



ABEL TASMAN

NEWSLETTER

NOVEMBER 2020



## FROM THE GENERAL MANAGER



The month of October saw some relaxation of our visitation guidelines which was great news for the ATV community. Subsequent guidance from the Health Department allowed us to review our rules around visitation and recommence visits, albeit on a limited basis. It is vitally important to continue to find the balance between taking the necessary measures to ensure ATV remains 'covid free' and making sure that residents and their families retain a sense of connection. We understand face-to-face visits are extremely important. With this in mind, I would like to run through a quick update with regards to our current visitation rules.

It is now possible to visit residents on selected days, up to 4 days a week between 1pm – 5pm. ATV can accommodate a maximum of 2 people for a one-hour visit in the Resident's room only. In order to reduce congestion, visitors will need to book their visits. The arrival of visitors will be staggered in order to allow staff to conduct the necessary screening process.

Given face-to-face visits have resumed, our managed phone/video call booking system has ceased. However, we understand that this service has been extremely valuable many of our residents and their families. As such, if you reside out of the area or there are other reasons precluding you from making an in-person visit to ATV, phone/video calls can still be arranged.

I would like to thank Katja and Janina who have been busy planning a month of activities for our residents at ATV. Yahtzee is back on the weekends as well as church services which I know has been welcomed by many of our residents.

ATV also participated in voluntary COVID-19 testing for aged care workers. ATV was visited by South Western Sydney Area Health who tested 35 staff on 20<sup>th</sup> October . All 35 staff returned negative results. Abel Tasman village also participated in hosting the SWSLHD (South western Sydney Area Health) proactive COVID-19 testing clinic for Aged Care Workers on the Tuesday 20th October 2020.



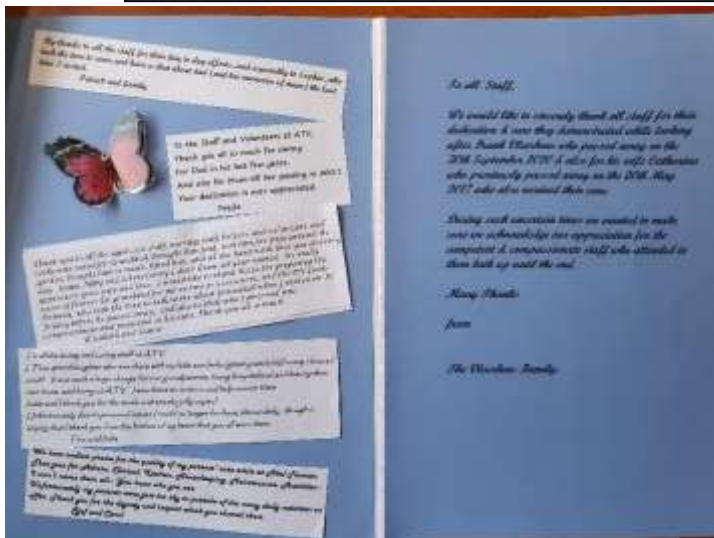


# ABEL TASMAN VILLAGE RECREATION PROGRAM NOVEMBER 2020

October has been a month of giving, ATV would like to give our warmest gratitude and thanks to Sjef and Carol Vleeskens, the family of Mr Frank Vleesken for donating \$20,000.00 to the facility. The Vleeskens family also put together a beautiful hand-made card with personal messages from different members of the family for our staff. Written feedback is the most effective way of letting our staff and volunteer know that their work is being appreciated.

I would also like to also acknowledge Mrs Irmgard Kacalck's family for donating a wonderful collection of soft toys. Paula, our wonderful Volunteer for donating toiletries and other wonderful goodies for our residents. Lastly, Mrs Antonetta Gaillard Son Renee and his wife, thank you for your wonderful donations of 15 almost real-life looking Dolls to our residents, I am sure we will make a wonderful new home for them. Thank you again for your generosity and kind words on behalf of the staff at ATV.

If you do wish to donate to the Abel Tasman Village, whether it's money or gifts, please feel free to contact me or send me an email at [gen.mgr@abeltasman.com.au](mailto:gen.mgr@abeltasman.com.au)





# HOME CARE



**Mrs Borg Carmen**  
5th ,  
**Mrs Monckton 6th**  
**Mrs Gistl 7th 101**  
**Mrs Van Der Mortel**  
11th  
**Mrs Jamsek 13th**

Welcome to the November Newsletter!!  
We extend our best wishes to all clients having their birthdays this month! An extra special birthday wish goes to Mrs Gistl who is celebrating her 101st birthday. Mrs Gistl has services with Carer Edith and has a supportive close friend to help celebrate. ATV HCP has been able to help her to stay at home. Alles Gute

All our wonderful care staff are working hard to keep our clients safe during these difficult times. We really appreciate all the hard work they are doing. It has been a challenge to keep up with all the NSW Health directives. We are thankful we have had no cases of COVID in HCP or in our residential facility. Voluntary testing was also offered to all staff recently. All staff tested had a negative result!



We also welcome back to our HCP team Monique Grosfeld !  
Monique was born in Melbourne & went to the Netherlands when she was 10 years . She eventually came back to Australia & has two sons and five grandchildren. She has a dog called Ziggy. Monique spends time with her grandkids, her dog and loves painting. She loves to cook as well. Monique worked in HCP ATV for 5 years before taking some time off. Now she is back and glad to continue caring for the elderly. She has already seen some of you. It is great to have her back.



Mrs Johanna Claassens, lives in Dee Why. She has been receiving our care since 2001. She has attended many events such as the Christmas luncheon and King's Birthday celebrations. Mrs Claassens has a very supporting family. She is a house proud lady and loves to spend time with family and looking after her beautiful plants and flowers. Everybody always comments on her plants.. Her balcony is absolutely beautiful surrounded with colors and beautiful aromas.

**ABEL TASMAN VILLAGE RECREATION PROGRAM  
NOVEMBER 2020**

DAY	DATE	ACTIVITY	VENUE	TIME
Sunday 	1	<b>Wollongong Diocese Catholic Mass including subtitles</b> <b>Warm Up Exercises/Cricket</b> <b>Afternoon Tea</b> <b>Wheelchair Walks</b>	Hall Hall Hall Village Gardens	10.00am 1.30pm 3.00pm 3.45pm
Monday 	2	<b>Exercises with Physio</b> <b>Sweepstake Preparations</b> <b>Horse Race Game</b>	Hall Coffee Shop Hall	10.00am 10.30am 1.30pm
Tuesday 	3	<b>MELBOURNE CUP</b> <b>Sweepstakes All Day</b> <b>Concert with Mike Tsama</b> <b>Games/Fashion Parade/Raffle</b> <b>Happy Hour</b> <b>Melbourne Cup Race on Screen</b> <b>Halcyon Melbourne Cup Speed Show</b>	<b>Through the Village</b> Hall Hall Hall Hall Hall 	9.00 – 2.30 10.00am 1.30pm 2.00pm 3.00pm 3.30pm
Wednesday 	4	<b>Catholic Mass in English</b> <b>Exercises</b> <b>Resident Executive Meeting</b> <b>All Saints Bingo</b> <b>The Magic Flute</b>	Hall Hall Tulip Room Coffee Shop Tulip Room	9.30am 10.00am 11.00am 1.30pm <b>2.00pm</b>
Thursday 	5	<b>Hairdresser/Beauty Care</b> <b>Dutch Activities</b> <b>Table Games</b> <b>Cricket Game</b>	Hairdressing Salon Tulip Room Coffee Shop Hall	9.00am 10.00am 10.00am 1.30pm
Friday 	6	<b>Non-Denominational Service with Rev Dennis Muldoon</b> <b>Morning Tea</b> <b>Happy Hour &amp; The Best of British Show</b>	Hall Hall Hall 	9.30am 10.30am 2.00pm
Saturday 	7	<b>Yahtzee with Volunteers</b> <b>Resident's Choice of Movie</b>	Hall Hall	10.00am 1.30pm
Sunday	8	<b>Basketball</b> <b>Resident's Choice of Movie</b>	Hall Hall	10.00am 1.30pm
Monday 	9	<b>Tennis/Volleyball Competition</b> <b>Whiteboard Games</b> <b>Carpet Bowling Competition</b>	Hall Hall Hall	10.00am 11.00am <b>1.30pm</b>
Tuesday 	10	<b>Exercises with Physio</b> <b>ANZAC Biscuit Making</b> <b>Bingo</b>	Hall Coffee Shop Hall	10.00am 11.00am 1.30pm
Wednesday 	11	<b>REMEMBRANCE DAY SERVICE</b> <b>Morning Tea</b> <b>Remembrance Day Quiz</b> <b>BBC Proms 2011 Hooray for Hollywood</b>	Hall Hall Hall Tulip Room	10.00am 11.00am 1.30pm <b>2.00pm</b>
Thursday	12	<b>Hairdresser/Beauty Care</b> <b>What Occupation Was This?</b> <b>Shuffleboard</b>	Hairdressing Salon Hall Hall	9.00am 10.00am 1.30pm



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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	13	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b> <b>Happy Hour &amp; Classic Country Performance</b>	Hall  Hall Hall	9.30am 10.30am 2.00pm
Saturday	14	<b>Bingo</b> <b>Movie Residents' Choice</b>	Hall Hall	10.00am 1.30pm
Sunday 	15	<b>Carpet Bowling</b> <b>Anglican Church Service</b> <b>Movie Residents' Choice</b>	Hall Tulip Room Hall	10.00am 10.30am 1.30pm
Monday 	16	<b>Jeopardy</b> <b>Morning Tea</b> <b>Carpet Bowling Competition</b>	Coffee Shop Coffee Shop Hall	10.00am 11.00am <b>1.30pm</b>
Tuesday	17	<b>Exercises with Physio</b> <b>Bingo</b>	Hall Hall	10.00am 1.30pm
Wednesday 	18	<b>Catholic Mass in English</b> <b>Exercises</b> <b>Coffee/Get Together</b> <b>Resident Meeting</b> <b>Snooker Competition</b> <b>The Secret Garden</b>	Hall Hall Hall Hall Hall Tulip Room	9.30am 10.00am 10.30am 11.00am 1.30pm <b>2.00pm</b>
Thursday 	19	<b>Exercises and Games</b> <b>Morning Tea</b> <b>Food Tasting for Summer Menu</b>	Hall Hall Hall	10.00am 11.00am 1.30pm
Friday 	20	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b> <b>Happy Hour with Crooners &amp; Belters Performance</b>	Hall  Hall Hall	9.30am 10.30am 2.00pm
Saturday 	21	<b>Yahtzee with Volunteers</b> <b>Movie Residents' Choice</b>	Hall Hall	10.00am 1.30pm
Sunday	22	<b>Diamond Hookey Game</b> <b>Movie Residents' Choice</b>	Hall Hall	10.00am 1.30pm
Monday 	23	<b>Hoy Game</b> <b>Morning Tea</b> <b>Carpet Bowling Competition</b>	Coffee Shop Coffee Shop Hall	10.00am 11.00am <b>1.30pm</b>
Tuesday	24	<b>Exercises with Physio</b> <b>Bingo</b>	Hall Hall	10.00am 1.30pm
Wednesday 	25	<b>MEMORIAL SERVICE</b> <b>Coffee/Get Together</b> <b>Magic Memories</b> <b>Oklahoma Proms</b>	Hall Hall Coffee Shop Tulip Room	10.00am 11.00am 1.30pm <b>2.00pm</b>
Thursday	26	<b>Hairdresser/Beauty Care</b> <b>Birthday Party Concert with Paul Leventhal</b> <b>Relaxation Activities</b>	Hall Hall Tulip Room	9.00am 10.00am 1.30pm

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DAY	DATE	ACTIVITY		TIME
Friday 	27	<b>Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour &amp; Halcyon Days Performance</b>	Hall	 10.30am 2.00pm
			Hall	
			Hall	
Saturday	28	<b>Basketball Competition Table Ping Pong Game</b>	Hall Hall	10.00am 1.30pm
Monday 	29	<b>What Herb is This? Morning Tea Carpet Bowling Competition</b>	Coffee Shop Coffee Shop Hall	10.00am 11.00am <b>1.30pm</b>
Tuesday 	30	<b>Exercises with Physio Carpet Bowling Competition Presentation Bingo</b>	Hall	10.00am 12.00pm 1.30pm
			Hall	
			Hall	

**Breakfast:** 8.15am Pension Days: 5<sup>th</sup> and 19<sup>th</sup> of November 2020

**Lunch:** 12.30pm Podiatrist: Wednesday, 4<sup>th</sup> November 2020

**Dinner:** 5.15pm ATV Shop Open Monday to Friday 12pm - 12.30pm



**ANTHONY SCHNEIDERS 14TH**

**IRENA NAJDZION 15TH**

**ELIZABETH ZENTVELD 17TH**

**ANTONETTA GAILLARD 19TH**

**CARMEL WINDRED 20TH**

**DIANA HUNTER 28TH**

**Breakfast:** 8.15am Pension Days: 5<sup>th</sup> and 19<sup>th</sup> November 2020

**Lunch:** 12.30pm Podiatrist: Wednesday, 4<sup>th</sup> November 2020

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# GATSBY

Anita Hartman performed at our monthly birthday party this month and our theme was Gatsby. The hall looked very classy with a black/gold/silver theme. The headbands looked great as did the beautiful feather display.





## ABEL TASMAN VILLAGE RECREATION PROGRAM NOVEMBER 2020

November is shaping up as a very busy month with the Melbourne Cup on Tuesday, 3rd November with a wonderful entertainer, lucky door and raffle prizes and a fashion show.

On Wednesday, 11th November the Remembrance Day Service with some amazing new decorations.

On Wednesday, 25th November our annual Memorial Service for all the residents, staff and staff/volunteer immediate family members who have passed away. Invitations will be emailed to family members shortly and due to COVID we need to limit it to one family member per family. Could you please inform the Lifestyle Department by Monday, 16th November if you would like to attend for catering purposes.

The inaugural putt putt competition using the new putt putt game was really well attended each Monday afternoon. Majority of the players improved on their scores each week and we grew from 9 to 14 competitors!!!

The winner of the competition was Rovina (pictured below) with a total score of 1,820!!!. All competitors received a certificate at a special presentation and Rovina gets to keep the trophy for two months. Congratulations to all the competitors it was a wonderful competition with many turning up each week.



Kel pictured on the left has been busy assisting the Lifestyle Department with his wonderful sign writing skills for Melbourne Cup as well as painting a comical paintings of jockeys on their horse. Thank you so much Kel, we are very fortunate to have such a talented artist in our village.

Kel has also been busy writing quotes for each day of the month for November and we will be publishing one each day on Facebook. They are very clever.



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We are trialling The Halcyon Days which provides our village with a variety of different musical entertainment acts ranging in styles and performers. Its online entertainment and available 24/7 with a new episode & resources updated weekly.

This wonderful entertainment will be played during each Happy Hour and we recently watched an Oktoberfest show and even had quiz questions. Check it out on their facebook page <https://www.facebook.com/TheHalcyonDaysTV/>  
<https://www.facebook.com/TheHalcyonDaysTV/>



The catering department organized 2 cooking demonstrations. Making Apple Strudel in readiness for the Oktoberfest and in the other session Breadmaking. Pictured above is Lucy and Mark. Lucy even made the cheese bread in the shape of a man...well done!!! In the month of November there will be making ANZAC biscuits and attending the Summer Taste Testing session on Thursday, 19th November.



Oktoberfest was celebrated with a variety quiz which also involved lots of great German music. We even danced the chicken dance and at the end we had a beer bottle tossing game. Irma (pictured top left) coloured in some Edelweiss and Pretzels. Tony (on the right) were happy to pose with some German icons. We also sung "Ein Prosit" a couple of times.