



ABEL TASMAN

NEWSLETTER

SEPTEMBER 2023



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ABEL TASMAN VILLAGE RECREATION PROGRAM
SEPTEMBER 2023

FROM THE GENERAL MANAGER



ABEL TASMAN
A culture of care



Dear Residents, Families and Staff,

The crisp embrace of Autumn is here but we certainly have some stunning weather with us and we welcome you to the September edition of the Abel Tasman Village newsletter. The garden and the grounds at Abel Tasman look lush and vibrant after the gardening and tree trimming work that was done at the beginning of July. I would like to encourage residents, visitors, and staff to take the opportunity to sit in the garden, or go for a walk around the village, especially through and around the Link building, and take in all the beautiful natural flora that is on display. We have an exciting array of events and updates to share with you this month, so let's dive right in!

I am happy to report that ATV was free from COVID and Influenza outbreak for the month of August. This is thanks to all of our staff, residents, and friends of ATV who continue to commit to keeping our community safe. COVID-19 is still very much present according to the Department of Health. Nationally there were 95 outbreaks in the residential aged care facilities (RACF), and 27 were from NSW. Despite COVID-19 still having a strong presence in the aged and vulnerable persons sector, restrictions have been further reduced.

We are hoping to reduce the screening process further at the entry of the facility to make your visit more streamlined and accessible. Doing a RAT test prior to entry of a facility is still a strong recommendation. ATV will continue to request visitors to conduct a RAT test when visiting. Staff will also be required to conduct a RAT test prior to coming to work.

However, a staff member will no longer be required to check the result of visitor RAT results. Please do not enter ATV if you are showing any flu-like symptoms or if you have come in contact with someone with COVID-19 in the past 7 days. The Outbreak Management Team is regularly reviewing the latest advice from NSW Health and is now reviewing how to safely open the facility for our end-of-year events for residents and visitors.

As we are in the thick of the flu season, we want to emphasize the importance of taking preventative measures to safeguard our community's health. We strongly encourage all residents to be vaccinated against the flu. The flu vaccine is a safe and effective way to protect yourself and those around you from the influenza virus. We would also strongly recommend family members and visitors be vaccinated against flu so please consult your healthcare provider or visit the local health clinic to schedule your flu shot appointment.

I am happy to report that we have no Covid or influenza outbreak to report. Thank you to staff, visitors, residents, and their families for doing the right thing for our community and keeping everyone at ATV safe. Just a reminder, if you are feeling unwell, please do not visit, even if you have the mildest of symptoms. Flu and gastro are doing the rounds of aged care facilities and we do not want ATV to become affected.

Aged Care Employee Day was on the 7th of August, but ATV decided to celebrate on the 8th of August as the 7th was a Picnic Day. I informally recognised all those staff who have served 10 years and more at ATV. There will be a formal recognition by the Board towards the end of the year. Again, thank you to those who have dedicated themselves to looking after older Australians and making a difference in their lives.

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The Annual Food Safety Audit will be held on the 11th of September 2023 at 2pm to observe the dinner service. The Catering Department led by Rodelyn and Karla and Core Management is on track with the preparation for the upcoming audit and I know we will do well. Good luck to the team and let's aim to get another "A" this year.

The Management Team together with the Board is working on the upcoming reforms regarding the "Consumer Advisory Body" and the "Quality Care Advisory Body". I have addressed these upcoming reforms in the Resident Executive and Resident Meetings over the past few meetings and briefly explained how ATV is anticipating rolling these new reforms out. Both will take effect from 1st December 2023; we are hoping to send some information out to you all by the end of October. Please click on the link below for further information.

[Consumer advisory body – a fact sheet for consumers](#)
[Quality care advisory body - fact sheet](#)

We have an exciting lineup of events planned for September. Mark your calendars for the following activities for both staff and residents:

Sunday, 3rd September – Fathers' Day

Wednesday, 6th September – Japanese Visit

Thursday, 7th September – Auburn Garden Bus Trip

Thursday, 14th September – Herman Accordion Concert and Dutch Shop by Gerda

Thursday, 21st September – Lambeth Reserve Bus Trip

Thursday, 28th September – Monthly Birthday Party with Magician Lindsay Gardener

We value your feedback and suggestions. If you have any ideas or concerns regarding community activities, the facility or its services, please don't hesitate to reach out to the management office. Please ask one of our staff members to provide you with a "My thoughts Form". Your input is so valuable and makes Abel Tasman Village an even better place to live. This is part of our commitment to Continuous Improvement.

I would like to thank Mr. Wickman for your short respite stay at ATV, we hope you enjoyed your stay with us. Our condolences to Mrs. Leyten's family and friends on the passing of Petronella. She was only with us for a short time, but she will be missed. Also, our condolences to Jeanette Sequeira's family may she rest in peace.

That's all for this month's newsletter. We hope you find the information and updates valuable. Remember to stay informed, take care of your health, and enjoy the various community events we have in store for you. Wishing you a wonderful September filled with joy, good health, and warm connections!

Warm regards,

Sophia Markwell
Abel Tasman Village

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Welcome Spring – September 2023

A marvelous month of the year has arrived, the spring is bringing us the best colors reflected on gardens and parks, spectacular places to visit during those months.

Some of Sydney's most beautiful garden walks includes: Sydney

Botanical Garden, Nepean River Walk, Auburn Botanical Garden & Mount Annan Botanical Gardens. Please let our staff know if you would like to visit one of these beautiful attractions.



A warm welcome to some more beautiful people into the Abel Tasman Home Care community. Juan Rodriguez, Percy and Alice Harrison have happily started services with us last August.



Thanks to all our dear clients for the support of our new home care staff (photo below) from left hand side: Michelle, Sandra J (no longer with us) Ruth, Robyn, Colletah, Elizabett & Sandra O. Abel Tasman appreciates you all giving these new staff members a great opportunity to

assist in your care.

Our much-loved care staff member Lily is back from leave and looking forward to seeing all her regular consumers and her colleagues again.

Important information regarding legislative updates & your care package:

Abel Tasman Village need to strictly comply with all necessary legislation that is relevant in delivering your home care services. Please see below. Thank you for your ongoing attention to these important updates from the Government.

<https://www.myagedcare.gov.au/sites/default/files/2023-01/operational-manual-for-home-care-package-consumers.pdf>

Please refer to the communication below, sent in November 2022.

Basic rules:

- All purchases must be related to a client's aged care needs and documented in their care plan and included in their annualised budget
- You cannot purchase items that are deemed "excluded" ... no exceptions – by doing so, you are breaking the law
- If it is unclear ('grey') if an item can be purchased or not, your provider must demonstrate how they have assessed the suitability of the purchase and linked it to a specified care need in your care plan.

Other ongoing Aged Care Reforms includes:

1.- Consumer Advisory Body:

The establishment of a Consumer Advisory Body which must meet at least once a year from 1 December 2023.

2.- The Work Value Case and the implications this may have on pricing of services:

On 30th June 2023 the wage increase decided upon by the Fair Work Commission for aged care workers will be

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implemented. Please refer to Abel Tasman communication to you regarding pricing increases in relation to your care package in last month's newsletter.

A reminder that the new pricing schedule commences on 1st September 2023. I will be visiting all consumers to revise their Homecare agreement.

I am happy to let you know that I will be making regular visits to assist and support regarding your new budget and updated service agreement. I encourage you to invite your representative to attend those visits once I have confirmed a day and time with you.

We say our goodbyes to Kristina Kaposi as she is moving ahead with another service provider. We wish her all the very best.



Warm regards, **Elizabett Fernandez**

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	1	Non-Denominational Service with Rev Dennis Muldoon Beer Pong - Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	2	Creative Art or Yathzee Fruit blending	Hall Camellia	10.00am 2.00pm
Sunday 	3	FATHER'S DAY Special Father's Day Morning Tea Family & Friend visits	Hall Individual Rooms	10.00am 2.00pm
Monday 	4	Country/Western Target Games Country Western Bingo	Hall Hall	2.00pm 1.30pm
Tuesday 	5	Coffee Get Together Group Physio with Ben Bingo with Corey Shopping Bingo and Reading a story	Hall Hall Hall Camellia	10.00am 10.30am 2.00pm 2.00pm
Wednesday 	6	Catholic Mass with Father Edmund Japanese Visit Double Dutch to Me Presentation Outdoor Exhibition BrainTrainerPlus	Hall Hall Hall Camellia Garden Hall	10.00am 11.00am 11.15am 2.00pm 2.00pm
Thursday 	7	Bus Outing Dice Games Afternoon Tea with a Kick Treasures of the Past	Auburn Garden's Coffee Shop Hall	9.30am 10.00am 2.00pm
Friday	8	Non-Denominational Service with Rev Dennis Muldoon Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	9	Bingo with Marja Ballet concert on screen	Hall Camellia	10.00am 2.00pm
Sunday	10	Movie Residents' Choice Family & Friend visits	Hall Individual Rooms	10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Monday	11	Tennis/Volleyball Who Am I Quiz?	Hall Garden	10.00am 1.30pm
Tuesday 	12	Coffee Get Together Group Physio with Ben Bingo with Corey Happy Club	Hall Hall Hall Camellia	10.00am 10.30am 2.00pm 2.00pm
Wednesday 	13	Hairdresser Catholic Mass On-Line Coffee/Get Together Residents Executive Meeting Mexican Hat Competition	Hairdresser salon Hall Hall Coffee Shop Hall	09.00am 10.00am 10.30am 11.00am 1.30pm
Thursday 	14	Walking group and outdoor games Dutch shop with Gerda Poffertjes Making Accordion afternoon with Herman 	Village garden Hall Hall / Camellia / Individual rooms	10.30am 1.30pm 2.00pm 2.30pm
Friday 	15	Non-Denominational Service with Reverend Dennis Muldoon Happy Hour – Spring Theme	Hall Hall	10.00am 2.00pm
Saturday	16	Yathzee Working with Clay	Hall Camellia	10.00am 2.00pm
Sunday	17	BrainTrainerPlus Family & Friend visits	Hall Individual Rooms	10.00am 2.00pm
Monday	18	Coffee & Chat Moove & Groove with Katja Pick-A-Box (Spring Time)	Hall Hall Hall	10.00am 10.30am 1.30pm
Tuesday 	19	Coffee Get Together Group Physio with Edward Male Outing in Camellia Bingo with Corey Outdoor activities	Hall Hall Park Hall Camellia	10.00am 10.30am 10.30am 2.00pm 2.00pm

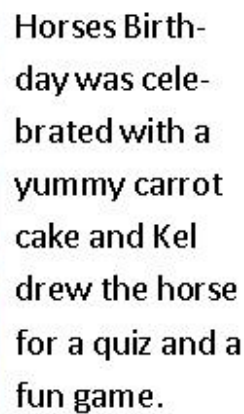
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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday	20	Catholic Mass with Father Edmund Coffee/Get Together Residents' Meeting Whiteboard Games Table Games	Hall Hall Hall Outdoor	10.00am 10.30am 11.00am 2.00pm
Thursday 	21	Bus Outing Croatian Coffee Catch up Floor Games or Card games with a Glass of Bubbly	Lambeth Reserve Tulip Room Hall or Activity Outdoor area	9.30am 10.00am 2.00pm
Friday 	22	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	10.00am 2.00pm 2.00pm
Saturday	23	Bingo with Marja Memory and Sensory games	Hall Camellia	10.00am 2.00pm
Sunday	24	BrainTrainerPlus Family & Friend visits	Hall Individual Rooms	10.00am 2.00pm
Monday 	25	Dutch Coffee Morning Coffee & Chat Table Bobs Sjoelbak Competition	Tulip Room Hall Hall Hall	10.00am 10.00am 10.30am 2.00pm
Tuesday	26	Coffee Get Together Group Exercises with Ben Bingo with Corey	Hall Hall Hall	10.00am 10.30am 2.00pm
Wednesday 	27	Catholic Mass in English Coffee/Get Together Whiteboard Games Table Games	Hall Hall Hall Hall	10.00am 10.30am 11.00am 2.00pm
Thursday 	28	Magician Lindsay Gardner Jeux de Boules Afternoon Tea	Hall Hall Hall	10.00am 1.30pm 3.00pm
Friday 	29	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall	10.00am 2.00pm
Saturday	30	Board games Smoothies	Hall Camellia	10.00am 2.00pm



September Birthdays 2023

Breakfast: 8.15am	Pension Days: 7th & 21st
Lunch: 12.30pm	Podiatrist: 5th & 19th September 2023



WHALE WATCHING



A lovely bus outing to Kurnell National Park followed by lunch at Kurnell Community, Sports and Recreation Club

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FIFA WORLD CUP



The Queen of Cheese joining in the festivities with Julie on the accordion and yummy poffertjes



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COUNTRY WESTERN CONCERT

Fantastic concert followed by a BBQ in honour of our gentlemen at our village. Happy Father's Day!!!!

