



ABEL TASMAN

NEWSLETTER  
MARCH 2022



HAPPY GREEK  
INDEPENDENCE DAY!



ABEL TASMAN VILLAGE RECREATION PROGRAM  
MARCH 2022

# HOMECARE



Hello all,

The end of summer passed with dreadful steamy & stormy weather. We hope you are all ok and have not suffered any damage to your homes with the constant rain. Now, we welcome Autumn 2022 with some great activities around Sydney. We would like to invite you considering to take part of events like: Vivid Festival, Sydney Symphony Orchestra Concerts, the Sydney Royal Easter Show or you may want to go for a smooth drive along The Grand Pacific Drive, up to the Blue Mountains or out to Warragamba Dam. Our care staff will be delighted to be your companion and drive you to any of these places or you may have a specific place or destination in mind. Let's get the picnic basket ready and off you go!



The Grand Pacific Drive



In the month of March Joyce & Anna are on a short break and I will be enjoying a day off on Friday 11<sup>th</sup> March.

We send special wishes to clients who enjoyed a birthday in February - Zvonimir Opat, Peter Wilson, John Hammond, Gones Dimo, Mies Van Florestein, Bernie Smith & Anna Bagan. We hope you all had a nice celebration.



Warragamba Dam

Blue Mountains - 3 Sisters



In the month of March to Johanna Claassens, Karen Donkenvoort, Eduarda Roggeveen, Jovina Riveros & Elizabeth Fernandez are celebrating their birthdays. We wish them the happiest days full of health and love.

On another note, we sadly let you know that Gloria Short passed away on February 21<sup>st</sup>. Our thoughts are with her family & friends. She is greatly missed by all of us. Cecilia Segarra is still in

hospital, Antonia Besters is on respite, and Norma Kneipp is in transition to residential care. We have you in our thought.



Krisztina Kaposi

Last month we welcomed new clients Elba Lukavic, Franca Burgo, Krisztina Kaposi & Ken Anderson. Ken has allowed us to share pictures of part of his lovely farm. He is surrounded by native animals, great trees and flowers. Thank you Ken.

In addition, regarding unspent funds, remember that purchases should be used for care and services that meet your care & this is reflected in care plan. On a general information: The home care funds can't be used for items that would normally be purchased out of general income, you can refer to your home care service agreement part F: specific care & services.



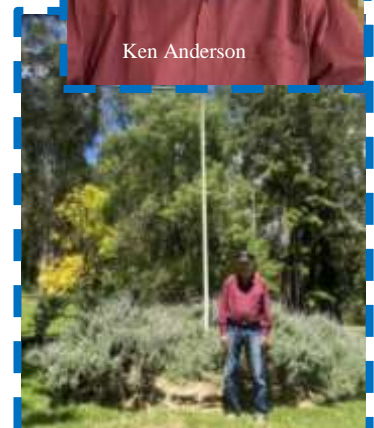
Ken Anderson

In relation to Covid 19 personal protective equipment, all care staff are presently required to wear masks N95 & face shields at time of provision of services.

Best regards,  
Elizabeth Fernandez.



Ken at his farm!



# GENERAL MANAGER



ABEL TASMAN  
A culture of care



Hello everyone and welcome to our March Newsletter! Life at the village *almost* seems to be business as usual! As you can see from our Facebook posts, residents are continuing to enjoy group activities indoors as well as outdoors and we also welcome the return of our wonderful volunteers and entertainers. By putting in precautions and early preventative measures in place, we have been successful in keeping COVID-19 mainly clear of ATV. Residents are enjoying coming back into the dining hall to enjoy their meals as well as the social and physical interactions that they have been yearning for since our December 2021 COVID-19 lockdown.

In other news, Mark, our Kitchen Supervisor has stepped down from his role and is now working part-time. He is still with us and working mostly on the weekend as the chef. In his place, Ian whom you may have seen in the kitchen as one of our cooks, has stepped up as the Acting Kitchen Supervisor. She has been working in this position for 3 weeks now and has implemented significant changes to improve the dining experience for our residents whilst ensuring minimum impact on the residents dining and meal schedules.

You may notice some other changes in our staffing over the next few weeks. We are currently recruiting staff to fill many positions at ATV, and I am pleased to say that we have met many candidates that are a good fit for the ATV family. Our Administration Officer Richa has now gone on her maternity leave and will return in 6 months, we wish her and her husband all the best of luck for the birth of their baby girl. We still have not been able to successful in filling her position yet, so unfortunately this leaves us without a dedicated person at the front desk, especially to assist with your phone calls. If urgent, please contact the Registered Nurse or Harry (Clinical Care Manager) on their mobile phone.

I just want to give a big thank you to all the staff who assisted ATV with the flooding event on Tuesday 22/02/22. Unfortunately, due to all the heavy rain, the rainwater came through the facility from our gardens and adjoining properties into the dining hall, the activities area, residents' rooms in both Main and the Link building. All Staff got into action and worked together to stop the water from entering further into the village by sweeping and mopping the water. Residents were thankfully not affected by this event; they were in good spirit and very supportive and thankful of the staff.



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Rosa our lovely hairdresser is now on personal leave. We have the pleasure of being able to confirm the services of new hairdressers Athena and Kathy to temporarily replace Rosa. They will be in every 2<sup>nd</sup> Monday commencing 28/02/22, except for Monday in the week beginning of 14/03/21, when they will be coming in on Wednesday 16/03/21 instead. They will be invoicing families via email. If you wish to receive your invoice in other forms, please let us know.

As the restrictions of COVID-19 are easing for residential facilities, we will be rolling out the “Partners in Care” model. A Partner in Care is a person who has a close and continuing relationship with our resident such as a family member, loved one, friend or representative.

They frequently and regularly visit a person living or staying in a residential aged care service to provide aspects of regular routine care and companionship to that person even during an outbreak. If you wish to nominate yourself as a “Partner in Care” at ATV, please let myself or Harry know as there is a process involved in implementing this partnership.

I would like also to extend a warm welcome to Mrs Elizabeth Voermans and Mrs Antonia Besters. We hope you enjoy your few weeks respite with us at ATV.

Its very exciting to inform you that the Lifestyle Department have organised two bus outings for the month of March. The first bus outing on Thursday, 10<sup>th</sup> March will be a scenic bus trip to Picnic Point where residents will enjoy morning tea followed by a walk along the beautiful board walk.

The second bus outing is for the residents in Camellia on Thursday, 31<sup>st</sup> March in a smaller bus for a scenic bus trip. Fingers crossed that we will have beautiful weather for both outings.

The month of March is also gearing up to be a busy month with the celebration of St Patrick’s Day. Many fun activities leading up to the big event have been organised such as Turnip Bowling, St Patrick’s Bingo, St Patrick’s Table Game and Quiz, tasting and making Irish Coffee and off course making our own Irish Bailey. On Thursday, 17<sup>th</sup> March we will conclude with wonderful entertainment by Mike Valentine. A show definitely not to be missed.

Another big event for March is celebrating Greek Independence Day on Friday, 25<sup>th</sup> March. We have two Greek residents at ATV as well as Gus in the Maintenance Department. We look forward to learning about this wonderful culture with an Armchair Travel organised on Thursday, 24<sup>th</sup> March including taste testing of different Greek dishes. For Happy Hour on Friday, 25<sup>th</sup> March there will be some more yummy Greek food and drinks.

Kind regards  
Sophia Markwell  
General Manager



**ABEL TASMAN VILLAGE RECREATION PROGRAM  
MARCH 2022**

DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday  <small>Shrove Tuesday</small>	1	<b>SHROVE TUSDAEY</b> <b>Pancake Baking and Morning Tea</b> <b>Bingo with Corey</b>	Hall Hall	10.00am 1.30pm
Wednesday	2	<b>ASH WEDNESDAY</b> <b>Catholic Mass</b> <b>Coffee and Chat</b> <b>Resident Executive Meeting</b> <b>Table Bobs &amp; Sjoelbak</b>	Hall Hall Hall Hall	10.00am 10.30am 11.15am 2.00pm
Thursday 	3	<b>Group Exercises</b> <b>This Day in History</b> <b>Shuffleboard</b>	Hall Hall Hall	10.00am 11.00am 1.30pm
Friday 	4	<b>Non-Denominational Service with Rev Dennis</b> <b>Happy Hour</b>	Hall Hall	10.00am 2.00pm
Saturday 	5	<b>Yahtzee with Clara/Robyn</b> <b>Family/Friends Visits</b> <b>Movie Resident Choice</b>	Hall Individual rooms Hall	10.00am 1.30pm
Sunday 	6	<b>Braintrainer Plus</b> <b>Movie Residents' Choice</b> <b>Family/Friends Visits</b>	Hall Hall Individual Rooms	All Day 1.30pm
Monday 	7	<b>Tenpin Bowling Competition</b> <b>Bingo with Johanna</b>	Hall Hall	10.00am 1.30pm
Tuesday 	8	<b>INT. WOMEN'S DAY</b> <b>Group Physio with Winnie</b> <b>Women's Day High Tea</b>	Hall Hall	10.00am 1.30pm
Wednesday 	9	<b>Catholic Mass</b> <b>Coffee Get Together</b> <b>Resident Meeting</b> <b>Making Irish Cream</b> <b>Ballet Anna Karenina</b>	Hall (on Screen) Hall Hall Hall Tulip Room	10.00am 10.30am 11.00am 2.00pm 1.30pm
Thursday 	10	<b>Bus Outing</b> <b>Move and Groove</b> <b>Table Games</b>	Scenic Drive Hall Hall	9.30am 10.00am 1.30pm
Friday 	11	<b>Non-Denominational Service/Morning tea</b> <b>Happy Hour with Irish Coffee</b>	Hall Hall	10.00am 2.00pm

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<b>DAY</b>	<b>DATE</b>	<b>ACTIVITY</b>	<b>VENUE</b>	<b>TIME</b>
Saturday 	12	<b>Bingo with Marja Movie Residents' Choice Family and Friends Visit</b>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday 	13	<b>BrainTrainerPlus Family and Friends Visit Movie Residents' Choice</b>	Hall Individual Rooms Hall	All Day 1.30pm
Monday	14	<b>Move and Groove St Patricks Quiz &amp; Bingo</b>	Hall Hall	10.00am 2.00pm
Tuesday	15	<b>Exercises with Physio Bingo with Corey</b>	Hall Hall	10.00am 1.30pm
Wednesday 	16	<b>Catholic Mass with Father Edmund in Polish Resident Meeting St Patricks Day Table Game</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Thursday 	17	<b>St Patricks Day/Birthday Concert with Mike St Patricks Turnip Bowling and Green Smoothies</b>	Hall Hall	10.00am 1.30pm
Friday 	18	<b>Non-Denominational Service with Rev Dennis Muldoon Happy Hour</b>	Hall Hall	10.00am 2.00pm
Saturday 	19	<b>Yahtzee with Clara Movie Residents' Choice Family and Friends Visit</b>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday 	20	<b>Braintrainer Plus Movie Residents' Choice Family and Friends Visit</b>	Hall Hall Individual Rooms	All Day 1.30pm
Monday 	21	<b>Volleyball/Tennis Comp Whiteboard Games Poffertjes Baking</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Tuesday	22	<b>Exercises with Physio Whiteboard Games Bingo with Corey</b>	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	23	<b>Catholic Mass in English Coffee/Get Together Greek Craft</b>	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday 	24	<b>Greek Armchair Travel and Greek taste testing Making Greek Skewers</b>	Hall Hall	10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	25	<b>GREEK INDEPENDENCE DAY</b> <i>Non-Denominational Service with Rev Dennis Muldoon</i> <i>Greek Happy Hour and Karaoke</i>	Hall  Hall	10.00am  2.00pm
Saturday 	26	<i>Bingo with Marja</i> <i>Movie Residents' Choice</i> <i>Family and Friends Visit</i>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday 	27	<i>BraintrainerPlus</i> <i>Movie Residents' Choice</i> <i>Family and Friends Visit</i>	Hall Hall Individual Rooms	All Day 1.30pm
Monday 	28	<i>Dutch Activities</i> <i>Target Games</i> <i>Carpet Bowling</i>	Tulip Room Hall Hall	10.00am 10.00am 1.30pm
Tuesday	29	<i>Exercises with Physio</i> <i>Whiteboard Games</i> <i>Bingo with Corey</i>	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	30	<i>Catholic Mass in English</i> <i>Coffee/Get Together</i> <b>2022 Premier's Gala Concert</b>	Hall Hall Hall	10.00am 10.30am 2.30pm
Thursday 	31	<i>Camellia Bus Outing</i> <i>Gentle Exercises</i> <i>Autumn Leave Art or Autumn Alphabet Challenge</i>	Scenic Drive Hall Hall	10.00am 10.00am 2.00pm

**Breakfast:** 8.15am  
**Lunch:** 12.30pm  
**Dinner:** 5.15pm

**Pension Days:** 10<sup>th</sup> and 24<sup>th</sup> March 2022  
**Podiatrist:** Wednesday, 2nd March 2022



Draga Dimitrovska 5th

Godwin Gerada 28th

Marjory Molloy 6th

Ivka Ormus 30th

Alt Van Der Meer 26th

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Let's go for a  
**walk**



**Above:** Residents enjoying the great outdoors with a village walk and a walk to the park next door.

Let's get  
**COOKING**

**Below:** Residents assisting the Catering department with making delicious fruit skewers. Noreen making yummy waffles during our first waffle making session-



**GET**

**CREATIVE**



ABEL TASMAN VILLAGE RECREATION PROGRAM  
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**LIVE  
ENTERTAINMENT**



The month of February has been fantastic with having 3 entertainers visit our village. Our first entertainer was a wonderful Chinese Dancer for our Chinese New Year function (see picture below).

Pictured on the right for Valentine's Day we had the talented Stan Ellis.

Pictured on the left for our monthly birthday party we had a very energetic performance by Miss Eleni who even sung in Greek.

Residents enjoyed getting dressed up for all occasions.

