



ABEL TASMAN

NEWSLETTER
MARCH 2023



GENERAL MANAGER



Welcome to the March 2023 Newsletter everyone.

I'm happy to report that there have been no further COVID-19 outbreaks since the last report. Residents got some well-deserved respite and enjoyed group activities, church services and outings to the shopping centre. Please see what the lifestyle team have in store for the residents in this month's activity calendar.

It was a busy month for the management team and the Homecare Department. The ACQSC (Aged Care Quality and Safety Commission) completed a Quality Audit for HCP. This was held on the 20th – 22nd of February 2022. ATV received the notice on the 24th of January which allowed the management team to have enough time to prepare for the audit. Unlike the RACF (Residential Aged Care Facility) the auditors can turn up anytime, any day, to conduct a 3 day audit of the facility.

Three assessors were present for the audit and fortunately for us, one of the assessors was observing only. We felt that the initial feedback at the exit meeting on the 22nd was quite positive. The assessment team commented on the great relationship between Elizabeth and our consumers, the consumers with HCP staff as well as a management team. They also commented on the support and involvement of the Abel Tasman Management Team. The final report will take a couple of weeks as it must be reviewed by a decision maker and any issues identified. Abel Tasman will have two weeks to respond.

Just to keep us on our toes, ATV received an unannounced visit on the 23rd of February from the Aged Care Quality and Safety Commission for our Infection Control practices. The audit mainly focused on our infection control policy and our Outbreak Management Plan. A copy of our "Outbreak Management for Acute Respiratory Infection" was requested to be sent to the Commission as part of the audit. We also felt that the initial feedback at the exit meeting was positive. Some recommendations were provided to us to review in our Outbreak Management for Acute Respiratory Infection plan and our Continuous Improvement Plan which we will update in our next OMT meeting.

Unfortunately, our Catering Supervisor Maria will be stepping down from her role as at the end of the month. ATV is actively looking to fill the position of the Catering Supervisor. ATV also had another resignation from Jasmine, the RN who recently joined at the end of January. She has decided to take on a role in the hospital environment instead. Interviews have commenced to fill the RN role this week.

I would like to extend our welcome to Mr. David Lind to our ATV family. We hope you enjoy your respite stay with us here at ATV. I would like to extend our condolences to families and friends of Mrs. Norma Galliani, Mrs. Elizabeth Zentveld, Mr. Adrianus Cas and Mr Ibraheem Al-Ani. You will be deeply missed. May you rest in peace.

A quick note to remind all residents and families of the upcoming 2023 NSW State Election on the 25th March. Preparation is on the way for residents to be given the opportunity to vote. Staff will be coming around over the next few weeks to assist with the process e.g. electoral roll and postal voting. It would be great if families can assist us with the process! If you know your loved one wishes to participate, please let us know and assist us with completing the form.

On a last note, there has been a large volume of requests from residents wanting to go out on bus outings. The Lifestyle Department have been working hard to ensure the bus outing returns to schedule and is reviewing venues to include all residents. Once a resident is confirmed to take part in the outing, you will receive a phone call from either Katja or Noreen for verbal consent and to confirm the cost of the trip. Any outstanding payments will be added together with the ATV statement for payments. Any questions, please don't hesitate to call us in the office.

Kind regards,

Sophia Markwell

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HOMECARE



ABEL TASMAN
A culture of care

WELCOME - مرحباً March 2023

Your courageous Home Care Coordinator is back on board as most of you know! 😊

A big thank you to Michelle Axford for assisting you, clients and staff while I was absent. Michelle has become familiar with you and further updates about her support to the Home Care Coordinator will be related to you shortly.

For me, it was a good time to get back straight into the ACQSC (Aged Care Quality and Safety Commission), Quality Audit for HCP. ATV's Management Team and the Home Care Team had worked arduously through this busy time.

The process began with a phone - video call with the assessors, myself and the ATV Management Team which started on Monday 20th followed by the onsite visits for two days on the 21st & 22nd of February. In addition to this several contact phone calls were made to clients/representatives and care staff.

Thank you so much to all of you that has shared feedback to the assessors! I am so grateful and very happy to have had such great positive feedback from all of you! I believe that the care staff are so important as much as my job is. To all care staff - I can't thank you all enough for their care, professionalism and commitment.

I will let you all know about the final report as soon as possible. I am positive that HCP can take on any recommendations if there are any from ACQSC.

Advance Care Planning is taking a big part in the strengthening of clinical governance for Homecare. Registered nurse Yang and I will be having those conversations with you. Attached with the newsletter are some pamphlets and further information regarding Advanced Care Planning. If you feel this communication needs to be translated for your convenience, please let us know.

With our hearts open we welcome back our fearless care worker Karen Donkervoort, WELCOME BACK! Cecilia Segarra and Johanna Claassens were some of our long-standing home care clients who are moving into the residential care and their family and representatives are grateful for the amazing care and support they have had over the years with us. They are going to be missed and will always have a place in our heart. Catherine Johansen's granddaughter Diane sent her gratitude to all care staff noting - 'they all are amazing'. Thank you Diane!

The updated Home Care Packages Program Manual for Care Recipients are available here from the Department of Health & Aged Care, <https://www.myagedcare.gov.au/sites/default/files/2023-01/operational-manual-for-home-care-package-consumers.pdf> a hard copy available from us if required, please let us know. The manual contains all information about your coordinated support plan at home.

A Homecare information evening is to be pencilled in for the month of April. An invitation will be sent separately.

Easter break is coming along very fast so please let us know your preferences as public holidays are from April Friday 7th until Monday 10th.

Homecare's updated Accident/Incident forms have been delivered to you. Please keep them handy. The purpose of those forms are to capture any accidents/incidents that occur outside our service delivery. If you need assistance to fill them out, please discuss with care staff.

Apologies to Mr Dimo and other clients for not having their details on previous newsletter.

Best birthdays wishes to: Johanna Claassens 5th, Karen Donkervoort 10th, Eduarda Roggeveen 13th, Elizabett Fernandez 23rd and Robyn King 26th

Please also note daylight savings is Sunday, 2nd April.

Warm regards,

Elizabett Fernandez

**ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	1	Catholic Mass with Father Edmund Coffee and Chat Residents Executive Meeting The Juicing Bar	Hall Hall Coffee Shop Hall	10.00am 10.30am 11.15am 2.00pm
Thursday 	2	Physio Group Exercises This Day in History Shuffleboard or Decorating	Hall Hall Hall	10.00am 11.00am 1.30pm
Friday 	3	Coffee and Reminiscing Maltese Treasure Hunt Armchair Travel To Malta	Hall Coffee shop/Garden Hall	09.30am 10.15am 2.00pm
Saturday 	4	Yahtzee with Effie St. Patrick's Day Craft Family/Friends Visits Movie Resident Choice	Hall Hall Individual rooms Hall	10.00am 11.00am 2.00pm 1.30pm
Sunday 	5	Braintrainer Plus Movie Residents' Choice Family/Friends Visits	Tulip Room Hall Individual Rooms	All Day 1.30pm
Monday 	6	Volleyball/Tennis Comp Whiteboard Games Hollywood Bingo and Oscars	Hall Hall Hall	10.00am 11.00am 1.30pm
Tuesday	7	Physio Group Exercises Bingo with Corey	Hall Hall	10.00am 1.30pm
Wednesday 	8	INT. WOMEN'S DAY Breadmaking Coffee Get Together Catholic Mass Resident Meeting Women's Day High Tea and Slideshow	Hall Hall Hall (on Screen) Hall Hall	9.00am 9.30am 10.00am 11.00am 1.30pm
Thursday 	9	Shopping at 't Winkeltje and Morning Tea Physio Group Exercises Tenpin Bowling	Smithfield Hall Villawood	9.30am 10.00am 2.00pm
Friday 	10	Social Morning Tea Non-Denominational Service/Morning tea Tai Pak Chinese Lunch Happy Hour with Irish Coffee	Hall Hall Dining Room Hall	9.30am 10.00am 12.30pm 2.00pm
Saturday	11	Bingo with Effie Movie Residents' Choice	Hall Hall	10.00am 1.30pm

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		<i>Family and Friends Visit</i>	Individual Rooms	
DAY	DATE	ACTIVITY	VENUE	TIME
Sunday 	12	BrainTrainerPlus Family and Friends Visit Movie Residents' Choice	Tulip Room Individual Rooms Hall	All Day 1.30pm
Monday	13	Move and Groove St Patricks Quiz & Bingo	Hall Hall	10.00am 1.30pm
Tuesday	14	Exercises with Physio Bingo with Corey	Hall Hall	10.00am 1.30pm
Wednesday 	15	HAIRDRESSER Catholic Mass with Father Edmund Coffee and Chat St Patricks Day Table Game or assisting with Postal Votes TBC	Hair salon Hall Hall Hall	9.00am 10.00am 10.45am 1.30pm
Thursday	16	Exercises with Physio Board Games Bus Outing The Fiddler	Hall Hall Rouse Hill	10.00am 1.30pm 5.00pm
Friday 	17	Irish Bowling Irish Happy Hour with Irish Iced Coffee and Whisky tasting	Hall Hall	10.00am 2.00pm
Saturday 	18	Yahtzee with Effie followed by Greek Craft Movie Residents' Choice Family and Friends Visit	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday 	19	Braintrainer Plus Movie Residents' Choice Family and Friends Visit	Tulip Room Hall Individual Rooms	All Day 1.30pm
Monday 	20	Dutch Activities Table Bobs Competition Golf Competition	Tulip Room Hall Hall	10.00am 10.00am 1.30pm
Tuesday	21	Exercises with Physio Whiteboard Games Bingo with Corey	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	22	Catholic Mass in English Coffee/Get Together Greek Craft	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday 	23	Greek Taste Testing and Greek Karaoke Making and Tasting Greek Skewers	Hall Hall	10.00am 2.00pm

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Friday 	24	<i>Making Greek Salad Greek Themed Concert with Annette</i>	Coffee shop Hall	10.00am 2.00pm
DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	25	<i>GREEK INDEPENDENCE DAY Decorating Easter cups with Effie Movie Residents' Choice Family and Friends Visit</i>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday 	26	<i>BraintrainerPlus Movie Residents' Choice Family and Friends Visit</i>	Tulip Room Hall Individual Rooms	All Day 1.30pm
Monday	27	<i>Move and Groove Sorting Easter Decoration and Decorating</i>	Hall Hall	10.00am 02.00pm
Tuesday	28	<i>Exercises with Physio Whiteboard Games Bingo with Corey</i>	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	29	<i>HAIRDRESSER Catholic Mass in English Coffee/Get Together Making Palm Sunday Decoration</i>	Hair salon Hall Hall Hall	9.00am 10.00am 10.45am 2.00pm
Thursday 	30	<i>BIRTHDAY PARTY WITH STAN ELLIS Decorating and Planting Easter Grass</i>	Hall Hall	10.00am 2.00pm
Friday 	31	<i>Social Morning Tea Non-Denominational Service with Rev Dennis Muldoon Online Tablet Games Happy Hour</i>	Hall Hall Hall Hall	9.30am 10.00am 11.00am 2.00pm

Breakfast: 8.00am
Lunch: 12.00pm
Dinner: 5.00pm

Pension Days: 9th and 23rd March 2023
Podiatrist: Wednesday, 6th and 21st March 2023

March Birthdays 2023

MARJORY MOLLOY 6TH	YVONNE ASHTON 9TH
ALT VAN DER MEER 26TH	GODWIN GERADA 28TH
IVKA ORMUS 30TH	JOHANNA CLAASSENS 05th

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Love was in the air during the Valentine's Day celebration with both residents and staff having fun getting dressed up. Yummy waffles were served and off course chocolates and red roses were handed out. We all had fun posing for the photos. One group of residents made lovely handmade cards



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ABOVE: Residents together with Effie made beautiful masks in readiness for celebrating Carnival. The masks looked splendid and each mask was individual.

BELOW: Shrove Tuesday was marked with delicious pancakes, a pancake flipping and throwing competition and finished with a word game.



BELOW: Deacon Toetu conducted a special Communion Service for Ash Wednesday and applied Ash on both residents' and staff foreheads. He visited residents in their units and residents in Camellia. It was his first visit to the village and hope to see him once again in the foreseeable future.

