



**ABEL TASMAN**

**NEWSLETTER**

**AUGUST 2023**



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ABEL TASMAN VILLAGE RECREATION PROGRAM  
AUGUST 2023

# GENERAL MANAGER



ABEL TASMAN  
A culture of care

Dear Residents, Families and Staff,



Welcome to the August edition of the ATV Newsletter. We hope this newsletter finds you all in good health and high spirits. As we transition into the month of August, we have some important updates and reminders to share with you. So, let's dive right in!

As we are in the thick of the flu season, we want to emphasize the importance of taking preventative measures to safeguard our community's health. We strongly encourage all residents to be vaccinated against the flu. The flu vaccine is a safe and effective way to protect yourself and those around you from the influenza virus. We would also strongly recommend family members and visitors be vaccinated against flu so please consult your healthcare provider or visit the local health clinic to schedule your flu shot appointment. I am happy to report that we have no covid or influenza outbreak to report. Thank you to staff, visitors, residents, and their families for doing the right thing for our community and keeping everyone at ATV safe. Just a reminder, if you are feeling unwell, please do not visit, even if you have the mildest of symptoms. Flu and gastro are doing the rounds of aged care facilities and we do not want ATV to become affected.

We have an exciting lineup of events planned for August. Mark your calendars for the following activities for both staff and residents:

- Horses Birthday – Wednesday, 2<sup>nd</sup> August
- Julie Wiesniewski on Accordion – Thursday, 24<sup>th</sup> August
- Birthday Concert and Fathers' Day BBQ – Thursday, 31<sup>st</sup> August

I would like to introduce you all to our newly recruited RNs. Please welcome Laura and Selina. They were outstanding during the interview process and really impressed the management team. I would like to welcome them to the ATV family.



**Laura**



**Selina**

Remediation work on the petrol station site continues, the removal of all the hard surfaces and underground petrol tanks is now complete. They did a great job in making sure that there was little impact on the operational side of our site. Again, if you have any queries, please write to [secretary@abeltasman.com.au](mailto:secretary@abeltasman.com.au).

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On Monday 24<sup>th</sup> July the village was busy with tree trimming throughout the village. We apologise for the noise and inconvenience caused on the day. Please have a walk around the village and have a look at the great job the arborist did in clearing the overhanging branches and leaves. This is great work to clear the gutters and protect roofs from damage.

On Friday 14<sup>th</sup> July, some of the family members would have received an email requesting you to complete a survey from QPS (benchmarking). It is now a requirement for organisations to send these surveys out quarterly. The survey will only be sent to the first contact of the residents who are not capable of completing the survey themselves. This survey is not compulsory for you to complete every time we send them out, but we do encourage you to complete them if you can. The results will form part of the NQI (National Quality Indicators) report for Abel Tasman Village.

I would like to bring your attention to the free Carer's support group of residential aged care residents organised by the Swinburne University. The group program is online and consists of 6 x 90-minute weekly meetings on Wednesday evenings. Participants need to have the capacity to use the internet and a computer/tablet to join this program. An individual support program is also available. To find out more information please call (03) 9214 3371 or email them at [wellbeingclinic\\_agedcare@swin.edu.au](mailto:wellbeingclinic_agedcare@swin.edu.au)

We value your feedback and suggestions. If you have any ideas or concerns regarding community activities, facilities, or services, please don't hesitate to reach out to the management office, please ask one of our staff members to provide you with a "My thoughts Form". Your input is so valuable and makes Abel Tasman Village an even better place to live.

I would like to thank Mr. Wickman and Mr. Chen for their short respite stay at ATV, we hope you enjoyed your stay with us. Our condolences to Mr and Mrs Borg and family and friends on the passing of Alfred Borg. He will be greatly missed by the ATV community.

A quick reminder that Picnic Day is on 7<sup>th</sup> August and there will be limited staff working in the Administration office, please only try to call the landline for urgent matters.

We will be celebrating Aged Care Employee Day on Tuesday 8<sup>th</sup> August. This is an annual celebration of all our wonderful staff not only at ATV but in the aged care industry. We will be giving our staff some lovely treats on the day to show our appreciation for everything they do.

On a final note, as mentioned in the July edition of the ATV newsletter, I will be taking some leave from 26<sup>th</sup> July to 08<sup>th</sup> August. If you have any concerns or require anything while I'm away, please contact our office and speak to Margaret (Business Manager).

That's all for this month's newsletter. We hope you find the information and updates valuable. Remember to stay informed, take care of your health, and enjoy the various community events we have in store for you. Wishing you a wonderful August filled with joy, good health, and warm connections!

Warm regards,

Sophia Markwell

Abel Tasman Village

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**HOMECARE**



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2023!!

**KEEPING WELL IN WINTER:** During the winter months Abel Tasman encourages you, with guidance from your GP, to access the yearly flu shot and any COVID-19 vaccination boosters you are eligible for. We also ask you to be on the lookout for any flu-like symptoms and to please alert our Homecare staff if you feel unwell.

Abel Tasman also encourages you to ask your GP regarding your eligibility for anti-viral medications if you contract an ARI (Acute Respiratory Infection) including COVID-19. Care staff continue wearing masks and taking relevant precautions to keep everyone safe.

You can find the latest advice from the Department of Health by copying the link below:

<https://www.health.gov.au/topics/aged-care/advice-on-aged-care-during-covid-19/managing-home-care?language=und>

**Ongoing:**

**INCLUSIONS AND EXCLUSIONS IN YOUR CARE PLAN:**

You are strongly encouraged, should you have an unexpected hospital admission or go on social leave to please let us know. Being absent from your home care service needs to be declared on your home care subsidy with Services Australia. Following any hospital visit your care plan may need to be reviewed and adjusted. If your care needs have changed due to illness, the use of equipment or extra services may need to be modified. This process will be reflected after a consultation and recommendation from your coordinator, registered nurse and the appropriate allied health services.

It is very important to acknowledge and understand the changes of your care needs. If you are purchasing items like equipment, light maintenance works, or other aids, they must be reflected on a new care plan. On that point I have received invoices of purchases that have not been discussed or do not fall under the scope of your care needs. Please note that any requests for reimbursement for items or services that have not been approved, will not be processed.

The process of included & excluded items has been previously provided to you (link at the bottom). Due to this process, reimbursements for purchases outside your care needs scope will not be approved by us as the provider.

Abel Tasman Village needs to comply with all legislation that is relevant in delivering your home care services. Most purchases do fall under a general expense. Thank you for your support.

<https://www.myagedcare.gov.au/sites/default/files/2023-01/operational-manual-for-home-care-package-consumers.pdf>

Please see the communication below sent in November 2022.

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**Basic rules:**

- **All purchases must be related to a client's aged care needs and documented in their care plan and included in their annualised budget**
- **You cannot purchase items that are deemed "excluded" ... no exceptions – by doing so, you are breaking the law**
- **If it is unclear ('grey') if an item can be purchased or not, your provider must demonstrate how they have assessed the suitability of the purchase and linked it to a specified care need in your care plan.**

In addition, please review your service agreement page 7. If there are any questions, please get in touch with us.

We welcome Anna Kirovsky & George Guirguis, Melody Jamieson & Robert Beattie to our pool of clients & also would like to welcome our new HCP care staff team member Robyn, Sandra O. & Sandra J... Sandra Orias has provided admin support as well helping with admin tasks. The home care department is still looking for extra appropriate recruitment. On that note we like to let you know Lily still on leave, she sends all her love.

Last month Lucy Uvarouva, Tatiana Pawloff & Samira Arsanious have left our services, we wish them all the best and was a pleasure to have been able to assist them. Kristina Kaposi will shortly be back home after a lengthy respite.

The Aged Care Reforms changes (ongoing):

**1.- Consumer Advisory Body:**

The establishment of a Consumer Advisory Body which must meet at least once a year from 1 December 2023.

**2.- The Work Value Case and the implications this may have on pricing of services:**

On 30th June 2023 the wage increase decided upon by the Fair Work Commission for aged care workers will be implemented. These changes may lead to a review in pricing for services as obviously our operational costs will increase. We will keep you updated as information comes to hand.

**PRICE CHANGES**

You will shortly receive information from ATV regarding proposed changes in the pricing schedule from September 2023. You will be aware that there have been no changes to ATV pricing for some years. The recent pay increases awarded to homecare workers by the Fair Work Commission and the Annual Wage Review have had a significant affect on our expenses and we have no choice but to pass on those increases in a review of pricing. ATV has also compared their pricing to other providers in the homecare space and we are well under the average pricing. Please note that funding levels have increased from 1<sup>st</sup> July 2023 to partly assist providers in managing expenses. We will be writing to you shortly with clear information on the new schedule and management fees.

I am happy to let you know that I will be making regular visits to assist and support with changes and also encourage you to invite your representative attending those visits.

11<sup>th</sup> Lily Cuellar  
13<sup>th</sup> Romelia Jacome



Wishing you all the best

Warm regards, **Elizabett Fernandez**


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<b>DAY</b>	<b>DATE</b>	<b>ACTIVITY</b>	<b>VENUE</b>	<b>TIME</b>
Tuesday 	1	<i>Coffee Get Together Exercises with Physio Bingo with Corey Poetry Reading</i>	Hall Hall Hall Camellia	10.00am 10.30am 1.30pm 2.00pm
Wednesday 	2	<i>Catholic Church Service Coffee Get Together <b>Residents' Executive Meeting</b> Horses' Birthday Activities</i>	Hall Hall Coffee Shop Hall	10.00am 10.30am 11.00am 1.30pm
Thursday	3	<i>Target Games BrainTrainerPlus on Large Screen</i>	Hall Hall	10.00am 1.30pm
Friday	4	<i>Non-Denominational Service with Rev Dennis Muldoon Happy Hour</i>	Hall Hall	10.00am 2.00pm
Saturday	5	<i>Yahtzee with Effie Relaxation and Guided Meditation</i>	Hall Camellia	10.00am 2.00pm
Sunday	6	<i>Family and Friends Movie experience</i>	Individual Room Hall	All Day 10.30am
Monday 	7	<b>BANK HOLIDAY</b> <i>Self-initiated activities BRAINTRAINERPLUS</i>	Hall	ALL DAY
Tuesday 	8	<i>Exercises with Physio Bingo with Corey Picture Bingo</i>	Hall Hall Camellia	10.15am 1.30pm 2.00pm
Wednesday	9	<i>Coffee Get Together Catholic Mass Online <b>Residents Meeting</b> Whale Activity</i>	Hall Hall Hall Hall	10.00am 10.30am 11.00am 1.30pm
Thursday 	10	<i>WHALE WATCHING Creative Art <b>Jeux de Boules &amp; Coffee with Baileys</b></i>	Kurnell Hall Hall	9.30am 10.30am 1.30pm
Friday.	11	<i>Non-Denominational Service with Rev Dennis Muldoon Happy Hour</i>	Hall Hall	10.00am 2.00pm
Saturday 	12	<i>Bingo with Marja Fruit Blending</i>	Hall Camellia	10.00am 2.00pm

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<b>DAY</b>	<b>DATE</b>	<b>ACTIVITY</b>	<b>VENUE</b>	<b>TIME</b>
Sunday	13	<b>Family and Friends visits Concert of Choice</b>	Individual Rooms Hall	All Day 10.30am
Monday	14	<b>Tennis Competition Pick-a-Box/Who Am I?</b>	Hall Hall	10.00am 1.30pm
Tuesday	15	<b>Exercises with Physio Bingo with Corey Story Reading</b>	Hall Hall Camellia	10.00am 1.30pm 2.00pm
Wednesday	16	<b>Hairdressing Service Catholic Church Service Coffee Get Together Shopping Bingo</b>	Hairdressing Salon Hall Hall Hall	9.00am 10.00am 10.30am 1.30pm
Thursday	17	<b>Golf and Shuffle Games Poffertjes Baking</b>	Hall Hall	10.00am 2.00pm
Friday	18	<b>Non-Denominational Service with Rev Dennis Muldoon Happy Hour</b>	Hall  Hall	10.00am  2.00pm
Saturday	19	<b>Yahtzee with Effie Art with Effie</b>	Hall Camellia	10.00am 2.00pm
Sunday	20	<b>Family and Friends Visit Braintrainer Plus</b>	Individual Rooms Tulip Room	All Day All Day
Monday	21	 <b>Morning Tea Get Together Move &amp; Groove with Katja Music Bingo Afternoon Tea</b>	Hall Hall Hall Hall	10.00am 10.30am 1.30pm 3.00pm
Tuesday	22	<b>Exercises with Physio Bingo with Corey BrainTrainerPlus</b>	Hall Hall Camellia	10.00am 1.30pm 2.00pm
Wednesday	23	<b>Catholic Church Service Coffee Get Together Fathers' Day Craft</b>	Hall Hall Hall	10.00am 10.30am 1.30pm
Thursday	24	 <b>Morning Tea Whiteboard Games Julie on Accordion Dice Game Reminiscing Afternoon Tea Chit Chat</b>	Coffee Shop Coffee Shop Individual Visits Hall Hall	10.00am 10.30am 2.00pm 1.30pm 3.00pm
Friday	25	 <b>Non-Denominational Service with Rev Dennis Muldoon Happy Hour with Bitterballen</b>	Hall  Hall	10.00am  2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	26	<b>Bingo with Marja Saturday Movie Afternoon</b>	Hall Camellia	10.00am 2.00pm
Sunday	27	<b>Family and Friends Visit Braintrainer Plus</b>	Individual Rooms Tulip Room	All Day All Day
Monday 	28	<b>Dutch Activities Table Bobs Competition Sjoelbak Competition Afternoon Chit Chat</b>	Tulip Room Hall Hall Hall	10.00am 10.00am 1.30pm 3.00pm
Tuesday	29	<b>Exercises with Physio Bingo with Corey Shopping Bingo</b>	Hall Hall Camellia	10.00am 1.30pm 2.00pm
Wednesday	30	<b>Catholic Church Service Coffee Get Together Individualised Activities</b>	Hall Hall Hall	10.00am 10.30am 1.30pm
Thursday 	31 	<b>Monthly Birthday Party with Southern Cross Gospel Singers Fathers' Day BBQ</b>	Hall  Activity Outdoor Area	10.00am  12.00pm

**Breakfast:** 8.00am  
**Morning Tea:** 10.00am  
**Lunch:** 12.00pm  
**Afternoon Tea:** 3.00pm  
**Dinner:** 5.00pm

**Pension Days:** 10<sup>th</sup> and 24<sup>th</sup> August 2023  
**Podiatrist:** Tuesday, 8<sup>th</sup> August 2023



<b>FRANCIS CURNOW 5TH</b>	<b>IRIS LE CLAIRE 23RD</b>
<b>KEL CONNELL 27TH</b>	<b>CATHERINE JOHANSEN 31ST</b>



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# For Elders

NAIDOC WEEK 2023



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**ABOVE:** Residents were very engaged with the wonderful concert by Michael Montgomery who performed a European Christmas in July Concert.

**LEFT:** Non-alcoholic Winterpunch was very much appreciated by residents in Camellia. Thank you Yvonne!!!



Simone from BrainTrainerPlus visited our village and showcased the new version BrainTrainerPlus. Residents enjoyed it a great deal.

Thank you Simone for lending a machine for a trial period.



Happy Hour in French Style with yummy cheese platter and residents having fun with some French words and props.

Bon Appetit!!



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CROATIAN COFFEE CATCH UP



**Above:** We held the inaugural Croatian morning tea in the Tulip Room.

**Left:** Herm an and Gerda commenced with a lovely mini concert in both the Hall and Camellia and residents also had the chance to do some shopping.

THANK YOU



Yvonne was a keen participant in making home made bird feeders for the surrounding parks around the village.

The bird feeders were taken to the park next door and distributed by Yvonne and Jeanette.

