



ABEL TASMAN

NEWSLETTER

OCTOBER 2021



FROM THE GENERAL MANAGER



Welcome to the ATV newsletter for October 2021. Well it looks like we are going to enter October with excitement! The Premier announced on 29th September that visiting residents in residential aged care is back on! We can't wait to welcome our lovely families back through the gates. It has been such a hard time for everyone - residents, family members, volunteers, staff and anyone with a close connection to ATV.

Of course, opening up brings with it some risks and we will be introducing a very planned approach to visiting. You will need to be fully vaccinated to be able to visit so, if you haven't already done so, please send your vaccination certificate indicating you have received two doses of a COVID vaccine. You can send your certificate to office.mgr@abeltasman.com.au.

We will be maintaining limited access to alternative methods of communication for those family members who have not yet been able to be vaccinated or who cannot visit for other reasons.

With the warmer weather and daylight saving starting on the long weekend, we are looking forward to hosting more activities out in the lovely gardens. I know the lifestyle team (including our new lifestyle officer, Noreen) have lots of things planned including barbeques, outside happy hours and games in the gardens.

I can report that the staff member who had tested positive to COVID has now been given clearance to return to work. It is a testament to the power of the vaccine, that this staff member (who is double vaccinated) reported she only had very mild symptoms. We are truly thankful that she was not struck down with serious illness and we will be welcoming her back in a few weeks. I can also advise that our staff vaccination rate is now sitting at 100%. Such a great result!

I know when visiting starts again, many of you will want to bring gifts for your loved ones. Please make sure if you bring clothing, that it is handed in for labelling. If you are bringing food for a loved one please also make sure you mention this to the RN.

We will be reintroducing our hairdressing service and Rosa is very excited to be coming back to ATV. I'm sure many residents will also be thrilled to get their hair cut, and perhaps coloured, to look their best for when family members are visiting.

ATV was due for accreditation in September. However, due to the pandemic we have been given an extension to our accreditation for up to 6 months. The accreditation visit will be unannounced, and assessors will visit ATV for approximately 3 days to measure our care and services against the Quality Standards.

With lockdown gradually coming to an end, thoughts are now turning to Christmas and what activities we will be holding. Katja, Noreen and the team will keep you advised of the wonderful festive events we have planned. It will make such a difference to be able to join with families and friends to celebrate the Christmas season.

We welcome Marie Payne who is revisiting ATV for a period of respite. Welcome Marie!

Please don't hesitate to contact me if there's anything you would like to chat about. I look forward to seeing you back at ATV very soon.

Until next time
Margaret Russell (Acting General Manager)

ABEL TASMAN VILLAGE RECREATION PROGRAM
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HOMECARE



Welcome to our October newsletter 2021. Despite the current lockdown, we are so pleased we have still been able to maintain services for the majority of our wonderful clients.

If your services are currently on hold, I hope you are keeping well and not feeling isolated. We are ready and able to recommence services whenever you wish. We have a high rate of care staff vaccination within the homecare space. If you have been vaccinated, it would be appreciated if you could please let me know as I need to keep a record. Thank you to all our staff and clients who have made the decision to not only protect themselves, but also our staff, clients and members of the community.

Once you are fully vaccinated (two doses) there are several options to receive your proof of Covid-19 vaccination certificate:

- Using your Medicare online account or you can create one. You need an email address.
- Call the Australian Immunisation Register on 1800 653 809 (8am to 5pm, Monday to Friday) and ask for your immunisation history statement to be posted to you. It can take up to 14 days to arrive in the post.
- If you need an interpreter, please call the Telephone Interpreter Service (TIS) on 131 450

Care Staff can assist you to access those services. Please reach out to us.

On the right Josef Jamsek, enjoying potting up orchids. His social support with assistance of his carer Charmaine who helps him pot them up as they need to be separated. He stated that this is one of his passions in life as he also benefits from the bring sunshine. Those are attended weekly... putting them up & separating them. They are all out in flower now... He has around 50 orchid pots. We are looking forward to having photos soon.



As previously stated, please find see below a link to a fact sheet in regard to “Improved payment arrangements for Home Care”. The Department of Health will keep clients and providers informed of the changes through emails and their website (below)

<https://www.health.gov.au/health-topics/aged-care/aged-care-reforms-and-reviews/improved-payment-arrangements-for-home-care>

We sadly say farewell to Mariannina Tamburro, Nola Jamsek, Adriana & Marinus Vermunt who have transitioned to residential aged care.

I had received a phone call from Mies Van Florestein from Ballarat – Victoria, she is doing well and enjoying family’s company. She is sending all her love to all and hoping to get back home soon.

On another note, our best wishes to John Leiseboer & Jovina Riveros who are in respite and hospital. We wish them well and our thoughts are with them.

Take care, kind regards...

Elizabett Fernandez



1st Van Long, 3rd Azte Van Stralen,
10th Helen Vella, 13th Toni Besters,
17th Monique Grosfeld, 19th Helen Mavridis,
28th Edith Gould


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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	1	Non-Denominational Service with Rev Muldoon Morning Tea Happy Hour	Hall (on tv) Hall Hall	10.00am 11.00am 2.00pm
Saturday	2	Table Bobs BrainTrainer Plus	Hall Hall	10.00am All Day
Sunday 	3	Floor Bobs BrainTrainer Plus	Hall Hall	10.00am All Day
Monday	4	Picture Bingo Morning Tea BraintrainerPlus	Hall Hall Hall	10.00am 11.00am 2.00pm
Tuesday	5	Group Physio with Winnie Whiteboard Games Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	6	Catholic Mass in English Coffee and Chat Residents' Executive Flower Decoration Craft	Hall (on tv) Hall Tulip Room Coffee Shop	10.00am 10.30am 11.00am 1.30pm
Thursday	7	Jeux de Boules Table Games	Village Gardens Hall	10.00am 1.30pm
Friday 	8	Non-Denominational Service with Rev Muldoon Morning Tea Happy Hour	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday	9	Sjoelbak BraintrainerPlus	Hall Hall	10.00am All Day
Sunday	10	Target Golf Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday	11	Floor Shuffleboard What's In The Bag	Hall Hall (outdoor)	10.00am 1.30pm
Tuesday	12	Group Physio with Winnie Bingo	Hall Hall	10.00am 1.30pm
Wednesday 	13	Catholic Mass in English Welcome Morning Tea Noreen Magic Memories	Hall Hall Hall Coffee Shop	10.00am 10.30am 11.00am 1.30pm
Thursday 	14	HAIRDRESSER Target Games Morning Tea Happy Hour	Hair Salon Hall Hall Hall	9.00am 10.00am 11.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	15	Non-Denominational Service with Rev. Muldoon Morning Tea Activities with Noreen	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday	16	Morning Tea BrainTrainerPlus	Hall Hall	10.00am All Day
Sunday	17	Morning Tea Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday 	18	Dutch Activities Activities with Johanna Who Wants to be a Millionaire?	Tulip Room Hall Hall	10.00am 10.00am 1.30pm
Tuesday 	19	Group Physio with Winnie It Happened in October Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	20	Catholic Mass in English Coffee/Get Together Residents' Meeting Happy Hour	Hall Hall Hall Hall	10.00am 10.30am 11.00am 2.00pm
Thursday 	21	HAIRDRESSER Toss the Hula Morning Tea RESIDENT BARBEQUE LUNCH	Hair Salon Hall Hall Outside Garden	9.00am 10.00am 11.00am 12.00pm
Friday 	22	Non-Denominational Service with Rev. Muldoon Morning Tea Activities with Noreen	Hall (Zoom) Hall Hall	10.00am 11.00am 2.00pm
Saturday	23	Morning Tea BrainTrainerPlus	Hall Hall	10.00am All Day
Sunday	24	Morning Tea Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday	25	Target Games The Price is Right Game	Hall Hall	10.00am 1.30pm
Tuesday	26	Group Physio with Winnie This Day in History Bingo	Hall Hall Hall	10.00am 11.00am 2.00pm
Wednesday 	27	Catholic Mass in English Coffee/Get Together Cooking Activity	Hall Hall Coffee Shop	10.00am 10.30am 1.30pm
Thursday 	28	HAIRDRESSER Birthday Party Table Games	Hair Salon Hall Coffee Shop	9.00am 10.00am 1.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
 Friday	29	Non-Denominational Service with Rev. Muldoon	Hall	10.00am
		Morning Tea	Hall	11.00am
		Happy Hour	Hall	2.00pm
Saturday	30	Morning Tea BraintrainerPlus	Hall Hall	10.00am All Day

Lots of great things have been planned for October as you can see in the newsletter with the opening up of our gates to our families and friends as well as the Hairdresser and Volunteers returning. We will be celebrating the end of our lockdown with a wonderful Resident's Only Barbeque outside in the gardens on Thursday, 21st October.

Its with sadness that we will be saying goodbye to Nadia (Lifestyle Officer) as she commences a new career in Childcare. Good luck in your new endeavours....you will be great with the children and they are lucky to have you. We are relieved that she will continue as a volunteer. Here a lovely note from Nadia.

' As much as I've loved my time here at ATV, I've decided it's time for me to move onto the next chapter of my life. I want to thank everyone, staff, residents, and the wonderful families for providing me with an amazing 8 months working here. I've certainly formed some beautiful connections and relationships. Working alongside Katja has been a blessing and I'm extremely lucky to have had such a fantastic manager who truly inspires me. I will be starting a traineeship as an Early Childhood Educator whilst continuing a six year degree to complete a Masters of Neuropsychology. On the bright side, I do hope to return as a volunteer once or twice a month (time-permitting) as I don't want to abandon the friendships I've made here. I can't properly word just how proud I am to have worked at such a brilliant facility, I wholeheartedly have not only seen but also experienced the care and love between residents and staff, and it is a heart-warming feeling. '



The Lifestyle Team will be welcoming our new Lifestyle Officer Noreen on Tuesday, 12th October. She is replacing Janina and will be working from Tuesday to Friday. We will be having a special Welcome Morning tea for her at 11.00am on Wednesday and Noreen has a special message for you all on the next page.

Please Note that two of the Happy Hours in the month of October will be run on Thursday, 14th October and Wednesday, 20th October.



Please ensure you put your watches and clocks forward before you go to bed on Saturday night the 3rd of October as we are entering Daylight Saving.

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NORMA GALLIANI 6TH

JOHN ORMUS 7TH

RON STAPLES 15TH

ROBERT MATTHEWS 19TH

MERVYN MANNING 20TH

Breakfast: 8.15am **Pension Day:** 7th and 21st October 2021
Lunch: 12.30pm **Podiatrist:** Wednesday, 6th October 2021
Dinner: 5.15pm

It gives me great pleasure to write to you and introduce myself as the new Lifestyle Activity Officer at Abel Tasman Village. I'm delighted to be joining the established Lifestyle Activities team that are focused on satisfying the needs of you, our residents.

Prior to coming to the Abel Tasman, I served as the Recreational Officer for St Hedwig Village. Holding various positions in my 16 year tenure there, I learned the value about being available to all residents and staff as being a key ingredient of resident welfare.

My belief throughout my career which also includes 7 years in European aged care and 3 years in Hospitality, has been that residents deserve great care and understanding. By focusing on individual needs, I hope to uphold and expand on the care, understanding, support and culturally inclusive atmosphere that Abel Tasman Village prides itself on.

I consider myself fortunate and would like to thank the Management for their trust in handing me this opportunity, one I shall treat with the responsibility and devotion it deserves.

I genuinely look forward to having the opportunity to meet you all in person.

Noreen Nakic



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Nadia took residents on an Armchair Travel to Lebanon. They enjoyed learning about this fascinating country. Tasted a variety of food such as hommouss and carrot as well as a Maamoul Mix which are Arabic sweets and a drink called Ayran.



Spring



We kicked off the start of Spring with a game of bocce in the gardens which was very well attended. This was followed up with baking the Dutch “Mini Pancakes” for afternoon tea outside in the garden as well. Hopefully we will be getting more warm weather in the coming month to enable us to have more activities in the fresh air.



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Oktoberfest was lots of fun this year with a wonderful concert from Julie on her accordion via Zoom. Residents made Apple Strudel and made 50 Pretzel necklaces. Anna (resident) treated the men to German beer and we played a beer toss game in the afternoon and had Happy Hour.



Father's Day was a huge success and the men felt tie-riffic receiving their lovely photo frames which were made by the ladies and lucky door prizes.

