



ABEL TASMAN

NEWSLETTER

SEPTEMBER 2021



FROM THE GENERAL MANAGER



Welcome to the ATV newsletter for September 2021. Isn't it lovely to welcome some warmer days as we head into Spring! We have been able to utilise the lovely gardens on temperate days for activities and our residents just love being out in the fresh air and lush surroundings. I must begin by acknowledging the wonderful ATV staff who continue to put smiles on their faces and give the best of care to our residents and homecare clients. These are very difficult times and I cannot thank every staff member enough for the commitment and care they are showing.

News hot off the press is that our fantastic catering team has achieved an "A" rating in their recent Food Authority Safety Audit. This is a great result and congratulations to Mark and his staff on achieving the best rating you can get.

We start September the way we started August - very sadly in lockdown. At this time, we have not been directly impacted by this dreadful virus. We are being extremely vigilant with our staff testing and we are keeping a very close eye on residents. We have also severely limited the number of contractors we are allowing on site, only permitting emergency repairs and those works that are required to ensure we are compliant with legislation. All contractors who visit the site are thoroughly screened prior to entry.

The vaccination debate continues. We are very fortunate to have extremely high vaccination numbers. Our staff have come forward in droves to take up vaccination and we cannot thank them enough for putting the safety of our residents and clients as a priority. NSW has now received communication from the Public Health Order to mandate vaccination for staff who work in residential aged care facilities. All staff must have had their first dose of vaccine by 17th September. At this stage, vaccination is not mandatory for homecare staff. If any homecare client wishes to discuss staff vaccination status please contact Elizabett for further information.

Visiting is still not permitted under the Chief Health Officer directive to residential aged care facilities. We know how difficult this is for families who are missing their loved ones and who are concerned about their welfare. Please continue to take advantage of the alternative means of communication we have. As I have advised previously, we do monitor our residents very closely for any signs of distress and will contact you if we feel a visit is essential.

Just a reminder that if you would like to drop off items for your loved one, they need to be delivered to the Administration office Monday to Friday during office hours. There is a box outside the door for items to be placed. Please ensure the parcel is clearly labelled. We will sanitise the items and then deliver them. Please note that whilst we try to deliver items in a timely way, it may be that items dropped during the day may not be delivered until late that day or even early the next day.

We welcomed new residents to ATV in August – Marinus and Adriana Vermunt, and Carol Wood. It is a challenging time for these new residents but we are happy to see them settling in well and making friends. Sadly, we said farewell to John O'Brien, Carmel Windred and Carolyn Hurst in August. Our thoughts are with their families at such a sad and difficult time.

As always, should you have any concerns or just want to have a chat, please don't hesitate to contact me.

Please stay safe! Until next time,
Margaret Russell (Acting General Manager)

HOMECARE



Welcome Spring 2021

Every year, the cold of winter melts away and spring brings a new beginning.

Where flowers bloom so does hope, all signs point to good days ahead... Lets we keep embrace in the colours, the shiny sun, the blue sky and the magical breeze of Spring...



We hope you are all keeping safe and well during this uncertain time. The situation in Sydney is an ongoing concern. We would strongly remind all homecare clients, families etc to let care staff know immediately if you are feeling unwell or you have been advised that you are a close contact. All care staff do go through the sign in record at the beginning of your service provision. Please disclose if you or anyone in your household is unwell at this time.

Our Care Staff are working very hard to keep track of their personal/work visits to all locations outside their home to ensure they are complying with all the advice from NSW Health.

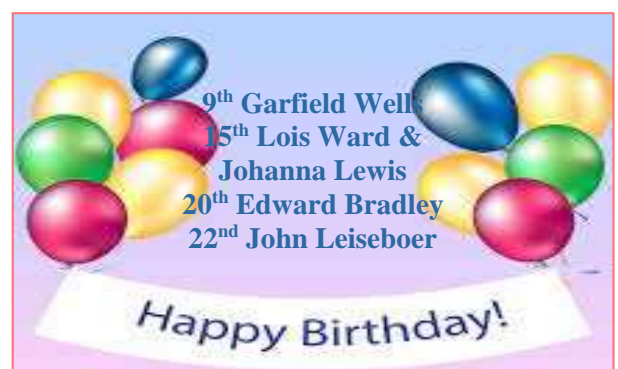
We have previously contacted all of you to update your Covid-19 vaccine status. If this information has changed, can you please contact me.

On another note, the Commonwealth Government is changing the way Home Care Package Program providers are paid the subsidy applying to your package. Please be assured **this will not affect the care recipients' subsidy entitlement.**

This change will mean that providers may opt-in to move the responsibility for holding the Commonwealth portion of unspent funds back to the Government. This will mean big changes for our administration staff.

Changes are also designed to reinforce the focus on delivering services to meet your needs and choices in the Home Care Package Program. Further information will be provided to you when this comes available.

We would like to send our most best wishes to John Leiseboer, Maria Tamburro, Nola Jamsek, Adriana & Marinus Vermunt who are in respite and our sorely missed Mies Van Florestein who is still on a long visit with family in Victoria.



I would like to pass on condolences on behalf of ATV, the care staff and ATV clients to the family of Anne Van der Mortel & Lynne Monckton. It was a privilege and pleasure to have assisted them in their home.

Take Care.... Elizabett Fernandez

**ABEL TASMAN VILLAGE RECREATION PROGRAM
SEPTEMBER 2021**

DAY	DATE	ACTIVITY	VENUE	TIME
Wednesday 	1	Catholic Mass in English Coffee and Chat Residents' Executive Time in the Sun Father's Day Craft	Hall (on tv) Hall Tulip Room Village Garden Coffee Shop	10.00am 10.30am 11.00am 11.00am 1.30pm
Thursday 	2	Father's Day Activities Morning Tea Ping Pong Competition	Hall Hall Hall	10.00am 11.00am 1.30pm
Friday 	3	Non-Denominational Service with Rev Dennis Muldoon Morning Tea Happy Hour	Hall (on tv) Hall Hall	10.00am 11.00am 2.00pm
Saturday	4	Table Bobs BraintrainerPlus	Hall Hall	10.00am All Day
Sunday 	5	FATHER'S DAY Special Father's Day Morning Tea	Hall	10.00am
Monday 	6	Tenpin Bowling Morning Tea Seated Yoga & Strength	Hall Hall Hall	10.00am 11.00am 2.00pm
Tuesday	7	Group Physio with Winnie Challenge Presentation Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	8	Catholic Mass in English Coffee and Chat Residents' Meeting Magic Memories	Hall (on tv) Hall Hall Coffee Shop	10.00am 10.30am 11.00am 1.30pm
Thursday	9	DanceWise Exercises Jeux de Boules	Hall Village Gardens	10.00am 2.00pm
Friday 	10	Non-Denominational Service with Rev Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday	11	Floor Bobs BraintrainerPlus	Hall Hall	10.00am All Day
Sunday	12	Seated Exercises Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday 	13	Making Ayrn (Arabic Drink) & Discover Iraq Dutch Activities Outdoor Activities	Hall Tulip Room Village Garden	10.00am 10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday	14	Group Physio with Winnie This Day in History Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	15	Catholic Mass in English Coffee/Get Together A Current Affair Flower Route Presentation	Hall Hall Hall Tulip Room	10.00am 10.30am 11.00am 2.00pm
Thursday 	16	Exercises/ Target Games Morning Tea Comic Book Activities Movie & Popcorn/Ice Cream	Hall Hall Hall Hall	10.00am 11.00am 1.30pm 3.00pm
Friday 	17	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	10.00am 11.00am 2.00pm
Saturday	18	Musical Bingo BrainTrainerPlus	Hall Hall	10.00am All Day
Sunday 	19	Sjoelbak Competition Morning Tea Movie Residents' Choice	Hall Hall Hall	10.00am 11.00am 2.00pm
Monday 	20	Tennis Competition Morning Tea Apple Strudel Baking	Hall Hall Coffee Shop	10.00am 11.00am 1.30pm
Tuesday 	21	Group Physio with Winnie This Day in History Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	22	Catholic Mass in English Coffee/Get Together Whiteboard Games Pretzel Craft	Hall Hall Hall Coffee Shop	10.00am 10.30am 11.00am 1.30pm
Thursday 	23	Oktoberfest Party with Performance by Julie Oktoberfest Trivia/Quiz & Beer Trivia	Hall (Zoom) Hall	10.00am 1.30pm
Friday 	24	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall (Zoom) Hall Hall	10.00am 11.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Saturday	25	Target Golf BrainTrainerPlus	Hall Hall	10.00am All Day
Sunday	26	Puzzle Bingo Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday	27	Raspberry Ricotta Cake Baking Sjoelbak Competition	Coffeeshop Outdoors	10.00am 1.30pm
Tuesday	28	Group Exercises with Physio Bingo	Hall Hall	10.00am 2.00pm
Wednesday	29	Catholic Mass in English Coffee/Get Together Whiteboard Games Table Games	Hall Hall Hall Hall	10.00am 10.30am 11.00am 1.30pm
Thursday	30	Birthday Party With Entertainment Shop Bingo	Hall Coffee Shop	10.00am 1.30pm



LUCY O'BRIEN 2ND

COLIN FENWICK 10TH

PENG CHHOR 14TH

RAISA GAIDZIONIS 18TH

MARIA BUCIK 27TH

Breakfast: 8.15am

Pension Day: 30th September 2021

Lunch: 12.30pm

Podiatrist: Friday, 17th September 2021

Dinner: 5.15pm

Its been wonderful that families have started to use both Woolworths and/or Coles online shopping to enable residents to receive their goodies. Its working really well and residents are happy to receive their shopping via this method. Its safe and great that you can do it from the comfort of your own home.

Woolworths
the fresh food people

coles

For Woolworths <https://www.woolworths.com.au/>

For Coles <https://shop.coles.com.au/a/national/home>

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HAPPY HOUR



Happy Hour has definitely got a great deal happier with residents now able to have a much wider choice in drinks. Nadia (pictured on the right) came up with a wonderful cocktail menu and conducted a tasting session with residents dressed up in Hawaiian outfits to make it a very colourful event. Thank you so much Nadia for coming up with this wonderful idea. It has been a big hit and well received by residents.



The beautiful weather has enabled residents to go for their walks around the beautiful village gardens but also enabled them to participate in outdoor activities such as target games and the very popular bocce.

There have even been requests to have it at least twice per week and will definitely follow this up weather permitting. There is nothing better than Vitamin D.



Colin has been extremely busy during the month of August and has managed to build 3 car models completely out of lego. They look so real and have so much detail in each one of them. He is going to run out of space real soon and will need an entire room for them.



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Our beautiful residents have had some lovely pampering done in the month of August with lovely hand/nail treatments carried out by both Joanne (PCA), Nadia (Lifestyle) and Effie (Councillor)

Effie also carried out an amazing deep hair treatment for Ellie's beautiful long hair and the results have been stunning. Thank you ladies for your wonderful pampering sessions.



Pictured Left:

There were plenty of happy residents throughout the month of August with Clara (Pastoral Carer) dropping off beautiful orchids fresh from her garden and cards for residents. Edith was thrilled to receive her orchid.

Pictured Right:

Gobleth a volunteer from Chester Hill Neighbourhood Centre who normally visits two residents each week send a lovely card to both of them and they definitely made them very happy. Wilma appreciated her lovely card.

