



ABEL TASMAN

NEWSLETTER
FEBRUARY 2023



ABEL TASMAN VILLAGE RECREATION PROGRAM
FEBRUARY 2023

FROM THE GENERAL MANAGER



Welcome to the February 2023 Newsletter everyone.

For those of you who have children/grandchildren in school, are we relieved that school is back? Best of luck to those who have kids starting in kindy, Years 7 & 12! A great milestone for them.

We are happy to report that ATV has had no further COVID-19 outbreaks since declared over on the 7th of January, only 3 residents affected by this outbreak. This was a great result and a big thank you all staff, residents, and representatives for keeping the numbers low.

Unfortunately, the COVID-19 outbreak is a part of day-to-day life for staff and residents. Fortunately, the staff is becoming more efficient and proactive in managing the outbreaks effectively and minimising the spread. The Public Health Unit has also taken notice of this and has congratulated the staff and management team on the impressive results in handling the COVID-19 outbreaks.

PPE practices have been reviewed by the OMT (Outbreak Management Team) and we are happy to announce from 1st February, ATV will be downgrading existing PPE from during the non-outbreak period to surgical masks and goggles (for those who do not wear glasses). This has been welcomed by all staff and residents. The balance between relaxing these protocols and continuing to keep your loved ones safe is a delicate one.

All the Management Team is back on deck and I am happy to announce that we have had success in recruiting staff in the Clinical, Catering, and Admin Department. I know there are a lot of unfamiliar faces to get to know but please give the new staff members a chance to get to know you and for you to get to know them. Staff members who have commenced since December 2022 are listed below. Welcome to the ATV family.

Admin: Tracy

PCA: Binita, Cyintia, Delvine, Jackline, Jenny, June, Mirella, Nicole, and Shadhani

Catering: Mairlyn and Diana

I would like to introduce you to the two new RNs (Registered Nurse) who started with ATV at the beginning of the month.



Please meet Jasmine (RN)
(photo on the left)



Please meet Karen (RN)
(photo on the Right)

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I would like to extend a warm welcome to Mrs Johanna Rasker and Mrs Johanna Claassens and hope you enjoy your respite with us here at ATV. I would like to extend our condolences to families and friends of Mr Cornelius Merckx and Mrs Carol Wood, you will be deeply missed. May you rest in peace.

I would also like to bid farewell to our lovely Volunteer and Pastoral Carer Clara Kempers who has been with us since 1994. Thank you so much Clara for the dedication and love you have for both residents and staff. We will miss you dearly and hope you enjoy your retirement. Please keep an eye out for the article published in the "Torch" newspaper this week regarding Clara's farewell and her dedicated service at ATV.

A quick note regarding what is happening in the Catering Department. The new menu for summer will be starting in the week beginning 20th February 2023. The Catering Supervisor (Maria) will be conducting a Taste Testing Session in the Hall on Wednesday, 8th February at 2.00pm.

There will be a total of 6 dishes for the Taste Testing and they are as follows:

Mains: Veal Schnitzel with Gravy AND Sweet and Sour Pork

Dessert: Creamy Fruit Salad AND Mango Graham Float

Hot Meal: Pork Buns AND Chicken Dimsum

We are just working on the final details and will have it out for you to have a look at and review. Any suggestions for the menu, please see Maria our Catering Supervisor in the kitchen.

On a last note, the new "Code of Conduct" for Consumers came out late last year. The Code aims to support your rights to personal choice, dignity and respect, promote kind, honest, and respectful behaviour and keep you safe from harm.

All Staff have been informed and have been made aware of this Code of Conduct and any breaches of this Code of Conduct can lead to a disciplinary action or termination of employment.

Please view the "Code of Conduct" information sheet online for your reference.

<https://abeltasman.com.au/wp-content/uploads/2023/02/Code-of-Conduct-for-Aged-Care-A-resource-for-aged-care-consumers.pdf>

Happy Lunar New Year and have a lovey Valentine's Day for Tuesday, 14th February 2023.

Kind Regards,

Sophia Markwell
General Manager

HOME CARE



Welcome – Bienvenido: February 2023

Hello and welcome to the ATV Homecare article for the February newsletter.

It has been a bit of a topsy turvy month with Elizabett on leave, returning on 30th January 2023. Many thanks to the team, particularly Michelle Axford, for assisting Homecare Clients and staff during this time.

As part of the recommendations from the Royal Commission, pricing for homecare package care and package management fees have been reviewed by the Department and caps have been set as of 1st January 2023. This means that your care management fees will reduce from 1st January 2023. A separate letter has been sent to all Homecare Consumers explaining the changes. We remain available to you to discuss these changes if you need to ask anything.

We are planning to hold a Homecare Information Evening in the next month or two to give our Consumers information in relation to the aged care reforms and changes we can be expecting in the homecare space. Stay tuned for your invitation!

We have also received notification from the Aged Care Quality and Safety Commission that our accreditation visit will be conducted on 21st and 22nd February 2023. Consumers will have the opportunity to be able to speak with the assessors if they wish. Accompanying this newsletter is the notice from Commission and the details for booking a time with the assessors.

As previously explained to you, our software system for the provision of your monthly statement has undergone a complete audit and review. The issues we were experiencing with the integrity of the data which affected our ability to provide you with accurate statements now appear to have been fixed. We apologise for the frustration this has caused you. We certainly did not want to send out incorrect information. We are hoping that statements will now be totally accurate. Of course, if you notice a discrepancy, please contact us immediately for rectification of the issue.

We sadly said farewell to Elizabeth Oonk in the month of January. We send our sincere condolences to Elizabeth's family and friends. Several clients are also in hospital or on respite and we wish them all well.

Warm regards,

Elizabett

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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	1	<i>Hairdresser Service</i> <i>Catholic Mass with Father Edmund</i> <i>Resident's Executive Meeting</i> <i>Chinese Koi Fish Painting</i>	Hairdresser Salon Hall Coffee Shop Hall	9.00am 10.00am 11.00am 2.00pm
Thursday	2	<i>Exercises with Physio</i> <i>Sjoelbak Competition</i>	Hall Hall	10.00am 2.00pm
Friday 	3	<i>Non-Denominational Service with Rev Dennis</i> <i>Happy Hour - Chinese Themed</i>	Hall Hall	10.00am 2.00pm
Saturday	4	<i>Yahtzee with Effie</i> <i>Movie Resident Choice</i> <i>Family/Friends Visits</i>	Hall Hall Individual Rooms	10.00am 1.30pm 2.00pm
Sunday 	5	<i>Braintrainer Plus</i> <i>Concert on Television</i> <i>Residents' Choice</i> <i>Family/Friends Visits</i>	Tulip Room Hall Individual Rooms	All Day 1.30pm 2.00pm
Monday	6	<i>Tenpin Bowling Competition</i> <i>Chinese Lunch Outing</i>	Hall Chester Hill	10.00am 12.00pm
Tuesday	7	<i>Exercises with Physio</i> <i>Chinese & Number Bingo</i>	Outdoor Hall	10.00am 1.30pm
Wednesday 	8	<i>Catholic Mass</i> <i>Coffee Get Together</i> <i>RESIDENT MEETING</i> <i>Summer Menu Taste Testing Session</i>	Hall (on screen) Hall Hall Hall 	10.00am 10.30am 11.00am 2.00pm
Thursday 	9	<i>Morning Tea Gathering</i> <i>Chinese Dancing</i> <i>Performance with Ping</i> <i>Walking group to the park</i> <i>Kite and Airplane model flying or decorating for Valentine's Day</i>	Hall Meet up in front of the coffee shop Hall	10.00am 2.00pm 2.00pm
Friday 	10	<i>Non-Denominational Service/Morning tea</i> <i>Happy Hour - Dress in Red</i>	Hall Hall	10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	11	Bingo with Effie Creating a Valentines display Relaxation clips Residents' Choice Family and Friends Visit	Hall Hall Hall Individual Rooms	10.00am 11.30am 1.30pm 2.00pm
Sunday 	12	BrainTrainerPlus Movie Residents' Choice Family and Friends Visit	Tulip Room Hall Individual Rooms	All Day 1.30pm 2.00pm
Monday 	13	Creating Valentine's/ Friendship Cards Valentine Target Game	Hall Hall	10.00am 2.00pm
Tuesday 	14	Be my Valentine Morning Tea Waffle baking with Cherrie compote "Hot Love" Valentines Bingo with Corey	Hall Hall	9.30am 1.30pm
Wednesday 	15	Hairdresser Service Catholic Mass with Father Edmund in Polish Coffee and Chat Making Carnival Masks	Hairdresser Salon Hall Hall Hall or Outside	9.00am 10.00am 11.00am 1.30pm
Thursday 	16	Bus Outing Chinese Gardens Nurragingy Reserve Exercises with Physio Coffee and Bailey's and Who Am I Card Game	Meet up in front of the Coffee shop Hall Hall	9.30am 10.00am 1.30pm
Friday 	17	Non-Denominational Service with Rev Dennis Muldoon Happy Hour – Carnival Dress up	Hall Hall	10.00am 2.00pm
Saturday 	18	Yahtzee with Effie Concert Residents' Choice on Television Family and Friends Visit	Hall Hall Individual Rooms	10.00am 1.30pm 2.00pm
Sunday 	19	Braintrainer Plus Movie Residents' Choice Family and Friends Visit	Tulip Room Hall Individual Rooms	All Day 1.30pm 2.00pm
Monday 	20	Volleyball/Tennis Comp Table Games Putt Putt Competition	Hall Hall Outside the Hall	10.00am 11.30am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday 	21	Shrove Tuesday Shrove Tuesday Pancake Making and Tasting Bingo with Corey	Hall Hall	9.30am 1.30pm
Wednesday 	22	ASH WEDNESDAY Catholic Mass in English Coffee/Get Together Shopping	Hall Hall Bass Hill Plaza	10.00am 10.30am 12.00pm
Thursday 	23	Birthday party with Entertainer Amanda Flower Arrangements	Hall Hall or Garden Weather permitting	10.00am 2.00pm
Friday 	24	Non-Denominational Service with Rev Dennis Muldoon Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	25	Bingo with Effie Movie Residents' Choice Family and Friends Visit	Hall Hall Individual Rooms	10.00am 1.30pm 2.00pm
Sunday 	26	BraintrainerPlus Movie Residents' Choice Family and Friends Visit	Tulip Room Hall Individual Rooms	All Day 1.30pm
Monday 	27	Dutch Activities Target Games Table Games	Tulip Room Hall Hall	10.00am 10.00am 1.30pm
Tuesday	28	Exercises with Edward Bingo with Corey Individual Care	Hall Hall Village	10.00am 1.30pm Afternoon

Breakfast: 8.00am
Lunch: 12.00pm
Dinner: 5.00pm

Pension Days: 09th and 23rd February 2023
Podiatrist: Tuesday, 14th and 28th February 2023

Family & Visitors Lunch Meal \$7.00

Please let the kitchen know the day before or 9.00am that morning if you require a meal for a visitor and also inform kitchen supervisor if you will not be at lunch or dinner.

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February Birthdays 2023

ZVONIMIR OPAT	4TH	PATTIE FARLEY	4TH
PETER WILSON	5TH	EDWARD DEER	16TH
STACEY OBALKA	17TH	SLAVKO MANDARIC	27TH



Residents and staff celebrated the start of 2023 with a wonderful concert with Miss Eleni and there was lots of laughter when the "canons" were blasted into the audience.



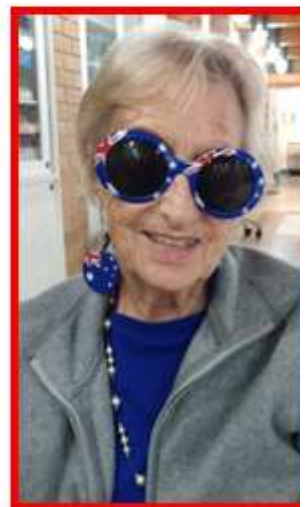
Marja (volunteer) made this wonderful Diamond Painting which is 50 x 50 in size and has a whopping 28 colours. It took her a month to complete and we are very grateful for this beautiful piece of art.

It will be on display for each Wednesday church service and for our upcoming Valentine's Day. Thank you Marja!!!!

On the right are Janet and Julie who are from Sefton Parish and have been assisting Clara each Wednesday. Clara recently celebrated her 80th birthday.



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CLARA'S FAREWELL



We celebrated Clara's Farewell on Wednesday, 25th January with a lovely mass and morning tea.



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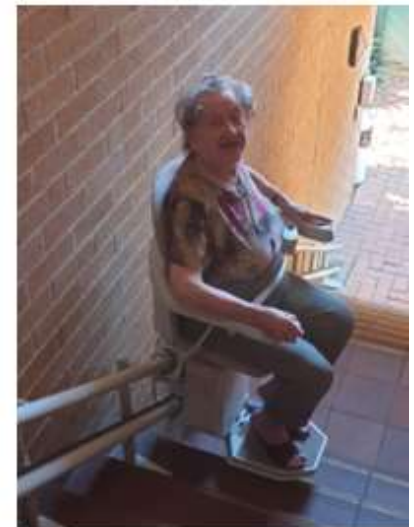
The Lifestyle Department is seeking donations of baby clothing and handbags. Please leave it with RN on Duty if you are able to assist.



Krystyna and Josephine are both over the moon with the brand new chairlift.

A big thank you to the Board and Management for installing this chairlift its very much appreciated.

Josephine is on the left and Krystyna is pictured on the right.



We received a wonderful donation of 5 beautiful jigsaw puzzles from Mrs Wilson during the month of January.

Josephine who is pictured in the photo has already completed one and is eager to commence the second jigsaw.

what's happening

In consultation with residents we will recommence with shopping once per month. The first shopping outing is to Bass Hill Plaza on **Wednesday, 22nd February** and this will also include going out for lunch.

To coincide with Chinese New Year we have organized a lunch outing to the local Chinese Restaurant on **Monday, 6th February** at 12.00pm. Another group will be visiting the Chinese Gardens at Blacktown on **Thursday, 16th February**.