



ABEL TASMAN

NEWSLETTER

JANUARY 2021



FROM THE GENERAL MANAGER

Welcome to the January 2021 newsletter. Happy New Year to all our residents, staff, volunteers, friends and the Abel Tasman Village community. The beginning of 2021 was looking extremely promising with regards to the ongoing management of COVID-19 and returning Abel Tasman Village to some sense of 'Covid normal'.

However, due to the continuing uncertainty surrounding the recent outbreak on Sydney's Northern Beaches, we will again be taking the advice of NSW Health which may see the reintroduction of restrictions on visitations and the movement of residents in and out of the facility. The situation remains extremely fluid and any further guidance from NSW Health will be communicated at the appropriate time.

The 2020 festive season at Abel Tasman Village was a different experience this year. I would like to thank everyone for their cooperation and positive attitude. The cooperation from staff and residents meant that we were able to hold limited functions whilst still complying with the Covid Safe guidelines. I would also like to thank our Homecare clients and their families for their understanding as they were unable to attend the Abel Tasman Christmas luncheon. We look forward to celebrating again together in 2021!

I am happy to announce the renovation of Unit 8 has now been completed. The unit has been converted into two single units and looks great. For anyone who is interested photos will be posted on our Facebook page.

I would like to pass on my condolences on behalf of the staff and residents of Abel Tasman to the families of Mrs Jelka Stribl and Mr Leslie Parker. It was both a privilege and a pleasure to have them as residents of the Abel Tasman Village, they will be greatly missed. We would like to welcome Mrs Erokhin & Mr Giannetti.

For those of you who wish to contact me over the break, I will be on leave returning Monday 11th January. The Registered Nurse on Duty will be there to assist with any of your enquiries. For any urgent matters, please contact Harry Wu (Clinical Care Manager) regarding Clinical issues or Margaret Russell (Business Manager) regarding Administrative issues. Margaret will return to work on Wednesday 6th January.

Please take care over the holiday break and I look forward to catching up with you all upon my return!

Sophia Markwell
General Manager

ABEL TASMAN VILLAGE RECREATION PROGRAM
JANUARY 2021

HOME CARE



Greetings an a Happy Year 2021 to all the Home Care Family!

I trust you all had a joyous Christmas as we are looking forward to a better and positive new year with some great changes within the Home Care space with the ongoing assessments from the Abel Tasman Allied Health Team and visits from our General Manager "Sophia Markwell" and Business Manager "Margaret Russell".

I would like to acknowledge and a special thank you to Anna, Lily, Joyce, Fabiana, Karen, Edith, Monique, Johanna, Charmaine and Van Long for their ongoing commitment, empathy and care in the last 12 months, we could not do it without them! **You are Awesome!**

I would like to wish Mrs. Attard and Mrs. Van den Blink the best of luck as they have sadly left our services. It was with great pleasure to have worked with you and your families.

From Monday 18th to Friday 29th January, I will be taking some time off. Your scheduled service will be allocated in advance but, in a matter of unforeseen changes, emergencies or to assist you with any enquires please contact Sophia Markwell or Margaret Russell, telephone 9645 3388.

The team would like to send beautiful birthday wishes on 10th January to Mrs. Pawloff,

A reminder and I also would like to wish you an amazing Australia Day, January Tuesday 26th (public holiday).

All the Care Team and I are looking forward to a fantastic 2021!

Best regards,

Elizabett Fernandez.



**ABEL TASMAN VILLAGE RECREATION PROGRAM
JANUARY 2021**

DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	1	NEW YEARS DAY <i>Sjoelbak Competition</i> <i>Residents' Choice of Movie</i>	Hall	10.00am
Saturday 	2	<i>Yahtzee with Volunteers</i> <i>Residents' Choice of Movie</i>	Hall Hall	10.00am 2.00pm
Sunday	3	<i>Catholic Mass on Screen</i> <i>Residents' Choice of Movie</i>	Hall Hall	10.00am 2.00pm
Monday 	4	<i>Golf Competition</i> <i>Snakes and Ladders</i>	Hall Hall	10.00am 2.00pm
Tuesday 	5	<i>Exercises with Physio</i> <i>Bingo</i>	Hall Hall	10.00am 1.30pm
Wednesday 	6	<i>Catholic Mass in English on TV</i> <i>Pick a Box and Group</i> <i>Discussions with Clara</i> <i>Javelin Competition</i>	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday	7	<i>Hairdresser/Beauty Care</i> <i>Stretch and Flex</i> <i>Name that Show</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 2.00pm
Friday 	8	<i>Non-Denominational Service</i> <i>with Reverend Dennis Muldoon</i> <i>Morning Tea</i> <i>Happy Hour</i>	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday 	9	<i>Bingo with Marja</i> <i>Movie Residents' Choice</i>	Hall Hall	10.00am 2.00pm
Sunday	10	<i>Carpet Bowling</i> <i>Movie Residents' Choice</i>	Hall Hall	10.00am 2.00pm
Monday 	11	<i>Golf Competition</i> <i>Whiteboard Games</i> <i>Jokes and Poetry</i>	Hall Hall Hall	10.00am 2.00pm 3.00pm
Tuesday	12	<i>Exercises with Winnie (Physio)</i> <i>Bingo</i>	Hall Hall	10.00am 2.00pm
Wednesday 	13	<i>Catholic Mass in English</i> <i>Pick a Box and Group</i> <i>Discussions with Clara</i> <i>Javelin Event</i>	Hall Hall Hall	10.00am 10.30am 2.00pm
Thursday	14	<i>Hairdresser/Beauty Care</i> <i>Volleyball/Tennis Competition</i> <i>What Business Were They In?</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 2.00pm
Friday	15	<i>Exercises and Games</i> <i>Happy Hour</i>	Hall Hall	10.00am 2.00pm
Saturday 	16	<i>Yahtzee with Volunteers</i> <i>Movie Residents' Choice</i>	Hall Hall	10.00am 2.00pm

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DAY	DATE	ACTIVITY		TIME
Sunday	17	Golf Game Movie Residents' Choice	Hall Hall	10.00am 2.00pm
Monday 	18	Golf Game Competition Elvis Presley Quiz	Hall Hall	10.00am 2.00pm
Tuesday	19	Exercises with Winnie (Physio) Bingo	Hall Hall	10.00am 1.30pm
Wednesday 	20	Catholic Mass in English on TV Pick a Box and Group Discussions with Clara Easy Aussie Quiz	Hall Hall Coffee Shop	10.00am 10.30am 2.00pm
Thursday 	21	Hairdresser/Beauty Care Birthday Party with Tim Berthet Aussie Bingo	Hairdressing Salon Hall Coffee Shop	9.00am 10.00am 2.00pm
Friday 	22	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall	9.30am 2.00pm
Saturday 	23	Bingo with Marja Movie Residents' Choice	Hall Hall	10.00am 1.30pm
Sunday	24	Table Games Movie Residents' Choice	Hall	10.00am
Monday 	25	Boomerang/Thong Throwing/Yabbie Competition Damper Making Making Cheesy Mite Scrolls	Hall Hall Coffee Shop	10.00am 11.00am 1.30pm
Tuesday	26	PUBLIC HOLIDAY AUSTRALIA DAY		
Wednesday 	27	Catholic Mass in English on TV Exercises Morning tea Golf Competition Presentation Music Bingo	Hall Hall Hall Hall Coffee Shop	9.30am 10.30am 11.00am 1.00pm 2.00pm
Thursday 	28	Hairdresser/Beauty Care Dutch Activities Activities with Janina Shuffleboard	Hairdressing Salon Tulip Room Coffee Shop Hall	9.00am 10.00am 10.00am 2.00pm
Friday 	29	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday 	30	Bingo with Marja Movie Residents' Choice	Hall	10.00am 2.00pm

**ABEL TASMAN VILLAGE RECREATION PROGRAM
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Sunday	31	<i>Table Games Movie Residents' Choice</i>	10.00am 2.00pm
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ARGYROULLA EPISTITHIOU 7TH

VAL CLAGUE 8TH

Breakfast: 8.15am **Pension Days:** 14th and 28th January 2021
Lunch: 12.30pm **Podiatrist:** Wednesday, 13TH January 2021
Dinner: 5.15pm **ATV Shop Open Monday to Friday 12pm - 12.30pm**



Residents made Marzipan Chocolate Balls on Christmas Eve and Vivian handmade all Christmas Balls with residents' names as a gift from the village and handed those out. Thank you Vivian!!!

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Sint and Piet visited the village in December and we had a wonderful time. There was lots of laughter and Sint and Piet were very cheeky.



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The ATV community got together in December for a delicious Christmas Luncheon catered by our wonderful catering department. There was a visit from Santa and the ATV Staff Choir sang a beautiful repertoire of Christmas carols.

The raffle raised over \$500.00 and a big thank you to our wonderful families, residents, staff and volunteers who supported it. Irena won first prize and was very happy.

There was great music by Herman as well and we all had a wonderful time. The residents were all dressed up and Thi made the Christmas tops for the ladies in Camellia. Thank you so much Thi!!!