



ABEL TASMAN

NEWSLETTER

NOVEMBER 2021



# FROM THE GENERAL MANAGER



Welcome to the ATV newsletter for November 2021. It has been wonderful to see so many visitors coming and going through the gates. We have certainly missed you all and our residents are so excited to be able to welcome family and friends back into the Village. Just a reminder that any visitor to ATV must be double vaccinated and produce a negative COVID test result. The booking system for visits and outings seems to be going well.

We are sorry that you have to jump through so many hoops to be able to visit your loved one, but in these early days of opening up, we must be extremely careful. There are still a large number of aged care facilities throughout Sydney with outbreaks.

ATV definitely doesn't want to be one of them. Thank you for your compliance with all the rules. It makes such a difference to be working together to protect the safety of our residents and staff



We had a visit from the Aged Care Quality Commission at the end of October. They visited to check on our infection control processes and our COVID preparedness. I'm pleased to report that the assessors were very impressed with our procedures and policies. They made a couple of very useful suggestions in relation to our COVID Management Plan which we will be implementing



With the warmer weather, it was so lovely for the residents to be able to recently enjoy a bbq. It was a fabulous day. The sun was shining, the music was playing and there were lots of smiles and laughs. A big thank you to the Activities, Catering and Maintenance teams for putting on such a great day.

The residents thoroughly enjoyed themselves and have requested more bbqs in the future. November will be a busy month. The race that stops the nation (the Melbourne Cup) is always a fantastic day, full of lots of activities and fun.

We will also be holding the Remembrance Day service on 11<sup>th</sup> November. We are hoping to hold the service outside at the memorial in the garden.



The Memorial Service for residents who have left us will be held on 18<sup>th</sup> November. This is always a special service – a time to remember the wonderful people whom we have been privileged to care for.

Planning is underway for Christmas activities. We are hoping that we may be able to a little more flexible with opening up by December. Of course, this will depend on what is happening with COVID in the community. Let's hope we can all get together to sing a carol or two and enjoy the festive season.

We welcomed Atze Van Stralen who is with us on respite. Welcome Atze! Sadly, we said farewell to Kenneth Wade towards the end of October. He will be very much missed by his family and the ATV community. We send our heartfelt condolences to his loved ones.

Until next time,

Margaret (Acting General Manager)



ABEL TASMAN VILLAGE RECREATION PROGRAM  
NOVEMBER 2021

# HOMECARE



ABEL TASMAN  
A culture of care

Welcome to the November 2021 newsletter. The easing of restrictions for those who are double vaccinated has been very exciting. No doubt you have been able to have visitors over and you may be going out especially for the much needed haircut, the drive around, the coffee & chat with our care staff. Clients are beginning to reinstate services – a sure sign of a measure of confidence in the community that we may be over the worst. Our care staff are continuing to take precautions to eliminate the risk of exposure to COVID 19. All Homecare staff are fully vaccinated, and it is now mandatory that staff are vaccinated. I would like to thank all of you for your understanding, appreciation and support towards myself and all care staff during those difficult times. Some of you have provided your Covid Vaccine Certificate which will be kept in your profile as per your request. If you have not sent on your vaccination certificate, please get in contact with me.

John Leiseboer has moved into a residential facility. He thanked us all for the support he had for many years with Abel Tasman Village. We are very happy to have Jovina Riveros back at home and finally we send our love to Lily Cuellar who has had to have a small surgery. Atze Van Stralen is also having respite at ATV.

I sadly report that our care staff Charmaine Wood and Fabiana Diaz have left ATV Homecare. We wish them all the best and thank them for their service to our Home Care clients. They will be greatly missed. As you are aware Edith Gould is still working only in ATV as the single site activity period continues. She is missing all of you and sends her love to you all.

Wishing an amazing birthday to Carmen Borg, we hope your day is bright and beautiful.

On a very happy note, I would like to welcome Isabel Arellano to our pool of wonderful clients on a level 1 HCP basis. She comes from Peru, arriving in Australia with her husband and two children in March 1987. Isabel worked for 15 years as patient service assistance, aiding with information, helping with catering, making beds, domestic activities and giving a nice hand massage. She had worked as a volunteer for 8 years in a Spanish speaking residential care facility in Rooty Hill. Isabel was also involved with a social Spanish speaking diabetes association in Fairfield/Cabramatta undertaking the admin support and volunteering at her Church. She loves her cat 'Rey' who is 14 years old. She is looking forward to having the support from ATV-Home Care as this will enable her to remain independent in her own home.



On the right Gloria enjoying her outing with Joyce, left Aad loving his haircut, below Josef showing his orchids, Jo and Mies working on their lovely crochet rugs. Thank you for sharing...

See you soon,  
Elizabeth Fernandez



**ABEL TASMAN VILLAGE RECREATION PROGRAM  
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DAY	DATE	ACTIVITY	VENUE	TIME
Monday 	1	<i>Exercises with Physio</i> <i>Sweepstake Preparations</i> <i>Horse Race Games</i>	Hall Coffee Shop Hall	10.00am 10.30am 2.00pm
Tuesday 	2	<b>MELBOURNE CUP</b> <b>Sweepstakes All Day</b> <i>Concert with Gerry Allen</i> <i>Games/Fashion Parade</i> <i>Happy Hour</i> <i>Melbourne Cup Race on Screen</i>	<b>Through the Village</b> Hall Hall Hall Hall	9.00 – 2.00 10.00am 1.30pm 2.00pm 3.00pm
Wednesday 	3	<i>Catholic Mass in English</i> <i>Tea/Coffee and Chat</i> <i>Resident Executive Meeting</i> <i>Bingo</i>	Hall (on Screen) Hall Coffee Shop Hall	10.00am 10.30am 11.00am 2.00pm
Thursday 	4	<i>Hairdresser/Beauty Care</i> <i>Dutch Activities</i> <i>Table Games with Noreen</i> <i>Happy Hour</i>	Hairdressing Salon Tulip Room Coffee Shop Hall	9.00am 10.00am 10.00am 2.00pm
Friday 	5	<i>Non-Denominational Service with Rev Dennis Muldoon</i> <i>Morning Tea</i> <i>Silhouette Craft</i>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	6	<i>Yahtzee with Volunteers</i> <i>Resident's Choice of Movie</i> <i>Family/Friends Visits</i>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday	7	<i>BraintrainerPlus</i> <i>Family/Friends Visits</i>	Hall Individual Visits	All Day
Monday 	8	<i>Tennis/Volleyball Competition</i> <i>Whiteboard Games</i> <i>ANZAC Biscuit Making</i>	Hall Hall Coffee Shop	10.00am 11.00am 2.00pm
Tuesday	9	<i>Exercises with Physio</i> <i>Bingo with Corey</i>	Hall Hall	10.00am 1.30pm
Wednesday 	10	<i>Catholic Mass</i> <i>Coffee/Get Together</i> <i>Resident Meeting</i> <i>Remembrance Day Quiz</i>	Hall (On Screen) Hall Hall Hall	10.00am 10.30am 11.00am 2.00pm
Thursday 	11	<i>Hairdresser/Beauty Care</i> <b>REMEMBRANCE DAY SERVICE</b> <i>Morning Tea</i> <i>Happy Hour</i>	Hairdressing Salon Hall Hall Hall	9.00am 10.00am 11.00am 2.00pm
Friday 	12	<i>Non-Denominational Service with Reverend Dennis Muldoon</i> <i>Morning Tea</i> <i>Travel to Airlie Beach and Ice Cream Social</i>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	13	<i>Bingo with Marja</i> <i>Resident's Choice of Movie</i> <i>Family/Friends Visits</i>	Hall Hall Individual Rooms	10.00am 1.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Sunday	14	<b>BraintrainerPlus</b> <b>Family/Friends Visits</b>	Hall Individual Visits	All Day
Monday 	15	<b>Jeopardy</b> <b>Morning Tea</b> <b>Carpet Bowling Competition</b>	Coffee Shop Coffee Shop Hall	10.00am 11.00am 2.00pm
Tuesday 	16	<b>Exercises with Physio</b> <b>Making Minestrone Soup</b> <b>Bingo with Corey</b>	Hall Coffee Shop Hall	10.00am 11.00am 1.30pm
Wednesday 	17	<b>Communion Service with Clara</b> <b>Coffee and Chat</b> <b>Snooker Competition</b> <b>The Quiet Man Movie starring John Wayne and Maureen O'Hara</b>	Hall Hall Hall Tulip Room	10.00am 11.00am 2.00pm 1.30pm
Thursday 	18	<b>MEMORIAL SERVICE</b> <b>Coffee/Get Together</b> <b>Happy Hour</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Friday 	19	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b> <b>Science Projects</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday 	20	<b>Yahtzee with Volunteers</b> <b>Movie Residents' Choice</b>	Hall Hall	10.00am 1.30pm
Sunday	21	<b>BraintrainerPlus</b> <b>Family/Friends Visits</b>	Hall Individual Visits	All Day
Monday 	22	<b>Corn Game/Bean Bag Toss</b> <b>Morning Tea</b> <b>Hoy Game</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Tuesday 	23	<b>Exercises with Physio</b> <b>Introduction of Macrame for Beginners</b> <b>Bingo with Corey</b>	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	24	<b>Catholic Mass with Father Maurice</b> <b>Food Tasting for Summer Menu</b>	Hall Hall	10.00am 1.30pm
Thursday 	25	<b>Hairdresser/Beauty Care</b> <b>Birthday Party Concert with Charlie Camilleria</b> <b>Relaxation Activities</b>	Hall Hall Tulip Room	9.00am 10.00am 2.00pm
Friday 	26	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b> <b>Happy Hour</b>	Hall Hall Hall	10.00am 11.00am 2.00pm



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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	27	<b>Bingo with Marja</b> <b>Movie Residents' Choice</b> <b>Family/Friends Visits</b>	Hall Hall Individual Rooms	10.00am 1.30pm
Sunday	28	<b>BraintrainerPlus</b> <b>Family/Friends Visits</b>	Hall Individual Visits	All Day
Monday	29	<b>Gentle Exercises/Ball Games</b> <b>Morning Tea</b> <b>Sjoelbak Competition</b>	Hall Hall Hall	10.00am 11.00am 2.00pm
Tuesday	30	<b>Exercises with Physio</b> <b>This Day in History/Discussion</b> <b>Bingo</b>	Hall Hall Hall	10.00am 11.00am 1.30pm



**NOEL BARNES 6TH**

**ANTHONY SCHNEIDERS 14TH**

**ELIZABETH ZENTVELD 17TH**

**EDWARD SULLIVAN 24TH**

**ANNA GISTL 7TH**

**IRENA NAJDZION 15TH**

**ANTONETTA GAILLARD 19TH**

**DIANA HUNTER 28TH**

**Breakfast: 8.15am**

**Lunch: 12.30pm**

**Dinner: 5.15pm**

**Pension Days: 4th and 18th November 2021**

**Podiatrist: Wednesday, 3rd November 2021**



From Left to Right (Catherine, Stacey, Ivka and Hendrika) getting ready for the Melbourne Cup and Residents BBQ. Catherine Making table decorations, horse race game and cocktail flags.



Fred pictured on the left and Godwin on the right getting into an impromptu drumming session during a sing--a-long. They played on their individual drums and then decided to share the one drum. Fantastic rhythm gentlemen!!!



# GOODBYE NADIA

We said goodbye to Nadia who left in the month of October to concentrate on her studies. We held a small party for her and residents were sad to say goodbye. We all wish her all the best for her future. Nadia said that she would definitely pop in now and then as she has developed a wonderful relationship with residents, families, volunteers and staff.



Our volunteers Kees (on the left) and Bill (below) have been busy during lockdown. Kees donated a sjoelbak and the "corn game" which he had made himself. Bill made 3 "racers" that will be used for the Melbourne Cup. Thank you gentlemen its very much appreciated!!!



# THANK YOU!!!



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Pfff such a big month and we have another two very busy months ahead of us. Its been fantastic to have welcomed Noreen to the Lifestyle Team and have been very happy to have her expertise in both Hospitality and Dementia care already been implemented across our activities.

In conjunction with feedback from residents from the month of October we have realised that we need more staff to run Happy Hour and have decided to run Happy Hour on a Thursday for the first 3 weeks and on the last week on a Friday. We will also be having a European savoury platter, Pastises and Bitterballen on alternative Happy Hours.

We have also listened to suggestions from residents about Macrame and Noreen will be running a "Beginner Class" on Tuesday, 23rd November. Another request was for a cooking class and have organised a "Ministrone Soup" class with Godwin supplying us with the recipe and he will be cooking this wonderful dish. This will be held on Tuesday, 16th November.

On Wednesday, 24th November we would like to encourage residents to come and sample the Summer Menu and give us lots of feedback. This is always well attended.

Some more photos of the Residents' BBQ



# SPRING BBQ

