



## NEWSLETTER

DECEMBER 2022



## FROM THE GENERAL MANAGER



Welcome to the December newsletter everyone. It is going to be a very busy month full of end-of-year celebrations!

During the COVID-19 Outbreak in November ATV had 11 residents testing positive. The outbreak was from 07/11/22 - 18/11/22 and I am very happy to report that we were able to contain the 11 cases without further spread. A huge thank you to the residents and relatives for your part in assisting in ATV containing the virus as well as your patience, understanding and support. To all the staff, thank you all for your hard work and dedication to ATV and also your diligence with the gowns, face shields and N-95 masks. I know it isn't easy, but you all do it with such grace and professionalism. Thank you.

ATV is looking forward to celebrating Sinterklaas, our Annual Christmas lunch, and our New Year Eve concert. Unfortunately, due to the potential risks of outbreaks in the facility, our end-of-year parties will only be limited to residents at the Abel Tasman Village. I apologise in advance to all the Homecare clients as well as relatives and friends of ATV who were hoping to join us this year. We hope COVID-19 restrictions ease in RACF next year and hope to invite everyone back to take part in our wonderful functions that our lifestyle team put on for the residents. Furthermore, we are not out of the woods with COVID-19 as the Department of Health has sent an update that we are at the peak of COVID -19 infection period, and we would greatly appreciate if you would help ATV by complying to social distancing, mask wearing and infection control guidelines. I am also sad to announce that our "Carols by Candlelight" concert has to be cancelled due to COVID restrictions. I know many of our residents were looking forward to that evening and I am sorry to have disappointed you all.

As discussed in the residents' meeting, we are looking at updating the phone handset, please be assured that the use will be similar and all programs will stay the same. This upgrade will happen over the next few days, thank you in advance for your co-operation.

The ATV annual AGM meeting on 21/11/22 went very well. The ATV Board presented the facility financial results as well as reported on ATV achievements of 2022. These included our outstanding results regarding meeting all eight of the Aged Care Quality Standards during the reaccreditation audit back in April, the result of our "A" for our Food and Safety audit back in September as well as how well ATV managed of COVID-19 outbreak in ATV. All these great results were thanks to this great team at ATV, from the Board to the Management team, to the staff, volunteers, residents, relatives and friends to ATV.

I would like to welcome Mr. Zvonimir Opat. We hope you make ATV a home away from home. I would like to pass on my condolences to Mrs. Mary Attard's families and friends. She will certainly be missed.

With 2022 coming to a close, we wanted to reach out and send our best wishes to you and your families. I hope that 2023 holds success and good fortune in any endeavour you pursue. It has been a pleasure getting to know all our new members of the ATV family, staff, residents and relatives. On Behalf of the Board and staff at ATV, I would like to wish everyone a safe and wonderful Christmas and a very happy new year. Looking forward to a happy and successful New Year for 2023.

Kind regards,  
Sophia Markwell (General Manager)

*Welcome – Welkom:*

## DECEMBER 2022

Welcome to the final Abel Tasman Homecare newsletter for 2022!

We hope all of our clients and their families are doing well and staying COVID safe. We are really hoping for a lovely December and Christmas for all. Some important news for you all so please read on 😊

Firstly, we thank you for your patience and understanding for any affected services due to staff sick leave and some care staff finishing up with Abel Tasman HCP. We are currently working hard on recruitment. Please note on public holidays personal care provisions will only be provided if needed. Also, please update us if you are thinking to be away during the holiday period.

Abel Tasman management and I have been continuing to track the Department of Health Aged Cares' changes regarding Homecare reforms. These include firmer guidelines on Homecare package spending (inclusions and exclusions) strictly aligning with agreed care plans and stricter frameworks for sub-contractors. As you have been previously alerted to the Homecare SIRS (Serious Incident Response Scheme) is also in place from Dec 1<sup>st</sup> 2022. We will continue to alert you to and give you critical information regarding SIRS going forward.

Please go to [www.agedcarequality.gov.au](http://www.agedcarequality.gov.au) and follow these steps for further information.

[Home](#) > [News centre](#) > [Newsletter](#) > Aged Care Quality Bulletin #47 – November 2022

Some further details regarding the use of your HCP package funds in an emergency have also been clarified by the Department of Health and Aged Care. In brief:

### **Home care package funding in an emergency**

Where home care package recipients are seeking to use unspent funds to support clean-up of their home in a flood affected area, providers must ensure costs are not already covered by insurance and/or provided by state government emergency management services or that they could be funded under the Australian Government Disaster Recovery Payment.

Please go to [www.health.gov.au](http://www.health.gov.au) and follow these links for further information

[Home](#) > [Initiatives and programs](#) > [Home Care Package Program](#)

ABEL TASMAN VILLAGE RECREATION PROGRAM  
DECEMBER 2022

Our client birthdays this month are:

Wil van As – 14/12/22

Alan Jacklyn – 21/12/22

Ludmilla Uvarova 23/12/22

Elizabeth Oonk and Cecilia Segarra – 27/12/22

Happiest of birthdays to all of you 😊

Our best wishes to our Homecare clients in or returning from hospital and respite care.

Care staff on leave:

Please note, dear Homecare clients, Anna will be taking leave 16/12 - 18/12, Johanna from 22/12-9/1/23. I am on annual leave from Mon 28<sup>th</sup> Nov – Tue 6<sup>th</sup> December & Wednesday 28<sup>th</sup> December until Sunday 08<sup>th</sup> January 2023.

We also warmly welcome back Karen to work from 16/12/22.

Please refer any queries to our ATV Admin office on 02 9645 3388 during this period.

*Take care and warm regards,*

**Elizabet Fernandez**

**Abel Tasman Home Care Coordinator**

**ABEL TASMAN VILLAGE RECREATION PROGRAM  
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DAY	DATE	ACTIVITY	VENUE	TIME
Thursday	1	<b>Group Exercises with Physio Christmas Decorations</b>	Hall Hall	10.00am 2.00pm
Friday	2	<b>Non-Denominational Service with Rev Dennis Muldoon Morning Tea Decorating the Christmas Tree and Happy Hour</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	3	<b>Yahtzee with Effie Individual Room visits</b>	Hall Individual Rooms	10.00am 1.30pm
Sunday	4	<b>Braintrainer Plus Family/Friends Visits</b>	Hall Individual Visits	All Day
Monday	5	<b>Tennis/Volleyball Competition Name That Item</b>	Hall Hall	10.00am 1.30pm
Tuesday	6	<b>Group Exercises with Physio Bingo with Corey</b>	Hall Hall	10.00am 1.30pm
Wednesday 	7	<b>Catholic Mass with Father Edmund Coffee and Chat Christmas Arrangements</b>	Hall Hall Tulip Room	10.00am 10.30am 1.30pm
Thursday 	8	<b>Birthday/Christmas Show with John Vickers Baking Croatian Kiflice</b>	Hall Hall	10.00am 1.30pm
Friday	9	<b>Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Ice Cream Social</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	10	<b>Bingo with Marja Making individualised Christmas Cards</b>	Hall Hall	10.00am 2.00pm
Sunday	11	<b>Braintrainer Plus Family/Friends Visits</b>	Hall Individual Visits	All Day
Monday	12	<b>Dutch Activities Table Bob Competition Sjoelbak Competition</b>	Tulip Room Hall Hall	10.00am 10.00am 1.30pm
Tuesday	13	<b>Group Exercises with Physio Bingo with Corey</b>	Hall Hall	10.00am 1.30pm
Wednesday	14	<b>Hairdresser/Beauty Care Catholic Mass with Priest from Sefton Coffee and Chat Set up of Christmas Function</b>	Hairdressing Salon Hall Hall Hall	9.00am 10.00am 11.00am 2.00pm
Thursday 	15	<b>Morning Tea and Santa visit Residents and Volunteers Christmas Luncheon with Entertainer Trio</b>	Hall Hall	10.00am 11.00am

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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	17	<b>Yahtzee with Clara</b> <b>Christmas Baking - Steam pudding</b>	Hall Hall	10.00am 2.00pm
Sunday	18	<b>Braintrainer Plus</b> <b>Family/Friends Visits</b>	Hall Individual Rooms	All Day
Monday	19	<b>Christmas Target Games</b> <b>Christmas Bingo</b>	Hall Hall	10.00am 2.00pm
Tuesday	20	<b>Group Exercises with Physio</b> <b>Bingo with Corey</b>	Hall Hall	10.00am 1.30pm
Wednesday	21	<b>Catholic Mass with Father Edmund</b> <b>Christmas Quiz and Sing-along</b>	Hall Hall	10.00am 2.00pm
Thursday	22	<b>Christmas Exercise Class</b> <b>Making Gluehwein</b> <b>Christmas Lights Outing</b>	Hall Garden outside Hall Garden outside Hall	10.00am 4.00pm 06.00pm
Friday 	23	<b>Christmas Stories/Poetry</b> <b>Morning Tea</b> <b>Happy Hour and creating Christmas Activity kits</b>	Hall Hall	10.00am 2.00pm
Saturday	24	<b>Making Christmas Punch with Noreen and preparing for Christmas Day lunch</b>	Hall	10.00am
Sunday 	25	<b>CHRISTMAS DAY</b> <b>Movie Residents' Choice</b> <b>Family/Friends Visits</b>	Hall Individual Rooms	10.00am 1.30pm
Monday 	26	<b>BOXING DAY</b> <b>Braintrainer Plus</b> <b>Family/Friends Visits</b>	Hall Individual Rooms	All Day
Tuesday	27	<b>Holiday Season Activity Kits</b> <b>Family/Friends Visits</b>	Available in Hall Individual Rooms	All Day All Day
Wednesday	28	<b>Catholic Mass on Screen</b> <b>Coffee and Chat</b> <b>Bingo with Noreen</b>	Hall Hall Hall	10.00am 11.00am 1.30pm
Thursday	29	<b>Exercises with Noreen</b> <b>Zooper Dooper – hydration activity</b>	Hall Individual Rooms	10.00am 02.00pm
Friday 	30	<b>NEW YEARS EVE PARTY WITH Miss Eleni</b> <b>Room visits</b>	Hall Individual Rooms	10.30am 1.30pm
Saturday	31	<b>NEW YEARS EVE</b> <b>Pamper and Relaxation Day With Effie</b>	Hall and Individual Rooms	10.30am

# December Birthdays 2022

**ALBERT CAMERON 1ST**

**NORMA KNEIPP 19TH**

**ARGIRO ANIDIS 20TH**

**JOAN KICKERT 25TH**

**HENDRIKA KLEIN 27TH**

**Breakfast:** 8.15am

**Pension Days:** 1st, 15th and 29th December 2022

**Lunch:** 12.30pm

**Podiatrist:** Wednesday, 7th December 2022

**Dinner:** 5.15pm

Holiday Season Activity Kits will be available in the hall from 25<sup>th</sup> December. Please give the Lifestyle Team your thoughts what you would like to do over the Christmas/New Year period to enable us to prepare the kits.



**Hairdresser will be in the village on Wednesday 14th December from 9am to 12pm. Please make a booking with RN on Duty.**



**Left:** Poffertjes were on the menu this month and cooked over 150 which were gobbled up by both residents and staff.

**Bottom:** Mr and Mrs Vermunt celebrated their 65th Wedding Anniversary with a special morning tea and lunch with family and friends at Chester Hill RSL



ABEL TASMAN VILLAGE RECREATION PROGRAM  
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MELBOURNE CUP DAY



ABEL TASMAN VILLAGE RECREATION PROGRAM  
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# NOVEMBER HIGHLIGHTS



Sinterklaas and his two Pieten visited our village on Thursday, 29th November and he invited plenty of residents and volunteers to the stage. There was great singing and lots of yummy morning tea.

Sinterklaas even had a lovely dance and the Pieten were in good spirits singing and jumping around with their "roes".



Residents and staff took part in the Celebration of Life. It gave all attendees the opportunity to pay tribute to a loved one and resident while saying goodbye in a unique personal way. This year we chose a flower theme. We added details such as upbeat and traditional music and poems, which was very well received.

