with Marja</b> <b>Individual visits</b>	Hall Individual rooms	10.00am 2.00pm
Sunday	29	<b>Movie Residents' Choice</b> <b>Family &amp; Friend visits</b>	Hall Individual Rooms	10.00am 2.00pm
Monday	30	<b>Halloween Tenpin Bowling</b> <b>with Edward</b> <b>Icy Spiders Drinks &amp; Trivia</b>	Hall Activity Outside Area	10.00am 1.30pm
Tuesday 	31	<b>HALLOWEEN</b> <b>Exercises with Ben</b> <b>Julie Wisniewski</b> <b>on Accordion</b> <b>Bingo with Corey</b> 	Hall Individual Rooms/Camelia Hall	10.00am 10.00am 1.30pm



Please ensure you put your watches and clocks forward before you go to bed on Saturday night 30<sup>th</sup> September as we are entering Daylight Saving.

**October Birthdays 2023**

<b>NEL VAN DER JAGT 2ND</b>	<b>JOHN ORMUS 7TH</b>
<b>ANTONIA BESTERS 13TH</b>	<b>ROBERT MATTEWS 19TH</b>

Breakfast: 8.00am	Pension Days: 5th & 19th
Lunch: 12.00pm	Podiatrist: 3rd October 2023 & 17th October 2023
Dinner: 5.00pm	



# ABEL TASMAN VILLAGE RECREATION PROGRAM OCTOBER 2023



The ATV community celebrated R U OK? with cupcakes and plenty of yellow



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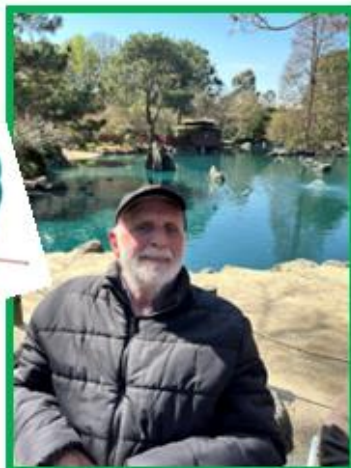
On Wednesday 6th of September we had the pleasure of visitors from the Aged Care and Diversional Therapy Study Tour from Japan. They were keen to learn all about ATV and how we provide care and activities for our residents.



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Three bus outings were conducted throughout the month of September, two to the beautiful Auburn Japanese Gardens (one in the morning the other in the afternoon) and one to Lambeth Reserve at Picnic Point where residents enjoyed a boardwalk along the Georges River.





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LET'S GET ACTIVE!



Magical moments  
with Lindsay  
Gardner with  
great audience  
participation.



SIM  
SALA  
BIM