



ABEL TASMAN

NEWSLETTER

MAY 2021



FROM THE GENERAL MANAGER



I will be commencing my maternity leave on the 21st May 2021 and expect to return in January 2022. In my absence, the lovely Margaret Russell will step into the role of General Manager. I am sure many of you have had the pleasure of meeting Margaret who has been part of the ATV Management Team since April 2020. Margaret has over 20 years of experience in aged care and is very well qualified to step into the role in my absence. Please feel free to come and introduce yourself and say ‘hi’ to Margaret next time you are at ATV. Thank you for all the love and support from families, staff and volunteers. I will be seeing you all very soon.



Mitchell (Left) is our newly appointed Maintenance Supervisor. He is very experienced and has over 8 years experience in aged care. Mitch joined the ATV family in April 2020 and already feels like he is part of our family.



Richa (Left) is our newly appointment Office Manager. She has over 6 years experience in Aged Care as Consumer Relations Consultant and 3 years experience as an AIN (Assistant in Nursing). Welcome Richa.

COVID-19 VACCINATION

Our COVID-19 Vaccination programme is near to completing for our residents. The first dose was administered on 13th April 2021 with great success, the second will be completed by 4th May 2021. The consent form is still valid from the previous vaccination round, and once again we request that on the Vaccination day, we would appreciate if you can limit your visits, as we require all resources to assist with the Vaccination. If you wish to support your loved ones, please notify the RN and limit to one visitor per resident on the day. The Flu vaccine can be administered 2 weeks post COVID-19 dose. There will be a notice posted on our ATV website site and Facebook to provide more details over the next few weeks.

We have a very busy month of May, just a reminder that the ATV will be limiting visitors for the following days, personal request can me made with our Registered Nurse and Care Manager (Harry).

- Monday, 3rd May – closed AM – **Dutch Remembrance Day Service.**
- Tuesday, 4th May – closed until 1.00 pm – **COVID-19 vaccination**
- Thursday, 6th May – closed All Day – **Dutch Liberation Function** (“Bevrijdings Dag”)
- Sunday, 9th May – Closed AM – **Special Mother’s Day Concert and High Tea.**
- Wednesday 12th May –**International Nurses Day** (open to visitors) .

Finally, I would like thank you for nominating the following staff for the ‘ATV Staff Recognition Awards’ for the Month of April. Your nomination is very valuable in recognition the great work that staff and the volunteers do in providing the great care for your residents and clients at ATV. Please keep the nominations coming. Congratulations to the following staff: Sonja (PCA), Jus (PCA), Kay (RN) and Ishmam (Accountant).

Kind regards,
Sophia Markwell (General Manager)

HEMOCARE



HAPPY MOTHERS' DAY 2021 TO OUR AMAZING MUMS!

Mothers' Day is a celebration honoring the mother of the family, as well as motherhood, maternal bonds and the influence of mothers in society.

We welcome Terese Yammine, Sofia Malavazos families and representatives to our family in home care. Our thoughts are with Bernie and Mariannina who are recuperating in hospital. We wish them a speedy recovery. Sadly we say goodbye to Megan Laws who has transitioned into residential care. We wish her all the best.



Big birthday wishes this May for a couple celebrating their birthday in the same month: Marinus & Adriana Vermunt, we wish you a world of happiness and health! We hope there are lots of celebrations planned!

I would like to take this opportunity to introduce you to our new Registered Nurse Lucas. Lucas has been working at Abel Tasman for over 4 years. He is very experienced and together with Yang will be working on the nursing assessments. The assessments will be scheduled for six monthly reviews. If there are changes in your care needs this clinical service will be organized with your coordinator to tailor services to your new care needs.



As we have been conducting the assessments, you have shared great stories, like finding a cup with your nick name 'Mies', or stories about being part of the defence force, details in dress making and the interest in new projects like knitting blankets for great causes and exploring places like Flower Power, Warragamba Dam and feeling pampered with some manicures at home.

We have a great team of Care Staff, who have shared with you moments and experiences over a cup of tea/coffee and in the last years we are working with Alfonso our private physiotherapist and his team of occupational therapists from No-Limits. Tracey looks after the podiatrist services.



With regard to the flu & Covid-19 vaccinations we would recommend that you speak to your GP about the vaccination program to make sure you are well informed prior to getting the vaccine.



Until next time,
Kind regards, **Elizabett Fernandez**

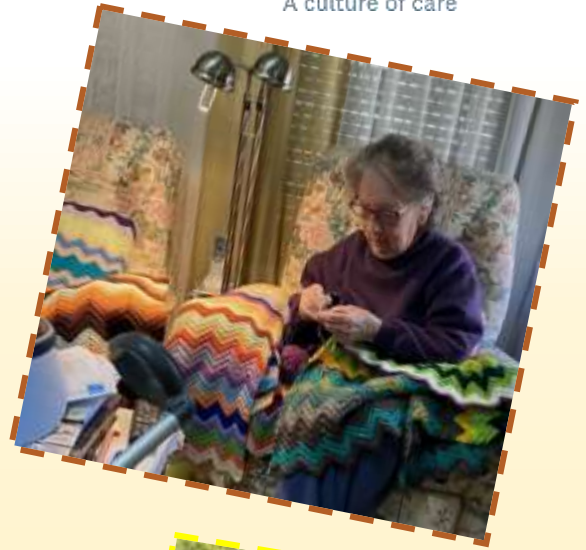
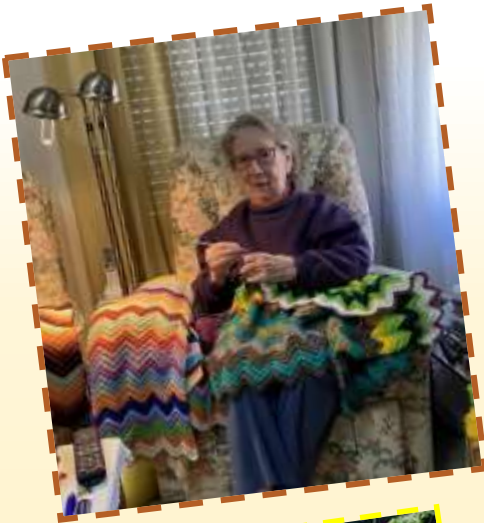
8th Marinus Vermunt & 25th Adriana Vermunt

HOMECARE



ABEL TASMAN
A culture of care

More To Share....















Knitting, old kerosene lamp, trips to nursery, picnic at Nurranginy Reserve, outing to Rembrandt club, sharing histories, manicure and emotional support with carers are just some of many things that Home Care provides for you.

Thank you.



**ABEL TASMAN VILLAGE RECREATION PROGRAM
MAY 2021**

DAY	DATE	ACTIVITY	VENUE	TIME
Saturday 	1	Yahtzee with Clara/Robyn Mother's Day Craft with Nadia	Hall Coffee Shop	10.00am 2.00pm
Sunday 	2	Puzzle Bingo with Nadia Coffee and Chat Family and Friends Visit	Hall Hall Individual Rooms	10.00am 11.00am 1.30pm
Monday 	3	Dodenherdenking Service Individual Visits	Memorial Garden Individual Rooms	11.00am 1.30pm
Tuesday 	4	COVID-19 Vaccination Exercises with Winnie Bingo with Corey	Hall Hall	9.30am 1.30pm
Wednesday 	5	Hairdressing Services Catholic Mass in English Coffee Get Together Resident Executive Meeting Set up for Liberation Day	<i>Hairdressing Salon</i> Hall Hall Coffee Shop Hall	9.00am 10.00am 10.30am 11.00am 1.30pm
Thursday 	6	Dutch Liberation Day Concert with Julie Special Luncheon Liberation Raffle Drawn	Hall Hall Hall	10.30am 12.00pm 1.00pm
Friday 	7	Exercises with Janina and Nadia Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	8	Bingo with Marja Coffee and Chat Baking Cupcakes with Nadia	Hall Hall Hall	10.00am 11.00am 2.00pm
Sunday 	9	Mothers' Day High Tea Concert with Yasmin Family and Friends Visits	Hall Hall Individual Rooms	10.00am 10.30am 1.30pm
Monday 	10	Shuffleboard Competition This Day in History Pizza Making	Hall Hall Coffee Shop	10.00am 11.30am 2.00pm
Tuesday 	11	Exercises with Winnie Bingo with Corey	Hall Hall	10.00am 1.30pm
Wednesday 	12	INTERNATIONAL NURSES DAY Communion Service Resident Meeting Nurses Activities	Hall Hall Coffee Shop	10.00am 10.30am 1.30pm

**ABEL TASMAN VILLAGE RECREATION PROGRAM
MAY 2021**

DAY	DATE	ACTIVITY	VENUE	TIME
Thursday 	13	Hairdresser/Beauty Care Activities with Janina Bus Outing Andre Rieu Concert	Hairdressing Salon Hall Lambeth Reserve Hall	9.00am 10.00am 9.30am 1.30pm
Friday 	14	Non-Denominational Service/Morning tea Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	15	Yahtzee with Clara/Robyn Sjoelbak with Nadia	Hall Hall	10.00am 2.00pm
Sunday 	16	Table Bobs with Nadia Coffee Get Together Family and Friends Visits	Hall Hall Individual Rooms	10.00am 11.00am 1.30pm
Monday 	17	Shuffleboard Competition This Day in History Music Bingo	Hall Hall Coffee Shop 	10.00am 11.30am 1.30pm
Tuesday 	18	Exercises with Winnie This Day in History Bingo with Corey	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	19	Catholic Mass in Polish/English Coffee Get Together Current Affairs Magic Memories	Hall Hall Hall Coffee Shop	10.00am 10.30am 11.00am 1.30pm
Thursday 	20	Hairdresser/Beauty Care Move and Groove Conquest of Mount Everest Movie Residents' Choice	Hairdressing Salon Hall Tulip Room Hall	9.00am 10.00am 1.30pm 1.30pm
Friday 	21	Non-Denominational Service/Morning tea Happy Hour	Hall Hall	10.00am 2.00pm
Saturday 	22	Bingo with Marja Coffee and Chat Card Concentration Game	Hall Hall Hall	10.00am 11.30am 1.30pm
Sunday 	23	Target Golf Coffee and Chat Family and Friends Visit	Hall Hall Individual Rooms	10.00am 11.00am 1.30pm
Monday 	24	Shuffleboard Competition This Day in History Noodle Soccer	Hall Hall Hall	10.00am 11.30am 1.30pm

**ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday	25	<i>Exercises with Winnie Bingo with Corey</i>	Hall Hall	10.00am 1.30pm
Wednesday 	26	<i>Catholic Mass in English Coffee Get Together Current Affairs Sjoelbak Competition</i>	Hall Hall Hall Hall	10.00am 10.30am 11.00am 1.30pm
Thursday 	27	<i>Hairdresser/Beauty Care Birthday Concert with Margarita Montes Ring Toss Game</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 1.30pm
Friday 	28	<i>Exercises/Games Individual visits Happy Hour</i>	Hall Individual rooms Hall	10.00am 10.00am 2.00pm
Saturday 	29	<i>Yahtzee with Clara/Robyn Puzzle Bingo with Nadia</i>	Hall Hall	10.00am 2.00pm
Sunday 	30	<i>Table Bobs with Nadia Coffee Get Together Family and Friends Visit</i>	Hall Hall Individual Rooms	10.00am 11.00pm 1.30pm
Monday 	31	<i>Shuffleboard Competition Whiteboard Games</i>	Hall Hall	10.00am 1.30pm



**KENNETH WADE 21ST
IRENA WASZCZUK 22ND**

**ALFRED BORG 28TH
LIOUDMILA IZOSSIMOVA 29TH**

Breakfast: 8.15am **Pension Days:** 6th and 20th 2021
Lunch: 12.30pm **Podiatrist:** 5th May 2021
Dinner: 5.15pm

Family & Visitors Lunch Meal \$7.00

Please let the kitchen know the day before or 9.00am that morning if you require a meal for a visitor and also inform kitchen supervisor if you will not be at lunch or dinner.

ANZAC SERVICE

There was a wonderful attendance at the ANZAC Service and a big thank you to all our wonderful residents, volunteers and staff in assisting during the service.



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Natalie and Ron Kinsey celebrated their 60th wedding anniversary on 28th April.

They received beautiful flowers and a small anniversary cake.

Wishing you both many more wonderful years together.

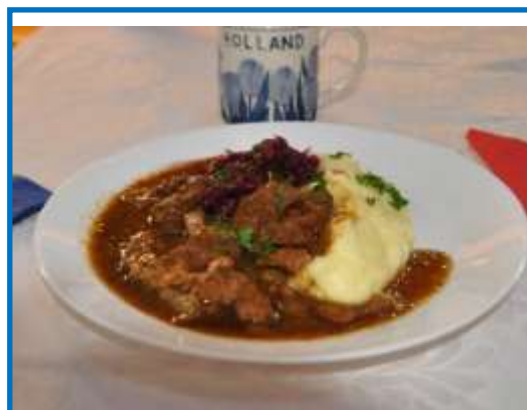
Pictured left are Natalie and Ron on their wedding day.
Pictured right are Margaret, Ron and Natalie.



In April the village celebrated the Birthday of King Willem Alexander with a wonderful Dutch performance by Annette van Roden which had us singing and dancing. A big thank you to Emmy and Louis for assisting with the Dutch cooking on the day. The Hachee was delicious!
A big thank you also to our wonderful team of volunteers!!!



KINGSDAY PARTY



ABEL TASMAN VILLAGE RECREATION PROGRAM MAY 2021

Remembrance of the Dead (*Dodenherdenking*) is held annually on the 4th of May in the Netherlands. It commemorates all civilians and members of the armed forces of the Kingdom of the Netherlands who have died in wars or peacekeeping missions since the beginning of the Second World War.



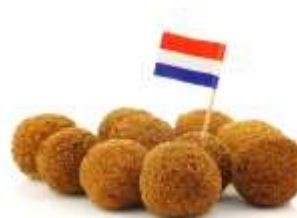
Traditionally, the main ceremonies are observed in Amsterdam at the National Monument on Dam Square. This ceremony is usually attended by members of the cabinet and the royal family, military leaders, representatives of the resistance movement and other social groups. At 8.00pm two minutes of silence is observed throughout the Netherlands. Public transport is stopped as well as all other traffic.

Radio and TV only broadcast the ceremonies from 7.00pm until 8.30pm. Since 4 May 1994 flags have hung at half-staff from 6.00pm, are then hoisted to the music of the Wilhelmus, the Dutch national anthem. There are ceremonies in all Dutch cities and other places as well. Especially notable are those at the Waalsdorpervlakte near The Hague where many Dutch resistance fighters were executed during the war, and at the war cemetery Grebbeberg, which are broadcast by the commercial broadcasting companies. In many towns, before or after the two minutes of silence, people gather around a monument, listen to speeches, and lay down flowers to remember the dead.

Weather permitting we will conduct the “Dodenherdenking Service” outside at the special war memorial in the Village gardens at 11.00am. We will be bringing residents to this area with wheelchairs on the concrete path and more mobile residents will be seated on the grass area.

Liberation Day (*Bevrijdingsdag*) in the Netherlands is celebrated each year on the 5th of May to mark the end of the occupation by Nazi Germany during World War II. The liberation is celebrated and festivals are held at most places in the Netherlands with parades of veterans and 14 musical festivals through the whole country. The nation was liberated by Canadian forces, British infantry divisions, the British I Corps, the 1st Polish Armoured Division, American, Belgian, Dutch and Czechoslovak troops.

On 5 May 1945 the Canadian General Charles Foulkes and the German Commander-in-Chief Johannes Blaskowitz reached an agreement on the capitulation of German forces in the Netherlands in Hotel de Wereld in Wageningen. One day later the capitulation document was signed in the auditorium of Wageningen University located next door.



On Thursday 6th May commencing at 10.30am in the hall both the Dutch/Australian anthem will be sung by Kees Poll. This will be followed by a special concert performed by Julie on the accordion playing lots of Dutch music. A special Dutch lunch will also be served and a big thank you to Louis and Emmy for assisting the Catering Department with the cooking of the Dutch dishes.