



ABEL TASMAN

NEWSLETTER

JULY 2020



**ABEL TASMAN VILLAGE RECREATION PROGRAM
JULY 2020**

FROM THE GENERAL MANAGER

The month of July will see the return of some activities to the Village, which for the safety of our residents had been put on hold due to Covid 19. Working within the health guidelines, we will be slowly welcoming back entertainers and volunteers to Abel Tasman and July will also see the return of Church services. Home Care recipients are also welcome to attend the Village. I was pleased to see Mrs Gloria Short at our ATV hair salon last week for her appointment!

Whilst we continue to review the measures that have been put in place as a result of Covid 19, we remain cautious about our residents leaving the facility. At this time, please ensure that residents only leave the facility for one of the below reasons:

- Medical appointment
- Dental appointment
- Allied health appointment
- Specialist appointment

I would like to thank all staff, residents and their families, volunteers and friends of Abel Tasman for your cooperation in following the guidelines that have been provided. We will continue to provide Covid 19 updates via both email and the ATV website, www.abeltasman.com.au. If you are currently not receiving these email updates and would like to, please contact me so we can add your email address to our distribution list.

I would like to pass on my condolences on behalf of everyone at Abel Tasman Village to the families of Mrs Jana Van Der Meer and Mr John Raymond Gregory. It was both a privilege and pleasure to have Mrs Van Der Meer and Mr Gregory as residents of Abel Tasman and they will be greatly missed.

The generosity of the Abel Tasman community continued to show itself in the month of June. Whilst it is impossible to mention every individual that has made donations or given their time to help support us, I would like to give special mention to the following people:

- Thank you to the Borg family for their donation of an electric wheelchair. The wheelchair has found a new home at NSW Refugee Health and I am sure will provide much needed independence to someone who needs the assistance.
- Thank you to Jean Jackson's daughter Tracey who donated PPE masks to ATV. It is no secret that such PPE equipment is extremely valuable given the current Covid 19 environment. Tracey's mother Jean was a beloved member of the ATV staff team who passed away early this year.
- Thank you to our PCA staff member Sonja, who donated the proceeds of her Staff Acknowledgement Award back to Abel Tasman Village so that dolls could be purchased for our residents with cognitive impairment. The dolls are used as a form of therapy and have shown great benefits in improving care outcomes.

Happy birthday to all our residents who celebrated their birthdays during June. Again Covid 19 has forced us to change the way we celebrate such occasions, but it was great to see our activities staff, Katja and Janina, still surprise residents with cake and birthday cheers. I understand we did miss the birthdays of some residents. We apologise for this and have changed our systems to make sure no birthdays are missed going forward. If your loved one has a birthday coming up and you would like us to arrange for a cake and balloons to be provided please contact Katja or Janina via email on activities@abeltasman.com.au. Please note that there is an additional cost involved for this.

I have recently had some questions with regards to invoices. Invoices are issued fortnightly together with your Statement. Please note that the invoices and statements are retrospective and run one month behind. For example, you will receive your June invoice and statement in mid-July. If you made the payment on or after the statement activity date, the payment be reflected on the next statement. We are currently reviewing our invoicing and statement process based upon the feedback we have received. That's all from me on this occasion! Again, a big thank you to everyone for your continuing support of Abel Tasman and I look forward to another busy month!

Sophia Markwell

HOME CARE



We are happy to inform you that our family has increased with a new Homecare client: Mrs. Monckton. We would like to welcome her and her family to Abel Tasman Village and we look forward to providing our wonderful service to her in her home.

I would like to share and to remind you of our in-home hairdressing services. Last month we had two more of our beautiful clients take advantage of this service at Abel Tasman Hairdressing. This is possible to accommodate due to your home care funds, staff availability and in close consultation with your home care coordinators.

We would like all home care participants to join us in this very exciting month in the calendar with heaps of activities. Get in touch with us to book any activity of interest.

It is already midyear with many changes in our personal and work lives in the first 6 months of 2020. We have stayed strong. We are proud that due to our vigilance no cases of COVID 19 have occurred in Homecare or at Abel Tasman Village. We still have a long way to go but working together with an amazing bunch of people does make it easier.

We thank you for all your ongoing support in our infection control policy. Our care staff are sending their weekly reports with the implementation of the daily check up forms.

The communication for the COVID-19 updates are in place every Friday afternoons by a text message to you or first contact. If your details change please let us know. You can also access the update on the Abel Tasman Village website.

Unfortunately our long standing consumer Mr. Klassens has moved into a facility due to health reasons. We wish him all the best and he will greatly missed.

Kind regards, Elizabett & Nina

to: **Phuong, Mrs. Higerson, Mr. Wassink & Mr Jamsek**



Mr. Atze van Stralen:

He arrived in Australia from the Netherlands with his parents and siblings (3 boys & 2 girls) after a big trip. He was in his early 20's and met a beautiful young lady who would become his wife. They had two daughters. He worked as a painter. His family participated at 'The Rembrandt Club' at St Marys.

They sadly lost one of their daughters which was an emotional time. One day the family had a day at the club and a man approached him and offered him to be the side controller in one of the big events for the Holland Federation. This is when Atze started to become involved with the Federation and soon after he became a Chairperson for 3 years. He stated that was a very enjoyable time in his life.

Years went passed and he found an interest in building wooden boats and created his own and many more and became a member of the **Hubertus Workers Model Boat Club**. He goes there on Sundays and sells his works. He is not looking to slow down and is keeping himself busy. Thank you Atze for sharing your story.



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WILMA WYPUTA 5TH

KATHLEEN COUGHLAN 10TH

LAWRENCE GALLOP 13TH

ADRIANUS CAS 17TH

EMILY SURYN 18TH

ANITRA IHRIG 25TH

PHILOMENA MILLARD 31ST

Breakfast: 8.15am

Pension Days: 2nd, 16th and 30th July 2020

Lunch: 12.30pm

Podiatrist: Wednesday 8th July 2020

Dinner: 5.15pm

ATV Shop Open Monday to Friday 12pm - 12.30pm



RESIDENTS' NEWS:

The digital ballet sessions from the Australian Ballet have been very much appreciated and residents have chosen the next three ballets. They have also chosen a ballet from the Marinsky Theatre in Russia which has amazing costumes. Residents also wanted a concert from Katherine Jenkins which will be shown on Wednesday, 15th July. Thank you for your input ladies its very much appreciated.

The two main activities for July are Bastille Day on Tuesday, 14th July as well as a Gatsby Day on Thursday, 30th July. We have prepared some great craft ideas for both events. A yummy menu has been designed for Bastille Day.

Reverend Dennis Muldoon has recommenced the non-denominational services in the hall and residents are happy to have these services back to normal.

Its been great to have volunteers and Community Visitors come back to the village and many volunteers have been doing lots of behind the scene work from home to assist the Lifestyle Department

DAY	DATE	ACTIVITY	VENUE	TIME
 Wednesday	1	<i>Mass in English on TV</i> <i>Exercises with Physio</i> <i>Resident Executive</i> <i>Music Bingo</i> <i>Swan Lake Ballet</i>	Hall Hall Tulip Room via Zoom Coffee Shop Tulip Room	9.30am 10.30am 11.00am 1.30pm 2.00pm
 Thursday Back To School	2	<i>Hairdresser/Beauty Care</i> <i>Warm up exercises/</i> <i>Weightlifting</i> <i>School Day Reminiscing</i>	Hairdressing Salon Hall Hall	9.00am 10.00am 2.00pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	3	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea & Singalong Happy Hour	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday	4	Exercises/Basketball Picture Bingo Movie/Resident Choice	Hall Hall Hall	10.00am 2.00pm 3.00pm
Sunday	5	Cricket Game/Fence Target Dominoes	Hall Hall	10.00am 2.00pm
Monday	6	Tennis/Volleyball Competition Birthday and French Craft	Hall Coffee Shop	9.30am 2.00pm
Tuesday	7	Stretches & DanceWise Hangman Whiteboard Game Bingo	Hall Hall Coffee Shop	9.30am 11.00am 2.00pm
Wednesday 	8	Catholic Mass in English on TV Exercises with Physio Residents' Meeting Scheherazade Ballet Sjoelbak Competition	Hall Hall Hall via Zoom Tulip Room Hall	9.30am 10.00am 11.00am 1.30pm 2.00pm
Thursday 	9	Hairdresser/Beauty Care Dutch Activities Table Games Shuffleboard/Gate Game	Hairdressing Salon Tulip Room Coffee Shop Hall	9.00am 10.00am 10.00am 2.00pm
Friday	10	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea with Concert Happy Hour	Hall Hall Hall	9.30am 10.30am 2.00pm
Saturday	11	Exercises/Golf Game Around the World Game Movie/Resident Choice	Hall Hall Hall	10.00am 2.00pm 3.00pm
Sunday	12	Diamond Hoopla Game Yahtzee	Hall Hall	10.00am 2.00pm
Monday	13	Stretch Exercises Tenpin Bowling Bingo	Hall Hall Coffeeshop	9.30am 10.30am 1.30pm
Tuesday 	14	French Arm Travel Famous French People Game Jeux de Boules	Hall Hall Hall	9.30am 11.00am 2.00pm
Wednesday 	15	Catholic Mass in English on TV Exercises with Physio Morning Tea Picture Bingo Katherine Jenkins Concert	Hall Hall Hall Coffee Shop Tulip Room	9.30am 10.00am 10.30am 1.30pm 2.00pm
Thursday	16	Hairdresser/Beauty Care Exercises/Smile and Sway dances July Pick-a-Box	Hairdressing Salon Hall Coffee Shop	9.00am 10.00am 1.30pm

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DAY	DATE	ACTIVITY	VENUE	TIME
Friday 	17	Non-Denominational Service with Reverend Dennis Muldoon Happy Hour	Hall Hall	9.30am 2.00pm
Saturday	18	Exercises/Quoits Sjoelbak Movie/Resident Choice	Hall Hall Hall	10.00am 2.00pm 3.00pm
Sunday	19	Tenpin Bowling Table Bobs	Hall Hall	10.00am 2.00pm
Monday	20	Warm Up Exercises Scattogories on Whiteboard Gatsby Craft	Hall Hall Coffee Shop	9.30am 11.00am 1.30pm
Tuesday 	21	DanceWise and Seated Yoga Badminton Balloon Bowling Bingo	Hall Hall Coffee Shop	9.30am 11.00am 2.00pm
Wednesday 	22	Catholic Mass in English Exercises with Physio Coffee/Get Together Around the world game Ballet Coppélia	Hall (via TV) Hall Hall Coffee Shop Tulip Room	9.30am 10.00am 10.30am 1.30pm 2.00pm
Thursday	23	Hairdresser/Beauty Care Exercises/ Target Games Music Bingo	Hairdressing Salon Hall Coffee Shop	9.00am 10.00am 1.30pm
Friday 	24	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall	9.30am 10.30am 2.00pm
Saturday	25	Exercises/Parachute Game Table Pong Game Movie/Resident Choice	Hall Hall Hall	10.00am 2.00pm 3.00pm
Sunday	26	Carpet Bowling Shopping Bingo	Hall Hall	10.00am 2.00pm
Monday 	27	Gatsby Dance Exercises Gatsby Whiteboard Games Gatsby Craft Indoor Putting Competition	Hall Hall Coffee Shop Hall	9.30am 11.00am 1.30pm 1.30pm
Tuesday	28	Gentle Exercises Bingo	Hall Hall	9.30am 2.00pm
Wednesday 	29	Catholic Mass in English Exercises with Physio Coffee/Get Together Ballet "Nutcracker"	Hall (via TV) Hall Hall Tulip Room	9.30am 10.00am 10.30am 2.00pm
Thursday 	30	Birthday Party with Anita (Roaring Twenties Show) The Roaring Twenties Fashions, Music and History	Hall Hall	10.00am 1.30pm
Friday 	31	Non-Denominational Service with Reverend Dennis Muldoon Morning Tea Happy Hour	Hall Hall Hall	9.30am 10.30am 2.00pm

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Pictured above the dolls which were donated by Sonja (staff member) and she has handed them out to residents. Maria was overjoyed with her doll and really engaged with her as soon as she received her.



Pat (pictured left) holding Frankie who came to visit us at the village.



Pictured below are photos from our Italian Day and Birthday Party. Tony pictured with the tower of Pisa was our first performer coming back into the village. The decorations which the residents had prepared for the event looked fantastic and a big thank you to Robyn (volunteer) for doing lots of laminating. We even had our very own Mona Lisa and the flowers were made by Paula (volunteer) and her daughter Lana and looked stunning.

Annette performed for the monthly birthday party pictured here with her hula hoop. Lots of audience participation and laughs.



QUEEN'S BIRTHDAY



Residents thoroughly enjoyed the Queen's Birthday Celebrations which were held on Thursday and Monday. Marive made delicious scones for the Thursday morning function and Maria a delicious Devonshire tea for the Monday. Kel painted the Queen and looked fabulous as King Kel. There are more photos on the ATV facebook page.

Activities are being held each morning from Monday to Friday in the Link Building and this is run by PCA's. There is normally two games and then a well deserved morning tea. There have been some wonderful friendships made and a great variety of games.



Irma turned 90 and celebrated this milestone with a big birthday cake and flowers from her family.

