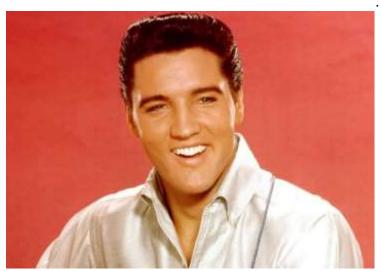


NEWSLETTER JANUARY 2023





FROM THE GENERAL MANAGER





Welcome to the January 2023 newsletter everyone and welcome to the new year!

December saw us with two outbreaks at Abel Tasman. The first outbreak was from 10/12/22 - 23/12/22. I am very happy to report that we were able to contain the 7 cases without further spread. Once again, a huge thank you to the residents and relatives for your part in assisting in ATV containing the virus as well as your patience, understanding and support. To all the staff, thank you all for your hard work and dedication to ATV and also your diligence with the gowns, face shields and N-95 masks. I know it isn't easy, but you all do it with

such grace and professionalism. Thank you.

Unfortunately, a second outbreak has now been alerted to us by clinical staff on 28/12/22. As at the time of writing, there are two cases and we are hopeful to contain the outbreak only to these residents. We wish them both well. We will continue to communicate with residents, families and representatives regarding this latest outbreak.

Abel Tasman will endeavor to assist families and friends who wish to visit loved ones during outbreaks whilst following the Department of Health guidelines for safe infection control practices. We thank you for your patience during our testing of residents onsite. Visiting, on occasion, may be suspended to allow for complete testing of all residents. We understand this is frustrating for visitors but assure you we expedite our testing processes as quickly as we can to allow visiting to re-open.

It appears that a majority of our outbreaks have occurred after resident outings in the community. This highlights the need for absolute vigilance when taking residents out. Appropriate mask wearing and infection control practices such as hand sanitizing are highly recommended. We would also suggest families monitor themselves for any symptoms, no matter how minor, and test if they feel unwell prior to visiting or taking a resident out.

Despite outbreaks in December, lifestyle activities continued with great enthusiasm. The lead up to Christmas was filled with lots of fun times. Congratulations to the activities team who have managed to adapt their program in such a positive manner, under challenging circumstances. Please review the rest of the newsletter to see all the wonderful activities held in December and planned for January 2023.

We have been in touch with you regarding recent reforms in the aged care industry. In particular, the staff Code of Conduct is now in place and this has been sent onto residents and representatives. In the Homecare space, the Serious Incident Response Scheme has now been extended into home services. In addition, we will be holding an information evening for homecare clients and representatives in February 2023 to go through the latest reforms. Please refer to the Homecare section of the newsletter for further information.

We welcome to the ATV family, Patricia Allan. We hope that Patricia finds ATV her home away from home. We were very sad to farewell Joan Hughes and Elizabeth 'Connor in December 2022. Our heartfelt condolences go to their families and friends.

We are looking forward to celebrating the beginning of a new year. We are hopeful that it is another great year for ATV. We hope you enjoy a safe and fabulous New Year and Australia Day!

Kind regards,

Sophia Markwell General Manager

HOMIECARE





WELCOME - Wominjeka: ganuary 2023

A warm welcome to 2023! Hopefully a new year ahead full of hope, positive change, health and happiness.

Abel Tasman Homecare and Management are still working very hard during the summer break to provide unaffected client services. COVID related sick leave and annual leave certainly put pressure on rostering this time of year and we thank you for your patience.

Abel Tasman Homecare and Management also continue to work on communicating with you and your representatives regarding the Federal Government reforms in Aged Care (including Homecare) and other important changes and dates to note. These may be mailed, emailed or delivered by hand to you and relate to:

- The SIRS (Serious Incident Response Scheme)
- Code of Conduct for all aged care workers
- Strengthening framework for consumer package inclusions and exclusions
- Updated Abel Tasman Consumer Handbook
- Updated Incident and Accident Forms for consumers
- Changes to management fees in line with legislated maximum amounts to be charged
- February 2023 Consumer and their representative's information night (details to follow)

Our Homecare staff will be conducting mandatory training for SIRS this month to assist in strengthening our governance and, your care. This important training will be held on 12th January 2023. Rosters may need to be adjusted for this day to ensure staff can attend.

We hope that you have a chance to enjoy the beautiful Australia Day celebrations on Thursday January 26th! There is often excellent concerts and TV coverage on the day, or local events that are lots of fun. Please note that this is a public holiday, and our staff roster may be affected. We send our best wishes and love to Homecare staff member Karen Donkervoort and hope she gets well soon.

We also remind you that COVID is still actively transmitting in the community. Please protect yourselves by wearing a mask in public spaces and maintaining good hand hygiene.

We remind you to remain 'hot weather prepared' this summer. This may include in very hot/extreme weather:

- Drawing your curtains or blinds in the hot part of the day
- Keeping hydrated
- Using air con if you have it or a cool, damp towel on your neck
- Staying in touch with family, friends or Abel Tasman Homecare
- Listening to the ABC for emergency updates
- Calling the SES on 131 500 or 000 in an emergency

Our consumer birthdays this month are January 10th - Tatiana Pawloff, January 22nd - Samira Arsanious

We wish you all the best! Elizabett, Margaret and Sophia of Abel Tasman



DAY	DATE	ACTIVITY	VENUE	TIME
Sunday	1	New Year Kits available on request	Individual Rooms	All Day
		Family Visits	Individual Rooms	2.00pm
Monday	2	PUBLIC HOLIDAY		·
		Australian Activity Kits Upon Request	Individual Rooms	All Day
Tuesday	3	Group Exercises with Tracey	Hall	10.00am
		New Year Day Pick-A-Box	Hall	11.30am
		Bingo with Corey	Hall	1.30pm
Wednesday	4	Catholic Mass with Father Edmund	Hall	10.00am
#		Morning Tea	Hall	10.30am
<u> </u>		Ice Cream Social	Hall	1.30pm
Thursday	5	Lifestyle Staff Planning Day	All Day	
		Exercises with Physio	Hall	10.00am
		Golf Game with Bill	Hall	1.30pm
Friday	6	Non-Denominational Service	Hall	10.00am
		with Reverend Dennis Muldoon	 Hall	11.00am
		Morning Tea	Hall	
	_	Happy Hour		2.00pm
Saturday	7	Yahtzee	Hall	10.00am
Your off		Pamper and Massage with Effie	Individual Rooms	1.30pm
man fres		Family Visits	Individual Rooms	2.00pm
Sunday	8	Family Visits	Individual Rooms	2.00pm
Monday	9	Elvis Presley Trivia/Treasure	Throughout the	All Day
		Hunt	Village in own time	
120		Elvis Presley	Hall	10.00am
		Presentation/Trivia Elvis Music Quiz and American Afternoon Tea	Hall	2.00pm
Tuesday	10	Group Exercises with Edward Bingo with Corey	Hall	10.00am
Wednesday	11	Communion Service with Clara	Hall	10.00am
War Alexander		Morning Tea	Hall	10.30am
Vonantoning		Guess my Career	Tulip Room	2.00pm
Thursday	12	Group Exercises with Edward	Hall	10.00am
		Packing up Christmas Decorations	Entire Village	All Day
Friday	13	Non-Denominational Service	Hall	10.00am
		with Reverend Dennis Muldoon		
		Morning Tea	Hall	11.00am
		Happy Hour	Hall	2.00pm
Saturday	14	Bingo with Marja	Hall	10.00am
0.00		Arts and Craft with Effie	Hall	1.30pm
34,5%		Family Visits	Individual Rooms	2.00pm
Sunday	15	Family Visits	Individual Rooms	2.00pm

DAY	DATE	ACTIVITY		TIME
Monday	16	Dutch Group Activity	Tulip Room	10.00am
,		Sjoelbak Competition with Bill	Hall	10.00am
		Famous Australian	Hall	1.30pm
		Sportspeople – Who Am I?		1
Tuesday	17	Group Exercises with Edward	Hall	10.00am
,		Bingo with Corey	Hall	1.30pm
Wednesday	18	Catholic Mass with Father	Hall	10.00am
A		Edmund		
		Morning Tea	Hall	10.30am
0000		Cruise Ship Target Game	Hall	1.30pm
Thursday	19	Monthly Birthday Party	Hall	10.00am
aigt Boat		With Greg Dimmock		
报本者 二		Shuffleboard	Hall	1.30pm
				•
Friday	20	Non-Denominational Service	Hall (via Zoom)	10.00am
TO THE PARTY		with Reverend Dennis Muldoon		
Aller Aller		Morning Tea	Hall	11.00am
HOUR		Happy Hour	Hall	2.00pm
Saturday	21	Yahtzee	Hall	10.00am
Yahtzee		Creative Painting	Hall	1.30pm
		Family and Friends Visit	Individual Rooms	2.00pm
Sunday	22	Family and Friends Visits	Individual Rooms	2.00pm
Monday	23	Boomerang/Thong	Hall	10.00am
A A A		Throwing/Yabbie Competition		
THE REAL PROPERTY.		Damper Baking	Hall	11.30am
		Aussie Slang, Aussie Jokes,	Hall	1.30pm
		Pick-A-Box and Damper for		
		Afternoon Tea	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
Tuesday	24	Koala Walking Treasure Hunt	Village Gardens Meet	9.00am
			in front of Coffee	
			Shop	40.00
		Group Exercises with Edward	Hall	10.00am
144	0.5	Bingo with Corey	Hall	1.30pm
Wednesday	25	Catholic Mass with Priest from	Hall	10.00am
A		Sefton		40.00
		Special Morning Tea for Clara	Hall	10.30am
0000		Aussie Bingo	Hall	1.30pm
Thursday	26	PUBLIC HOLIDAY		
HUSTRALIA DAS		AUSTRALIA DAY		
		Self-initiated Australian Activity	Hall	All Day
142 × 400		Kit		
Friday	27	Non-Denominational Service	Hall	10.00am
		with Reverend Dennis Muldoon		
مانانانانا		Morning Tea and Chinese Art	Hall	11.00am
HOUR		Happy Hour	Hall	02.00pm
Saturday	28	Bingo with Marja	Hall	10.00am
		Making Sushi Rolls	Hall	1.30pm
60 O.		Family and Friends Visits	Individual Rooms	2.00pm
Sunday	20			•
Sunday	29	Family and Friends Visits	Individual Rooms	2.00pm

Monday	30	Exercises with Katja	Hall	10.00am
-		Decorating for Chinese New	Hall	2.00pm
		Year		
Tuesday	31	Group Exercises with Edward	Hall	10.00am
		Bingo with Corey	Hall	1.30pm

Pension Days: 12th and 26th January 2022 Breakfast: 8.15am Podiatrist: Wednesday, 4th January 2023 Lunch: 12.30pm

Dinner: 5.15pm



Josephine, Joan and Yvonne have been enjoying jigsaw puzzles. Have started small and now working up to 100 pieces. The Lifestyle Department would love larger piece and colourful jigsaws if you are able to donate.

Wishing all residents, families, volunteers, and staff a Happy New Year. As you can see we have planned another jam packed month and are looking forward to celebrating Elvis Presley's birthday as well as Australia Day. If any family or staff have any Elvis memorabilia, we would love to borrow it on Monday, 9th January. We have our Elvis Presley treasure hunt organised which will be lots of fun.

We will also be celebrating Clara our wonderful Pastoral Carer's 80th birthday on Wednesday,25th January. She has been a wonderful volunteer and we look forward to celebrating this big milestone with her.





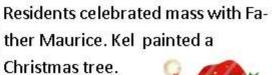












Other residents enjoyed the sunshine, joined in Christmas target games and other Christmas activities.











A big thank you to Ahmed at Chester Hill Square Chemist for organising Santa to visit residents, staff and volunteers and donating lovely diffusers to each resident and chocolates. Santa even joined in with the Christmas exercise class and he did very well.

















Residents in Camellia have been busy with making Christmas Bush arrangements and a variety of Christmas activities. Mrs Wilson donated quite a number of beautiful bears for residents and they have enjoyed their company a great deal. Thank you so much!!















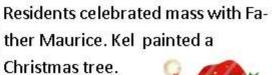












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