ABEL TASMAN

NEWSLETTER

JUNE 2023

ABEL TASMAN VILLAGE RECREATION PROGRAM
JUNE 2023

GENERAL MANAGER

Dear Residents and families,

We hope this newsletter finds you in good health and high spirits as we enter the month of June. As always, we have several exciting updates and important information to share with you regarding the happenings at Abel Tasman Village.

Abel Tasman Village and Federal Budget Updates:
June is budget time and, as always, a very busy and challenging time. There are many moving parts associated with putting together the facility budget, including an increase in clinical rosters as well as projecting all of the possible impacts on the day-to-day running of the facility. This is our focus.
We understand that the budget is of great interest and concern to our residents and their families. We are committed to providing transparency and ensuring that our residents receive the best possible care and support.
I have been working closely with the senior management team and the Treasurer of the Board to put this 2023-24 budget together. The final draft of the budget will be presented to the Board to approve for the upcoming financial year, focusing on continuing enhancing our services and maintaining the highest standards of care.

The Federal Budget has also outlined the key areas of improvement made to the aged care sector which include:
- Full funding of the 15% work value case
- Support at home deferral
- Increased indexation
- National conversation on consumer contributions
- Six months delay to reducing student visa holder working hours.

Other news, updates, and reminders:
Maria Fleisher (Acting Catering Supervisor) has resigned from the position. The GM has been playing an active role in reviewing the roster, menu, and meal planning as well as budgeting and ordering. A food focus meeting with the residents to discuss the winter menu has been held on a weekly basis and has proved a very successful improvement. This process has been successful in ensuring that ATV is able to listen to the consumer's direct requests and suggestions, as well as make significant changes to the winter menu in partnership between consumers and ATV. Peter Welfare (Australia food Safety First) has been assisting the General Manager with reviewing the winter menu and implementing changes discussed in the food focus meetings. The winter menu will be rolled out in the facility by June 2023.

Enterprise Bargaining Agreement (EBA) negotiations between ACCPA (ATV's peak advisory body) and the health Services Union are underway for staff at ATV. The notice of employee Representational Rights (NERR) has been sent to all staff at ATV, this will be followed by a draft of the new Template EA to the Union and any other nominated representatives and voting can begin.

In other news, ATV has been participating in KPMG "Coaching, Advice and Capability Building (Governing for Aged Care Reform)". This leadership program aims at working with the Governing Body and Executive Team to help embed learning and leadership in a way that is tailored to ATV needs. There are four coaching sessions to complete. The first two successful sessions were completed on the 8th of May and the 25th of May 2023. Thos has been an excellent, honest leadership team building tool and we are looking forward to the final two sessions. This opportunity came at the perfect time as the Board and the Senior Management are currently reviewing the Abel Tasman Village's strategic plan for the next 5 years.

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It's been a busy month for education and personal development for all at ATV. Staff training is also underway, the education calendar is almost complete. We will be kicking off the staff training schedules with the Annual mandatory training in June 2023, followed by a series of targeted training for each department. The RNs and the Senior management team have also been attending conferences and bringing back a wealth of knowledge to implement, especially with the changes and reforms that are coming up in the aged care sector.

Meditrax conference: Sophia, Harry, Vi, Yang & Kay

ACCPA conference: Jeremy, Harry, Margaret & Michelle

Social Calendar: Our activities team has put together an exciting social calendar for the month of June. Please refer to the attached calendar for a list of upcoming events.
Julie Wisniewski (accordionist) has been confirmed for the following dates and will be mainly performing in Camellia and in individual rooms:

- Thursday, 22nd June – 2pm to 3.30pm (play Croatian music and dressed up in Croatian colours)
- Thursday, 24th August – 2pm to 3.30pm
- Tuesday, 31st October – 10.00am to 11.30am (Halloween Theme)
- Thursday, 21st December – 10.00am to 12.00pm (Christmas Theme)
- Italian Independence Day is on 2nd June as a Happy Hour theme with Golden Memories Karaoke and making pizzas on Thursday, 1st June.

We will be celebrating Independent Croatian Independence Day on Thursday, 22nd June with Croatian morning tea followed with baking of Croatian Strudel with residents from Croatian background. The Coffeeshop will be decorated for Croatian event.

Feedback and Suggestions: We value your feedback and suggestions as we continuously strive to improve our services. If you have any ideas or concerns, please do not hesitate to reach out to our management team or complete my thoughts form, you can find this from places around the facility or download it from our website. Your input is highly appreciated.

I would like to extend our welcome to Mrs. Catherine Johansen and Mr. Raymond Ware to our ATV family. We hope you enjoy your respite stay with us here at ATV. Thank you to Mrs Judith Devenport's family for your short respite stay. I would like to give our condolences to Mr. John Ingram's friends and family, he will be missed. May he rest in peace.

We hope this newsletter provides you with valuable information about the aged care budget and our ongoing commitment to providing exceptional care and services. As always, we are here to support you and ensure your experience at Abel Tasman Village is positive and fulfilling.
Wishing you a joyful and memorable month ahead!

Kind regards,

Sophia Markwell
(General Manager)

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HOMECARE

ABEL TASMAN
A culture of care

Welcome June 2023

Here are the beautiful warm Australian winter days and cool evenings, scarves, hats, gloves and jumpers out of their boxes… the electric blanket and heaters that need to be carefully checked or serviced before using after being away in the cupboard and also, a perfect time of year for your smoke alarms to be checked and assessed by your family. Please also contact us to assist as you need.

Our meet and greet was not as successful on numbers but it was certainly a success to have had spent an open friendly discussion with some members of our clientele their representatives. Thank you so much Werner Streecker, Mira Dimo, Carmen Borg and Kay Trappett and our special guest speaker Lucy from OPAN. We urge you to engage with Abel Tasman Homecare for any future information sessions as they can be very important for some one-on-one conversations and important communications regarding your care and services.

With our hearts broken we pray and say goodbye to Helen Mavridis, may she rest in peace. Our dearest condolences to her extended family.
We welcome Mr William Fabian to our pool of clients. Our best wishes to Bernie Smith and Alan Woodhouse in their new homes and Catherine Johansen who is on a respite leave at present.
Please also welcome our new care staff recruitments Bethwel and Vicky who will be doing shadow work with our senior care workers. Great news! More details will be coming regarding our new care staff shortly.
The Aged Care Reforms changes:
1.- **Consumer Advisory Body:**
The establishment of a Consumer Advisory Body which must meet at least once a year from 1 December 2023.
2.- **The Work Value Case and the implications this may have on pricing of services:**
On 30th June 2023 the wage increase decided upon by the Fair Work Commission for aged care workers will be implemented. These changes may lead to a review in pricing for services as obviously our operational costs will increase. We will keep you updated as information comes to hand.

And finally, to **Gerrit Wassink** for June 13th - It isn't every day somebody turns a century old and I am thrilled to be able to wish you a very happy birthday… You are truly blessed. You have had 10 decades of beautiful memories!
With lots of love from Elizabett and the ATV family.
Other important birthdays in June:
1st Isabel Arellano, 15th Josef Jamsek & 16th Elba Lukacic

Information and enquiries regarding financial matters – please speak to Margaret Rusell on (02) 9645 3388 or to make a time for her to visit you.

Warm regards, Elizabett Fernandez

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Thursday	1	***Making Pizza*** ***Winter YouTube clips*** ***Card games***	Coffee shop Hall Hall	10.00am 10.00am 2.00pm
Friday	2	***Non-Denominational Service with Rev Dennis Muldoon*** ***Italian National Day*** ***Happy Hour***	Hall Hall	10.00am 2.00pm
Saturday	3	***Yahtzee with Effie*** ***Cutting fruits***	Hall Camellia Individual Rooms	10.00am 2.00pm
Sunday	4	***Family and Friends*** ***Visit Braintrainer Plus / Books / Board games***	Individual Rooms Tulip Room	All Day All Day
Monday	5	***Bowling Competition*** ***Scavenger Collages***	Hall Hall	10.30am 1.30pm
Tuesday	6	***Exercises with Physio*** ***Bingo with Corey*** ***Picture Bingo***	Hall Hall Camellia / Individual Rooms	10.15am 1.30pm 2.00pm
Wednesday	7	***Catholic Church Service*** ***Coffee Get Together*** ***Residents' Executive Meeting*** ***Meditation and Coffee catch up***	Hall Hall Coffee Shop Tulip Room	10.00am 10.30am 11.00am 2.00pm
Thursday	8	***Beer Brewing Bus Outing*** ***Making a Winter soup*** ***Baileys and Coffee***	Marrickville/Milperra Coffee shop Hall	10.00am 10.00am 10.00am
Friday.	9	***Non-Denominational Service with Rev Dennis Muldoon*** ***Happy Hour***	Hall Hall	10.00am 2.00pm
Saturday	10	***Bingo with Marja*** ***Guided Meditation***	Hall Camellia	10.00am 2.00pm
Sunday	11	***Family and Friends*** ***Braintrainer Plus***	Individual Rooms Tulip Room	All Day All Day

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Monday	12	***PUBLIC HOLIDAY KINGS BIRTHDAY*** ***Self-initiated Activities*** ***Royal set up in the Tulip Room*** ***Family & Friends Visits***		
Tuesday	13	***Exercises with Physio*** ***Bingo with Corey***	Hall Hall	10.00am 1.30pm
Wednesday	14	***Hairdressing Service*** ***Catholic Mass*** ***Coffee Get Together*** ***Residents Meeting*** ***Clothes Peg Game***	***Hairdressing Salon*** Hall Hall Hall Hall	9.00am 10.00am 10.30am 11.00am 1.30pm
Thursday	15	***Making Gluehwein and sharing stories*** ***Sewing Tablecloths***	Coffee shop Hall	10.00am 1.30pm
Friday.	16	***Non-Denominational Service with Rev Dennis Muldoon*** ***Happy Hour***	Hall Hall	10.00am 2.00pm
Saturday	17	***Bingo with Marja*** ***Preparing a soup***	Hall Camellia	10.00am 2.00pm
Sunday	18	***Family and Friends*** ***Braintrainer Plus***	Individual Rooms Tulip Room	All Day All Day
Monday	19	***Dutch Activities*** ***Sjoelbak Competition*** ***Short Stories & Jokes***	Tulip Room Hall Tulip Room	10.00am 10.00am 2.00pm
Tuesday	20	***Exercises with Physio*** ***Bingo with Corey***	Hall Hall	10.00am 1.30pm
Wednesday	21	***Catholic Church Service*** ***Coffee Get Together*** ***Food Focus group*** ***Money Ball Ping Pong Game***	Hall Hall Hall Hall	10.00am 10.30am 11.00am 1.30pm
Thursday	22	***Croatian Independence Day*** ***Croatian Consumer Catch Up*** ***Target Games*** ***Odd Word Game*** ***Julie Wiesniewski Accordion***	***Coffee Shop*** ***Hall*** ***Hall*** ***Camellia/Individual Rooms***	10.00am 10.00am 1.30am 2pm-3pm

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DAY	DATE	*ACTIVITY*	VENUE	TIME
Friday.	23	***Non-Denominational Service with Rev Dennis Muldoon*** ***Happy Hour***	Hall Hall	10.00am 2.00pm
Saturday	24	***Bingo with Marja*** ***Creative Art***	Hall Camellia	10.00am 2.00pm
Sunday	25	***Family and Friends Visit Braintrainer Plus***	Individual Rooms Tulip Room	All Day All Day
Monday	26	***Tennis Competition*** ***Pick-a-Box/Who Am I?***	Hall Coffee Shop	10.00am 10.00am
Tuesday	27	***Exercises with Physio*** ***Bingo with Corey***	Hall Hall	10.00am 1.30pm
Wednesday	28	***Catholic Church Service*** ***Coffee Get Together*** ***Individualised Activity***	Hall Hall Individual Rooms	10.00am 10.30am 1.30pm
Thursday	29	***Monthly Birthday Party with George Washingmachine*** ***Sjoelbak Competition***	Hall Hall	10.00am 1.30pm
Friday.	30	***Non-Denominational Service with Rev Dennis Muldoon*** ***Happy Hour***	Hall Hall	10.00am 2.00pm

Breakfast: 8.00am
Morning Tea: 10.00am
Lunch: 12.00pm
Afternoon Tea: 3.00pm
Dinner: 5.00pm

Pension Days: 1st, 15th and 29th June 2023
Podiatrist: 13th and 27th June 2023

JOSEPHINE PASSCHIER 7th
ANKA KOCIJAN 8th
MARIA LAWDOR 12th
MICHAEL KING 13th
CORRIE ANDERSON 13th
JUNE BUTTERWORTH 14th
KRYSTYNA JANKOWSKA 19th
MARY WALDRON 24th
SILVIO ISKRA 29th

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Dodenherdenking and Bevrijdingsdag were both commemorated on 4th and 5th May.

Above Left: "Meet and greet" morning tea with our lovely HCP clients.

Above Right: A weekly Food Focus Meeting was held each Wednesday morning in May

International Nurses Day was celebrated with a delicious cake, a speech by Sophia, poetry reading, and fun games. Each nurse received a Nurse's pouch.

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Above: International Volunteer's week was celebrated with yummy cupcakes, a lovely poem read by Sophia and thank you speech by Josephine.

Below: A great Mothers' Day concert with high tea and beautiful individualized bags designed by Effie

Below: Coronation Day celebrated both in Camellia and in the Hall. Looking great Queen Hendrika and King Slavko!!!