



ABEL TASMAN

NEWSLETTER

AUGUST 2020



**FRIDAY 7 AUGUST**

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#ThanksforCaring

**ABEL TASMAN VILLAGE RECREATION PROGRAM**  
**AUGUST 2020**

## **FROM THE GENERAL MANAGER**

July was a difficult month. We received notifications from NSW Health that another 6 local government areas and councils have been added to the list of areas excluded from visiting aged care homes if visitors have been in those areas in the last 14 days.

This is over 300 suburbs that we will need to include in our screening processes. It has become clearly apparent that ATV cannot guarantee compliance with this instruction from NSW Health when the areas now stipulated amount to over 300 suburbs and other specific hotspot locations.

We are also concerned given that the Canterbury Bankstown LGA of which we form part, seems to be now surrounded by excluded areas. It is therefore with tremendous regret we announce temporary closure of the Abel Tasman Village from 5pm on Friday 31<sup>st</sup> July.

The Abel Tasman Village will be closed to visitors temporarily to be reviewed on Friday 7<sup>th</sup> August, then regularly thereafter. This is a decision the Management Team and Board have made with a heavy heart. We have been extremely proud that ATV has remained open to our residents' families at a most difficult time.

However, as you can all appreciate, our first duty is to our residents, staff, family members, and their safety. Please be assured that residents within the Village will have the freedom to move about as they have been doing since the beginning of the pandemic.

We are currently reviewing our existing communication methods such as Zoom and FaceTime, with the intention to open other forms of communication. The Management Team have been working very hard to ensure our residents are staying connected with their families. We will be announcing details very soon once we have a detailed program ready. Thank you for your patience whilst we set up our booking schedule system. We will notify you as soon as we are up and ready.

We understand that this is a very difficult and anxious time. We are available to discuss any concerns with you. Please do not hesitate to contact me on (02) 9645 3388 or email [gen.mgr@abeltasman.com.au](mailto:gen.mgr@abeltasman.com.au). In my absence, please contact Harry, Clinical Care Manager, or the Registered Nurse on duty.

I would like to pass on my condolences on behalf of everyone at Abel Tasman Village to the family of Mr Keith Carmody who passed away in July.

On a lighter note, ATV will be celebrating Aged Care Employee Day on Friday 7 August 2020. It is the time to celebrate and thank all our staff who make such a difference to our residents' lives, especially during this difficult time of COVID 19. We salute them all because they play vital roles – from nurses, personal care workers and allied health professionals, to kitchen staff, cleaners, gardeners, laundry workers, maintenance staff, activities staff, managers and volunteers.

Sophia Markwell  
General Manager

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## HOME CARE

### Welcome to August newsletter,

Last month has been busy following health guidelines and making sure all services are continuing in a safe matter and in close communication with our care staff.

Clinical Manager Harry had a zoom meeting with some of us some as we had a trial training on a new communication system. We are very happy with new implementation to all new clients on admission having health assessments conducted from our well trained nursing staff. This service is available upon your new care needs and request to have their visit at the comfort of your home.

We welcome Mrs. Mavridis, Mr. Borg, Mr & Mrs Vermunt, Mrs. Van As and their families to our services, sadly we say good bye to Mrs. Webster this month, as she is moving into a new service provider. It was a great pleasure to have had you in our services in the last few years, care staff are going to greatly miss you.

On behalf of Abel Tasman Village I would like to pass our condolences to Mr. Phan's & Mr. Jan Schutte's family who lost their love one. This is from Dianne Schutte: "Thank you to you and Charmaine, Anna, Mayumi & Joyce for everything that you did for Dad particularly in helping me at a very stressful time in Dad's final days. Can you please extend my deepest gratitude to the ladies. They are all beautiful and very caring and obviously had an amazing connection with my Dad. This was very endearing to me"

Kindly regards, Elizabett & Nina



It was nice to have Mrs. van der Mortel & Mrs van Florestein last month enjoying service at Abel Tasman Hairdressing this is possible to accommodate due to your home care funds, staff availability and in close consultation with your home care coordinators.

A new communication system is in place for Mr. Smith, this looks and has the functionality of a land line phone with the flexibility of a mobile phone.

The Olitech EasyTel is a home/desktop style phone that uses a micro SIM card instead of a fixed line. It offers the perfect solution for those who don't want or need an NBN™ phone connection. The EasyTel works on the 3G network.



Mrs. Webster social support service has allowed her to enjoy walks to places like the Tench Reserve Nepean River & Freeman's Reach lookout. Charmaine and her enjoyed coffee & cake in the sun then a short walk.



## Happy Birthday

Lily & Charmaine, we wish you a year full of wealth & happiness.



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**CATHARINA REEMST 9th**

**IRIS LE CLAIRE 23rd**

**KEL CONNELL 27th**

**Breakfast: 8.15am**

**Pension Days: 13th and 27th August 2020**

**Lunch: 12.30pm**

**Podiatrist: Wednesday, 5th August 2020**

**Dinner: 5.15pm**

**ATV Shop Open Monday to Friday 12pm - 12.30pm**

The Village has some yummy Dutch biscuits and lollies for sale and would love family, friends and residents to support this shop run by the Executive Committee:

- Café Noir - \$3.50
- Koffie Wafels—\$3.70
- Peanut Snaps - \$4.80
- Koffiekoeken—\$3.00
- Speculaas—\$4.00
- Gemberkoek—\$6.00
- Stroopwafels—\$3.75
- Ontbijtkoek - \$3.80



DAY	DATE	ACTIVITY	VENUE	TIME
Saturday	1	<i>Exercises/Basketball Picture Bingo Movie/Resident Choice</i>	Hall Hall Hall	10.00am 1.30pm 3.00pm
Sunday	2	<i>Cricket Game/Fence Target Dominoes</i>	Hall Hall	10.00am 1.30pm
Monday	3	<b>BANK HOLIDAY</b> <i>Tenpin Bowling Table Games</i>	Hall Hall	10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday	4	<i>Gentle Exercises</i> <i>Hoopla Game</i> <i>Bingo</i>	Hall Hall Coffee Shop	9.30am 10.30am 2.00pm
Wednesday 	5	<i>Catholic Mass in English on TV</i> <i>Exercises with Physio</i> <i>Residents' Executive Meeting</i> <i>Spartacus Ballet</i> <i>Cold as Ice Pick-A-Box</i>	Hall Hall <b>Tulip Room (Zoom)</b> Tulip Room Hall	9.30am 10.00am 11.00am 2.00pm 2.00pm
Thursday 	6	<i>Hairdresser/Beauty Care</i> <i>Dutch Activities</i> <i>Table Games</i> <i>Seated Soccer &amp; Hockey</i> <i>Mark Knopfler Concert</i>	Hairdressing Salon Tulip Room Coffee Shop Hall Tulip Room	9.00am 10.00am 10.00am 1.30pm 2.00pm
Friday	7	<i>Non-Denominational Service with Reverend Dennis Muldoon</i> <i>Morning Tea with Concert</i> <i>Happy Hour</i>	Hall (via Zoom)  Hall Hall	10.00am  10.30am 2.00pm
Saturday	8	<i>Exercises/Golf Game</i> <i>Around the World Game</i> <i>Movie/Resident Choice</i>	Hall Hall Hall	10.00am 1.30pm 3.00pm
Sunday	9	<i>Diamond Hoopla Game</i> <i>Yahtzee</i>	Hall Hall	10.00am 1.30pm
Monday 	10	<i>Tennis/Volleyball Competition</i> <i>Putt Putt Competition</i> <i>Father's Day Craft</i>	Hall Hall Hall	9.30am 1.30pm 2.00pm
Tuesday	11	<i>Gentle Stretches</i> <i>News Game (True or False)</i> <i>Bingo</i>	Hall Hall Coffee Shop	9.30am 11.00am 2.00pm
Wednesday 	12	<i>Catholic Mass in English</i> <i>Exercises with Physio</i> <i>Residents' Meeting</i> <i>Picture Bingo</i> <i>The Merry Widow Ballet</i>	Hall (via TV) Hall Hall (via Zoom) Coffee Shop Tulip Room	9.30am 10.00am 11.00am 2.00pm 2.00pm
Thursday 	13	<i>Hairdresser/Beauty Care</i> <i>Target Games</i> <i>Lighthouse Trivia</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 2.00pm
Friday 	14	<i>Non-Denominational Service with Rev Dennis Muldoon</i> <i>Happy Hour</i>	Hall (via Zoom)  Hall	10.00am  2.00pm
Saturday	15	<i>Exercises/Quoits</i> <i>Sjoelbak</i> <i>Movie/Resident Choice</i>	Hall Hall Hall	10.00am 1.30pm 3.00pm
Sunday	16	<i>Tenpin Bowling</i> <i>Table Bobs</i>	Hall Hall	10.00am 1.30pm
Monday 	17	<i>Stretches and Weights</i> <i>Catch Phrase Game</i> <i>Famous Faces &amp; Treasures</i> <i>Putt Putt Competition</i>	Hall Hall Coffee Shop Hall	10.00am 11.00am 1.30pm 1.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Tuesday 	18	<b>DanceWise and Seated Yoga</b> <b>Badminton Balloon Bowling</b> <b>Bingo</b>	Hall Hall Coffee Shop	9.30am 11.00am 2.00pm
Wednesday 	19	<b>Catholic Mass in English</b> <b>Exercises with Physio</b> <b>Coffee/Get Together</b> <b>Hollywood Bingo</b> <b>PROMS 2010 Rodgers &amp; Hammerstein Concert</b>	Hall (via TV) Hall Hall Hall Tulip Room	9.30am 10.00am 10.30am 1.30pm 2.00pm
Thursday 	20	<b>Hairdresser/Beauty Care</b> <b>Exercises/ Target Games</b> <b>Mona Lisa (Short Story)</b> <b>Cupcake Decorating</b>	Hairdressing Salon Hall Hall Coffee Shop	9.00am 10.00am 11.00am 1.30pm
Friday 	21	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b> <b>Happy Hour</b>	Hall (via Zoom) Hall Hall	10.00am 10.30am 2.00pm
Saturday	22	<b>Exercises/Parachute Game</b> <b>Table Pong Game</b> <b>Movie/Resident Choice</b>	Hall Hall Hall	10.00am 1.30pm 3.00pm
Sunday	23	<b>Carpet Bowling</b> <b>Shopping Bingo</b>	Hall Hall	10.00am 1.30pm
Monday 	24	<b>Pole Exercises</b> <b>It Happened in August....</b> <b>Snakes and Ladders</b> <b>Putt Putt Competition</b>	Hall Hall Coffee Shop Hall	9.30am 11.00am 1.30pm 1.30pm
Tuesday	25	<b>Gentle Exercises</b> <b>Bingo</b>	Hall Hall	9.30am 2.00pm
Wednesday 	26	<b>Catholic Mass in English</b> <b>Exercises with Physio</b> <b>Coffee/Get Together</b> <b>Music Bingo</b> <b>Ballet La Bayadere</b>	Hall (via TV) Hall Hall Coffee Shop Tulip Room	9.30am 10.00am 10.30am 1.30pm 2.00pm
Thursday 	27	<b>Birthday Party Concert via Zoom</b> <b>Pub Quiz</b>	Hall Hall	10.00am 2.00pm
Friday 	28	<b>Non-Denominational Service with Reverend Dennis Muldoon</b> <b>Morning Tea</b>	Hall (via Zoom) Hall	9.30am 10.30am
Saturday	29	<b>Exercises/Golf Game</b> <b>Around the World Game</b> <b>Movie/Resident Choice</b>	Hall Hall Hall	10.00am 1.30pm 3.00pm
Sunday	30	<b>Diamond Hoopla Game</b> <b>Yahtzee</b>	Hall Hall	10.00am 1.30pm
Monday 	31	<b>Exercises with the Ball</b> <b>Bucket Target Game</b> <b>Putt Putt Competition</b> <b>Dice Game</b>	Hall Hall Hall Coffee Shop	9.30am 10.30am 1.30pm 1.30pm

# HAPPY RETIREMENT VIRGINIA



After 25 years loyal service to ATV, Virginia retired in the month of July.

You will be very much missed Virginia!

Thank you for everything you've done for Abel Tasman Village. Enjoy your retirement!

We celebrated her farewell with a lovely afternoon tea and speeches by Marian (Chairperson of the Board) and Sophia (General Manager).

Bastille Day was celebrated this year commencing with a delicious plate of chocolate croissants and playing a French "Who Am I".

For lunch we were served a yummy beef Bourgoin and Mango mouse.

In the afternoon we played "Jeux de Boules" and the Catering Department served us yummy hors d'oeuvres.

We were very spoiled and had thoroughly enjoyed celebrating this wonderful celebration. Kel gave a very nice heart warming speech thanking the Catering Department.



We trialled our very first "Putt Putt Golf Competition" and was well attended by 6 gentlemen.

Residents had played golf in the past and they enjoyed having a putt and listening to the Beatles.

There was great comradery and Albert pictured had a top score of 14. Congratulations Albert!!!

