



ABEL TASMAN

NEWSLETTER

JANUARY 2022



FROM THE GENERAL MANAGER



WELCOME TO THE ATV NEWSLETTER FOR JANUARY 2022.

Happy new year to you all. Wow – what a start to 2022 we had! I'm not going to go into detail about the outbreak. Suffice to say, the team did an amazing job and we are so thankful that the number of resident positive cases was restricted to only 3, all of whom displayed minor symptoms. Thank you all for your patience and understanding over what was a very difficult time for everyone.

Sophia returned to ATV on 17th January 2022. It is wonderful to have our fearless leader back on deck. Sophia and I will be working closely together over the next few weeks to give a full handover. Can I pass on my thanks to all staff, residents and families for their support of me as the Acting General Manager. It was a particularly challenging time for ATV and the aged care industry in general. ATV was in a great position to be very proactive in the decisions that needed to be made. Of course, the Board was a great support for the team and we were very fortunate to be able to declare the outbreak over in a relatively short time.

Congratulations must go to our very own Ishmam Kabir from the Accounts Department, who was awarded with the Order of the Nightwatch Award from the Rembrandt Club. Ishmam has provided his financial expertise to the Rembrandt Club and it is wonderful to see him recognised in this way.



ATV will be visited by the Aged Care Quality Commission within the next 3 months. This is a very important process for us as the Commission will measure ATV against the 8 standards required to meet accreditation. We feel we are well placed for the audit and prepared to show off all the great things ATV is doing.

A second booster clinic was held on site at ATV on Friday 14th January. All vaccinated residents have now received their booster shot which is a great protection against the severe symptoms of the COVID virus. Staff too are receiving their booster shots. We are all united in our effort to protect our precious residents and each other. I will be returning to my Business Manager role at ATV once handover with Sophia is complete. It has been an honour to lead the team over the last few months. I don't think I have worked with such a collaborative and passionate team over my career.

Sadly we have said farewell to Ron Staples, Rita D'Amico Herrera and Alicja Erokhin. All were dearly loved and will be very much missed by their families and ATV.

All the best to everyone and I'll see you all soon.

Best wishes.

Margaret

ABEL TASMAN VILLAGE RECREATION PROGRAM
JANUARY 2022

HOMECARE



ABEL TASMAN
A culture of care

WELCOME TO JANUARY 2022

Happy 2022 to all our clients, families, friends, care staff! We hope you have a lovely Christmas! Abel Tasman Home Care have finalised last year's clinical assessments and we thank you so much for your time and support during those reviews.

Firstly, I would personally like to thank all of our Home Care Staff: Anna, Lily, Edith, Karen, Joyce, Monique, Yang & Van Long for the ongoing care and support they have delivered to you all. On the month of January Lily is on annual leave, follow by Anna and then I will be taking annual leave from January Saturday 29th – February Sunday 6th. I will appreciate if you could please bring forward any queries or changes for your services before I go on leave 😊

Special birthday wish to Tatiana Pawloff, I hope your day is filled with joy and happy memories. We welcome Mies Van Florestein who was stranded in Ballarat for months and now she is safe home. Also, Janice Higginson is back home and we wish Norma Kneipp a speedy recovery to go home after respite at Abel Tasman.



We would like to welcome Alan Woodhouse & Fouda Touma into our pool of clients. Thank you for having Abel Tasman as your Home Care Provider. At this point, we would like to ask you to please send us your updates in regards to booster shots. Our care staff are also on their way to having them.










Reminder: You may also be aware that NSW Health state-run clinics are already providing a third dose of a Covid-19 booster vaccine. This is available to everyone 18 years and over who have had both doses of their primary course of a Covid-19 vaccine at least 6 months ago. Please find more detailed information on the link below: <https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/getting-your-vaccination/booster-doses#who-should-get-a-booster-dose>












We are also delighted to welcome to our pool of care staff, Pamela Munoz, who is originally from Santiago de Chile. Pamela arrived in Australia three years ago and was employed in Chile as a nurse with 30 years of experience. She is happy to have the opportunity to work with Abel Tasman Home Care. Best wishes for the New Year, Elizabeth Fernandez







**ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	1	New Year's Day Activity Kits Movie Residents' Choice	Individual Rooms Individual Rooms	All Day All Day
Sunday	2	Residents' Choice of Movie Kits available on request	Individual Rooms	All Day
Monday	3	PUBLIC HOLIDAY Amusing Senior stories Australian Activity kits	Individual Rooms Individual Rooms	10.00am 1.00pm
Tuesday	4	Emotional Support visits / calls and Hydration /Art with Effie and Noreen Rummikub	Individual Rooms Individual Rooms Individual Rooms	10.00am 02.00pm
Wednesday	5	Emotional Support visits and calls by Noreen Hydration and Snack activity Yathzee	Individual Rooms Individual Rooms	10.00am 02.00pm
Thursday 	6	Emotional Support visits /calls Cappuccinos and positive Attitude activity Rummikub	Individual Rooms Individual Rooms	10.00am 02.00pm
Friday 	7	Happy Hour and Games with Noreen Emotional Support visits and calls	Individual Rooms Individual Rooms	All Day All Day
Saturday 	8	Movie Residents' Choice Self-initiated activities	Individual Rooms	All Day
Sunday	9	Self-initiated activities/ Activity Kits available on request	Individual Rooms	All Day
Monday 	10	1:1 visit with Katja and individual games Rummykub and Dominoes.	Individual Rooms	All Day
Tuesday 	11	Pastoral Care support phone calls Drinks, Snacks and Games Taking away Christmas Decorations	Individual Rooms Individual Rooms Hall	All Day All Day Afternoon
Wednesday 	12	Local Paper reading and chats Cappuccinos and Dutch Honey cake Kart activity 1:1 Exercises / Online Mass	Individual Rooms Individual Rooms Individual Rooms	08.00am 10.00am All Day

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DAY	DATE	ACTIVITY		TIME
Thursday 	13	Musical Movements and Morning tea Kart activity/ Pastoral care Letter delivery 1:1 Exercises / Samsung tablet games, Domino, and social visits	Individual Rooms Individual rooms	10.00am 2.00pm
Friday 	14	Aged care Advocacy Newsletter and tips for supporting your Wellbeing Happy Hour	Individual Rooms Individual Rooms	10.00am 2.00pm
Saturday	15	Self-initiated Yahtzee Pre-Dinner Drinks & Nibbles	Individual Rooms Individual Rooms	10.00am 2.00pm
Sunday	16	Self-initiated Activities Pre-Dinner Drinks & Nibbles	Individual Rooms Individual Rooms	All Day 2.00pm
Monday	17	Hydration Cart and Musical Movement Frappe and Chat	Individual Rooms Individual Rooms	10.00am 2.00pm
Tuesday 	18	Hydration Cart and Music Tulip Wordsearch and Chat	Individual Rooms	10.00am
Wednesday 	19	Spanish Dress Up with Spanish Quiz Hydration Cart and Music Social Visits and Games	Individual Rooms Individual Rooms	10.00am 2.00pm
Thursday 	20	Target Games Ice Cream Social Shuffleboard	Tulip Room Hall Hall	10.00am 11.00am 2.00pm
Friday 	21	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea and Rummykub Happy Hour	Hall (via Zoom) Hall Hall	10.00am 11.00am 2.00pm
Saturday	22	Self-initiated Yahtzee Movie Residents' Choice Family and Friends Visit	Individual Rooms Individual Rooms Individual Rooms	10.00am 2.00pm
Sunday 	23	BrainTrainerPlus Residents' Choice of Movie Family and Friends Visits	Hall Hall Individual Rooms	All Day 2.00pm
Monday 	24	Boomerang/Thong Throwing/Yabbie Competition Easy Aussie Quiz and Damper for Afternoon Tea	Hall Hall	10.00am 1.30pm
Tuesday	25	Group Exercises with Physio Aussie and Number Bingo	Hall Hall	10.00am 1.30pm
Wednesday 	26	<i>PUBLIC HOLIDAY AUSTRALIA DAY</i> Self initiated Australian Activity Kit	Hall	All Day

**ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY		TIME
Thursday 	27	<i>Hairdresser/Beauty Care Birthday Party with 2021 Slideshow Name that Show</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 2.00pm
Friday 	28	<i>Non-Denominational Service with Reverend Dennis Muldoon Morning Tea and Chinese Art Happy Hour</i>	Hall (via zoom) Hall Hall	10.00am 11.00am 02.00pm
Saturday 	29	<i>Yahtzee with Volunteers Movie Residents' Choice</i>	Hall Hall	10.00am 2.00pm
Sunday 	30	<i>BrainTrainerPlus Residents' Choice of Movie Family and Friends Visits</i>	Hall Hall Individual Rooms	All Day 2.00pm
Monday	31	<i>Exercises with Winny (Physio) Decorating for Chinese New Year and Games</i>	Hall Hall	10.00am 2.00pm



ARGYROULLA EPISTITHIOU 7TH VALERIE CLAGUE 8TH

Breakfast: 8.15am **Pension Days:** 13th and 27th January 2022
Lunch: 12.30pm **Podiatrist:** Wednesday, 19th January 2022
Dinner: 5.15pm

Due to not having enough demand for clients attending the Hairdresser on a weekly basis Rosa our Hairdresser will be commencing a fortnightly service commencing on **Thursday, 27th January 2022.**

If families would like to book in for an appointment could they please contact the village so it can be entered into the appointment book.



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HAPPY
ST. NICHOLAS
DAY



Sinterklaas was once again a fun celebration with lots of laughs and was very well attended. We even had a "Musical Piet" and an "Arobic Piet".



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A Residents' Luncheon with music by Herman and Marjory and Josephine being part of the programme. Santa handing out gifts to residents. Christmas Eve concert with Roger.

