



ABEL TASMAN

NEWSLETTER

OCTOBER 2020



HAPPY GRANDPARENTS DAY



FROM THE GENERAL MANAGER



Firstly some good news! The number of Covid-19 cases in New South Wales has been steadily reducing. Whilst it was necessary to continue the temporary lockdown of the Abel Tasman Village for the month of September, we remain hopeful that the facility will be able to safely open to visitors in the near term. We will continue to be directed by the relevant health authorities and review our temporary lockdown measures on a weekly basis. We understand that the restrictions are difficult for both residents and their families. If you have questions or concerns please feel free to reach out to either myself or our Care Manager, Harry Wu. I would also encourage you to follow the Abel Tasman Village on Facebook. We post regular updates as to the 'goings on' at the Village and also information about ATV which you may find useful.

With the pleasing reduction in Covid case numbers, we are starting to plan how Abel Tasman Village will be opened safely to visitors once permitted by health authorities. It is likely that initially we will only be able to accommodate a maximum of two visitors per resident at one time. Wearing masks will be mandatory and all visitors will be required to provide a current flu vaccination certificate. We also ask that you observe good hygiene measures whilst in the facility such as washing your hands. We are hopeful we will be able to provide some good news with regards to when we can reopen the facility in the near term!

I would like to thank our staff for their continued hard work during what has been a very difficult 2020. Many of our staff have family members overseas including children and parents. The current border restrictions have meant that many staff have been unable to see their families and I am aware that some staff have not been able to attend the funerals of loved ones or visit their loved ones whilst in hospital. To try and lift the spirits of our staff we held a Cultural Food Day following our monthly staff meeting. It was great to see such an amazing spread of food provided by our wonderful staff. It certainly was an enjoyable afternoon and showed the multi-cultural family that is the Abel Tasman Village!

September also saw the Abel Tasman Village connect to the NBN. This was not without its teething problems and we apologise for any inconvenience that was caused. The NBN will offer a faster a more reliable internet connection and will be rolled out to residents at the facility. Please keep an eye out for communications in my weekly updates for information regarding the rollout.

Finally, I would like to pass on my condolences on behalf of everyone at the Abel Tasman Village to the families of Mr Lawrence Gallop and Mr Frank Vleeskens. It was both a pleasure and a privilege to have them as residents, they will be greatly missed by the ATV family. Until my next update, please take care and do not hesitate to get in touch with either myself or our Care Manager Harry Wu.

Sophia Markwell



HOME CARE



A touch of warmer weather has come our way and what a joy to feel the warmth of Spring. We hope you have enjoyed some time outside and had the opportunity to be out and about, whilst keeping yourselves safe. In the month of September. We said farewell to two of our beloved, long standing staff members – Elise Beer and Phuong Lee. Both ladies have been with ATV for more than 10 years and they will be greatly missed. However, we wish them well for their future endeavours and of course they are always welcome to come back to us!

Sadly, we also said farewell to Mrs. Brekelsman who has transitioned into residential at ATV after 16 years with home care services, we will deeply miss you & Mr. Brazier, to his family our heart goes out to you in your time of sorrow.

Of course, due to the current circumstances, ATV has been in lockdown to protect the nursing home residents. However, we are looking to re-open shortly and we are hoping it won't be long before we can once again welcome homecare clients back into the facility for hairdressing and other great activities. Stay tuned for more information as it comes to hand. In the meantime, please don't hesitate to contact us should you need any further assistance. Some services that may be able to support you through this time of social distancing include assisted or unassisted food shopping, meal preparation and collecting prescription medicines. We can also assist with transport to and from appointments if required. Just give us a call and we will make it happen! Until next time, Elizabett and Nina xx



On the left Gloria enjoying her shopping outing with extra sweetness, sharing a cup of coffee & cappuccino with CW Fabiana. On the right Cecilia being pampered with nail care from CW Lily. Thank you both for sharing your experiences.



Spring forward

Don't forget to set clocks ahead one hour at 2 a.m. Sunday.



AP









Happy Birthday

Van Long 1st, Mr. Van Stralen 3rd,
Mrs. Vella 10th, Mrs. Besters 13th,
Mrs Mavridis 19th Edith 28th


ABEL TASMAN VILLAGE RECREATION PROGRAM
OCTOBER 2020 v7

DAY	DATE	ACTIVITY	VENUE	TIME
Thursday 	1	Hairdresser/Beauty Care Dutch Activities Table Games Carpet Bowls	Hairdressing Salon Tulip Room Coffee Shop Hall	9.00am 10.00am 10.00am 1.30pm
Friday 	2	Non-Denominational Service with Rev Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	9.30am 10.00am 2.00pm
Saturday 	3	Bingo Oktoberfest Craft	Hall Hall	10.00am 1.30pm
Sunday 	4 	Wollongong Diocese Catholic Mass including subtitles Oktoberfest Craft	Hall Hall	10.30am 1.30pm
Monday 	5	LABOUR DAY Exercises and Gate Game Snakes and Ladders	Hall Hall	10.00am 2.00pm
Tuesday 	6	Exercises with Physio Apple Strudel Baking Bingo	Hall Coffee Shop Hall	10.00am 11.00am 2.00pm
Wednesday 	7	Catholic Mass in English Exercises Resident Executive Meeting Shopping bingo Carmen Opera	Hall Hall Tulip Room Coffee Shop Tulip Room	9.30am 10.00am 11.00am 1.30pm 2.00pm
Thursday 	8	OKTOBERFEST Oktoberfest Quiz & Games Heidi (The Movie)	Hall Hall Tulip Room	10.00am 2.00pm
Friday 	9	Non-Denominational Service with Rev Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday	10	Exercises/Quoits Sjoelbak	Hall Hall	10.00am 1.30pm
Sunday	11	Tenpin Bowling Snakes and Ladders	Hall Hall	10.00am 1.30pm
Monday 	12	Tennis/Volleyball Competition Whiteboard Games Golf Competition	Hall Hall Hall	10.00am 11.00am 1.30pm
Tuesday 	13	Exercises with Physio Christopher Columbus & Great Explorers Bingo	Hall Hall Hall	10.00am 11.00am 1.30pm
Wednesday 	14	Catholic Mass in English Exercises Resident Meeting Sjoelbak Competition Cascanueces Ballet	Hall Hall Hall Hall Tulip Room	9.30am 10.00am 10.30am 11.00am 2.00pm

ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY	VENUE	TIME
Thursday 	15 	<i>Hairdresser/Beauty Care</i> <i>Exercises/ Target Games</i> <i>Jokes</i> <i>Archery and Darts</i>	Hairdressing Salon Hall Hall Hall	9.00am 10.00am 11.00am 1.30pm
Friday 	16	<i>Non-Denominational Service</i> <i>with Reverend Dennis Muldoon</i> <i>Morning Tea</i> <i>Happy Hour</i>	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday	17	<i>Bingo</i> <i>Table Pong Game</i>	Hall Hall	10.00am 1.30pm
Sunday 	18 	<i>Carpet Bowling</i> <i>Anglican Church Service</i> <i>Puzzle Bingo</i>	Hall Tulip Room Hall	10.00am 10.30am 1.30pm
Monday 	19	<i>Deal or No Deal</i> <i>Morning Tea</i> <i>Golf Competition</i>	Coffee Shop Coffee Shop Hall	10.00am 11.00am 1.30pm
Tuesday	20	<i>Exercises with Physio</i> <i>Bingo</i>	Hall Hall	10.00am 1.30pm
Wednesday 	21	<i>Catholic Mass in English</i> <i>Exercises</i> <i>Coffee/Get Together</i> <i>Music Bingo</i> <i>La Boheme</i>	Hall Hall Hall Tulip Room	9.30am 10.00am 1.30pm 2.00pm
Thursday	22	<i>Exercises and Games</i> <i>Morning Tea</i> <i>Staff Meeting</i>	Hall Hall Hall	10.00am 11.00am 1.30pm
Friday 	23	<i>Non-Denominational Service</i> <i>with Reverend Dennis Muldoon</i> <i>Morning Tea</i> <i>Happy Hour</i>	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday	24	<i>Exercises/Golf Game</i> <i>Table Bobs</i>	Hall Hall	10.00am 1.30pm
Sunday	25	<i>Diamond Hookey Game</i> <i>Movie Resident Choice</i>	Hall Hall	10.00am 1.30pm
Monday 	26	<i>Deal or no Deal</i> <i>Morning Tea</i> <i>Golf Competition</i>	Coffee Shop Coffee Shop Hall	10.00am 11.00am 1.30pm
Tuesday	27	<i>Exercises with Physio</i> <i>Bingo</i>	Hall Hall	10.00am 1.30pm
Wednesday 	28	<i>Catholic Mass in English</i> <i>Exercises</i> <i>Coffee/Get Together</i> <i>Grandparents Day Reminiscing</i> <i>Jewels Ballet</i>	Hall Hall Hall Coffee Shop Tulip Room	9.30am 10.00am 10.30am 1.30pm 2.00pm
Thursday 	29	<i>Hairdresser/Beauty Care</i> <i>Birthday Party Concert</i> <i>Bread Making</i>	Hall Hall Coffee Shop	9.00am 10.00am 1.30pm

**ABEL TASMAN VILLAGE RECREATION PROGRAM
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DAY	DATE	ACTIVITY		TIME
Friday 	30	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall	9.30am
			Hall	10.30am
			Hall	2.00pm
Saturday	31	Basketball Competition Table Ping Pong Game	Hall Hall	10.00am 1.30pm

Breakfast: 8.15am **Pension Days: 8th and 22nd of October 2020**

Lunch: 12.30pm **Podiatrist: Wednesday, 7th October 2020**

Dinner: 5.15pm **ATV Shop Open Monday to Friday 12pm - 12.30pm**

A warm welcome to Mr Noel Barnes and Mrs Thelma Miggins who have joined the Abel Tasman Village community. We hope you enjoy your stay with us.

A Catholic Mass from the Diocese of Wollongong will be live streamed on the 1st Sunday, 4th October in the hall with our Pastoral Carer Clara in attendance. On the 3rd Sunday, 18th October an Anglican Mass from Christ Church St Laurence will be live-streamed in the Tulip Room.



We will be trying out the new Archery game in the month of October so lets see how many Robin Hoods we have at the village. We will try this together with the darts game. Residents have also asked if Bingo could be included twice a month and will be on Saturday 3rd and 17th.

The Oktoberfest will also be celebrated on Thursday, 8th October and lets brush off our lederhosen and dirndls and sing a great variety of German songs, taste some beer and German food and dance the Chicken Dance and lots more.



NORMA GALLIANI 6TH

JOHN ORMUS 7TH

JACK O'BRIEN 13TH

RONALD STAPLES 15TH

ROBERT MATHEWS 19TH

MERVYN MANNING 20TH

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OCTOBER 2020 v7



Meet the art teacher Kel and his first art student Effie here at the Village.

It started with a drawing and the next step was to paint it. Effie framed it for Kel and presented it to him and he was overjoyed.

Thank you Effie for this amazing gift!!! Effie receives art lessons each Thursday morning.

Kel has definitely got a "spring" back in his step and can't wait to see what other masterpieces will be coming our way.



The gentlemen at the village thoroughly enjoyed celebrating Father's Day with a delicious high tea, wonderful presents and a wonderful mini concert by the lovely Joselle. The morning finished with a Lucky Door Prize.



Residents in Camellia are treated to a wonderful "spa treatment" each Wednesday.

Their hair is beautifully styled by our very talented staff members Thi and ...they have make-up applied as well as nail polish applied.

Just looking at these photos you can say that the ladies are looking stunning.

A big thank you to Justine and Joanne





The Catering Department organized three sessions in September. Residents made Healthy Smoothies, a delicious Dutch Pea/Ham soup and Pie Taquitos.

Next month sessions are Apple Strudel for Oktoberfest and making delicious homemade bread.



- The monthly Tenpin Bowling in-house was very popular with 10 competitors.
- The competitors played 10 rounds each week over a 3 week period.
- Sophia (General Manager) presented each competitor with their certificates.
- Albert received the Tenpin Bowling trophy as he scored 215 points. Well done!



SPRING



Spring is finally upon us and residents are enjoying going for wheelchair walks and having morning tea in the garden outside the hall.

We have also enjoyed singing whilst walking and sitting at the top of the village garden having a chat.

