



ABEL TASMAN

NEWSLETTER

AUGUST 2022



**ABEL TASMAN VILLAGE RECREATION PROGRAM
AUGUST 2022**

FROM THE GENERAL MANAGER



ATV is bracing and preparing for a very bad COVID-19/influenza season. According to Professor Michael Kidd (from the aged care webinar with the ministers), 918 Residential Aged Care Facilities are currently in a COVID-19 outbreak due to the subvariant of Omicron and the risk of infection will continue to rise.

The re-infection period has been reduced from 3 months to 1 month and is likely to see more staff testing positive for COVID-19 in a short time frame.

The management team has sent out a “Winter preparation” notification for COVID and Flu out to all residents, relatives, and staff to inform them that ATV will continue to reinforce restrictions as the Chief Health Officer, Dr. Kerry Chant’s advised.

To enable entry to ATV you will be required to be vaccinated, preferably with your booster shots up to date. The 4th dose of the COVID-19 vaccine is now eligible for all staff 30 years and over, a vaccine clinic is held at ATV every Thursday afternoon with Dr. Abdulsamad to vaccinate staff.

From the 1st of August, the Department of Health website will publish the vaccination’s status of all residential aged care facilities. I am happy to report that the majority of our residents have had their 4th booster, and for those who have not received one, there are plans in place to ensure they receive it when they are eligible.

I would also like to encourage our HCP clients and their families to also get their booster shots if you are eligible in order to protect our vulnerable and the older people in our community.

In addition to our current Infection Control Prevention, ATV now has supply of Anti Viral medication for your loved ones. This is the current recommendation from the Chief Health Officer as an extra weapon in the arsenal of fighting the serious effects of ARIs (Acute Respiratory Illness) in vulnerable people. Your loved one’s GP will be consulted before use of anti-virals for suitability.

Some good news! August 7th 2022 is Aged Care Employee Day this is an initiative of the Aged and Community Care Providers Association (ACCPA). It is an annual celebration supporting and honouring Australia's more than 360,000 residential, home and community aged care workers. This includes nurses and care workers, allied health professionals, hospitality teams, drivers, cleaners, volunteers, lifestyle officers, administration staff, and many, many others.

ATV believes it’s a great opportunity for our community to say thank you to our wonderful staff who have been under such pressure for such a long period of time. We will be sending out a link to all families to enable families and friends to send messages to our staff which will be on display for our staff and will be read out at the staff meeting in August when we celebrate this event.

ATV continues to see staff shortages and recruitment is currently in progress for the Clinical and Catering department. The usage of the agency services will be ongoing until further review. ATV is actively continuing our recruitment process to ensure we employ ATV staff who are familiar with your needs, your routine, and your preferences.

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In other news, Ian (Kitchen Supervisor) has taken some personal time off over the next few weeks, and Maria (Cook) has now stepped up into her role in Ian's absence. She has stepped up into the Acting Kitchen Supervisor role before and she is very capable, so please make her feel welcome and feel free to approach Maria in the Kitchen with any issues regarding the Catering team as she is working across both weekends and weekdays.

With any urgent matter please see the Registered Nurse on Duty and they will assist you promptly. Luckily for Maria, we were able to postpone our Food Safety Audit to 5th September instead of the 17th of August, so a little more time for her to prepare for the upcoming audit.

I would like to extend our welcome to the following residents of the Abel Tasman Village; Mrs. Tam La, Mr. Chau Le, Mr. John Donaldson, and Mr. John Mees. We hope you will make ATV your home away from home. I also would like to give my condolences to the families and friends of Mr. James Perez, he will be missed very much, and may he rest in peace.



We've also said goodbye to two of our wonderful staff Long (PCA) and Winne (Physiotherapist). On behalf of the Board, staff, and residents, I like to wish you both all the best in your future endeavours and career, you are always welcome back at ATV.



The Lifestyle Department have organised two outings for the month of August. The first outing will be to Church Point and as it is a long drive and taking a ferry with lunch at the Waterfront Cafe. The other one to an Art Gallery at Penrith. All outings are now being invoiced to families to make it easier for the Lifestyle Department as there is no longer any need to collect money. Any incidentals on the day can be paid individually. As the bus is small, we have to try and give everybody a turn and the Lifestyle Team are keeping a list. Some outings are not suitable for walking frames and wheelchairs. There is also limited space for storage of walking frames and to keep OH&S in mind.

The shopping basket from the "Rembrandt Club" has been quite popular and have taken on board suggestions for savoury items as well as packets of lollies. Could residents please make sure they have small change available to make it easier for giving change. A big thank you to Marian (Chairperson) and Gerda (Rembrandt club) for this great service its greatly appreciated. A member of the Lifestyle Team will go around each Tuesday to sell.

On a last note, Monday 1st of August is our Picnic Day, the Administration Building will therefore be closed for the day and some of the key personnel will be taking the day off from all departments. For any urgent matters, please see the Registered Nurse on duty.

Take care and we are looking forward to an exciting new month full of exciting activities with our residents for the month of August.

Kind regards
Sophia Markwell
General Manager

HOMECARE



August 2022 – Welcome everyone

The last month of winter has begun, the cold weather is certainly not going away just yet. Let's make the most of some sunny days! On this note, I would like to strongly encourage to all of you to please think of the position of your heater around your home and to check your electric blankets for any damage.

In the last year we have conducted a Home and Environment Assessment when we have had the opportunity to check your smoke alarms. If you have any concerns or are unsure, ask a family member to check your smoke alarms...if you are not able to do so, let us know.

Fire & Rescue NSW is urging people to take elementary precautionary steps to stay safe after three people were killed in a house fire in Sydney's south-west.

A new wave of high-risk Covid-19 infections is being driven by the BA.4 & BA.5 Omicron. This variant has led to a rapid increase in the number of people being infected, that are seriously ill and require hospitalisation. Additional treatments are now available for eligible people with a Covid-19 positive result. Some people who are at higher risk may need specific antiviral treatments prescribed by your healthcare provider. "Antiviral treatments taken as capsules or tablets may help stop COVID-19 infection from becoming severe. Courses of these antiviral treatments need to be started as soon as possible after symptoms from COVID-19 begin". In the last month we have had three clients and two carers testing positive to Covid-19. We are pleased to hear that they are doing well and are on the road to recovery. We strongly encourage you to consider your booster vaccinations and flu shots to help keep us all safe.



Reminder: I will be away from August Thursday 4th to Monday 8th. Any queries please contact the ATV office on 9645 3388. Our Office Manager Michelle will be able to assist if possible.

Lily, who's birthday is on the 11th has sent all her care and love. She is looking forward to see you soon. We hope she can have a nice time with her mum back in Bolivia.



We welcome back our Homecare clients who have returned from hospital or respite care and send wishes to others who may be currently in hospital.

We welcome to ATV Homecare Ms Gloria Sheather, Mr Raymond Corridan & Ms Gwendolyn Halliwell who lives with her dog 'Rocket' (see pictured with our RN Yang) who has delighted us with her range of art. She is an amazing artist!

Take much care and stay safe and well

Kind regards,

Elizabeth Fernandez



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DAY	DATE	ACTIVITY	VENUE	TIME
Monday 	1	Activity kits available from RN's Family & Friends visits	Hall Individual Rooms	All Day 02.00pm
Tuesday 	2	Commonwealth Games opening: Exercises with Physio – Hockey Games Sports Bingo	Hall Hall	10.00am 1.30pm
Wednesday 	3	Communion Service Executive Committee Commonwealth Games Javelin Event	Hall Coffee Shop Hall	10.00am 11.00am 1.30pm
Thursday 	4	Tai Chi with Tracey Coppellia Ballet Horses Birthday Activity	Hall Tulip Room Hall	10.00am 1.30pm 2.00pm
Friday 	5	Online Non-Denominational Service Happy Hour - Beer Tasting and Facts	Hall (Television) Hall 	10.00am 2.00pm
Saturday 	6	Yathzee with Robyn Art & Craft with Effie	Hall Hall	10.00am 2.00pm
Sunday 	7	Movie Residents' Choice Family & Friend visits	Hall Individual Rooms	10.00am 02.00pm
Monday 	8	Floor Bobs Charades International Cat Day Activity	Hall Hall Hall	10.00am 11.00am 1.30pm
Tuesday 	9	Ball Exercises with Physio followed by Commonwealth Games Closing Ceremony First Nations Bingo	Hall  Hall	10.00am 1.30pm
Wednesday 	10	Hairdresser service Catholic Mass Coffee and Chat Resident Meeting Sjoelbak Competition	Hairdresser Salon Hall (Television) Hall Hall Hall	09.00am 10.00am 10.30am 11.00am 2.00pm
Thursday 	11	Bus Outing to Church Point Tai Chi with Tracey Art and Craft	Cost to be advised Hall Hall	9.30am 10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	12	Cooking Rookworst and Sauerkraut / Making your own bread Happy Hour with Concert & Trivia	Coffee Shop Hall	10.00am 2.00pm
Saturday	13	Bingo with Marja Individual visits Carrot Cake Baking with Effie	Hall Individual Rooms Hall	10.00am 2.00pm 2.00pm
Sunday 	14	Andre Rieu Concert Family & Friend visits	Hall (Television) Individual Rooms	10.00am 2.00pm
Monday 	15	Tennis Competition Coffee and Chat A Tribute to Louis Armstrong	Hall Hall Hall	10.00am 11.00am 1.30pm
Tuesday 	16	Exercises with Physio Audio books and individual Care Bingo with Corey	Hall Tulip Room Hall	10.00am 11.00am 1.30pm
Wednesday 	17	Catholic Mass with Father Edmund Coffee and Chat Winter Art	Hall Hall Hall	10.00am 10.30am 1.30pm
Thursday 	18	Bus Outing to Café at Lewers – Art Gallery Tai Chi with Tracey Walking and Games	Meet in Front of the Coffee Shop Hall Hall/Main Garden	10.00am 10.00am 2.00pm
Friday 	19	Online Non-Denominational Service Happy Hour with Concert and Trivia	Hall (Television) Hall	10.00am 2.00pm
Saturday 	20	Yathzee with Robyn Pamper and Relaxation	Hall Hall	10.00am 2.00pm
Sunday	21	Activity Kits available from RN Family & Friend Visits	Hall Individual Rooms	All Day 02.00pm
Monday 	22	Target Golf Jokes and Poetry Music Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Tuesday 	23	Exercises with Physio Whiteboard Games & Trivia Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday	24	<i>Hairdresser Service</i> <i>Catholic Mass in English</i> <i>Current Affairs</i> <i>Father's Day Craft</i>	Hairdresser Salon Hall (on TV) Hall Hall	09.00am 10.00am 11.00am 2.00pm
Thursday	25	<i>Birthday Party with John Vickers</i> <i>Carpet Bowling</i>	Hall Hall	10.00am 2.00pm
Friday	26	<i>Daffodil Day Fundraiser</i> <i>Morning tea for Residents and Staff</i> <i>"Wear Yellow"</i> <i>Happy Hour and Fun Games</i>	Hall Hall	10.00am 2.00pm
Saturday	27	<i>Bingo with Marja</i> <i>Disco Bowling with Effie</i>	Coffee Shop Hall	10.00am 2.00pm
Sunday	28	<i>Residents' Choice Movie</i> <i>Family & Friend Visits</i>	Hall Individual Rooms	10.00am 02.00pm
Monday	29	<i>Dutch Activities</i> <i>Table Bobs with Bill</i> <i>Pick-A-Box "Cold as Ice"</i>	Tulip rooms Hall Hall	10.00am 10.00am 1.30pm
Tuesday	30	<i>Exercises with Physio</i> <i>Whiteboard Games</i> <i>Bingo with Corey</i>	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday	31	<i>Catholic Mass with Priest from Sefton</i> <i>BrainTrainerPlus & Individual Care</i> <i>Winter Warmers Afternoon Tea</i>	Hall Tulip Room Garden (weather permitting)	10.00am 11.00am 2.00pm

Breakfast: 8.15am

Lunch: 12.30pm

Dinner: 5.15pm

Pension Days: 11th and 25th August 2022

Podiatrist: 3rd August 2022



**FRANCIS CURNOW 5TH
KEL CONNELL 27TH**

IRIS LE CLAIRE 23RD

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NAIDOC Week was celebrated with lots of great activities. A boomerang and spear throwing competition, making myrtle bread, dot craft, learning about Australian Bushfood and finished with a paint and sip of rocks during Happy Hour



NAIDOC WEEK



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Emily Suryn celebrated her 100th birthday party in July and it was a fantastic party with a wonderful cake, great decorations and the wonderful music by the violinist Nikolai who played some great waltzes, gypsy polkas, tangos and much more. Emily received beautiful flowers, cards and well wishes from many dignitaries.

EMILY'S 100TH



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Frills and Frocks came with a great assortment of clothing and held a Fashion Show
Kel taught Effie how to paint a 3D it is called rejuvenate! It's the artists concept of the end
of Autumn leaves falling from the tree to the left with buds growing opening up to
flowering coming into the new Spring.
Silvio had a wonderful pampering session.



Bastille Day was celebrated with a French morning tea and Armchair Travel . Jeux de Boules was played with Lucy being the winner.

Residents also decorated Can Can silhouettes. Camellia residents enjoyed decorating picture board and going through French picture books.

